

Regenerative Leadership

5-Week Coaching Programme



 Know You More



Step into a new era of leadership

Now more than ever, a new approach to leadership is needed for businesses, people and the planet to flourish.

Regenerative leadership is an emerging approach that focuses on creating sustainable and thriving organisations by promoting systemic thinking, collaboration, and innovation. It provides a framework centred on creating thriving ecosystems, and fostering equitable and sustainable outcomes for all stakeholders.

Duration: 5 weeks

Commitment: 10-12 hours commitment

Location: Online

Style : Synchronous & Asynchronous elements

“The course was great - really friendly, helpful, caring and engaging facilitators and coaches throughout. It was really clear that they deeply cared about the experience each participant had on the programme. The tools and materials were simple and easy to make use of, and facilitated networking amongst the group.”

Who is our programme for?

Our programme is designed for established and emerging leaders and change-makers who want to develop and apply a regenerative approach to all aspects of their leadership. The coaching model is based on regenerative principles and is intended to help leaders build more resilient teams and create a more sustainable future for their organisation, as well as themselves.

Programme objectives

Develop sustainable leaders who promote environmental and social responsibility; justice, equality and belonging.

Equip leaders with skills to create resilient teams and organisations.

Encourage ongoing learning and development beyond the programme.

Foster a community of leaders committed to positive change.



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Programme content		
Start	Onboarding	Create your profile and get ready to meet your host coach and fellow participants.
Week 1	1st group coaching session	In the first group session, we will be exploring the theory of Regenerative Leadership and defining it. We will also discuss how Regenerative Leadership differs from leadership in general and why it is crucial at this moment. Lastly, we will consider what qualities and skills are necessary to become a regenerative leader. By the end of this session, you will have a comprehensive understanding of regenerative leadership and its importance in today's world.
Starting in Week 2	1st 1:1 coaching session	During your first 1:1 coaching session, your coach will work with you to clarify your goals and intentions for the coaching program. Together, you will assess your current strengths and challenges as a leader and identify areas where you would like to develop new skills or behaviours. You will then develop a personalised action plan with specific strategies and tactics for achieving your goals and addressing your challenges.
Reflective assignment 1		A reflective assignment focused on you and your growth, exploring topics that are important to you.

Programme content		
Week 3	2nd group coaching session	The second group coaching session will focus on practical application and action planning. We will discuss breaking down the road ahead into smaller steps and measuring and celebrating success along the way. By the end of the session, you will have identified how to step up as a Regenerative Leader and committed to taking your first steps towards creating an impact in your area of interest.
Reflective assignment 2		A second reflective assignment focused on you and your growth, exploring your area of interest.
Starting Week 4	2nd 1:1 coaching session	During your second 1:1 coaching session, your coach will work with you to review the progress you have made towards your goals and intentions. You will assess the effectiveness of the personalised action plan that was developed in the first 1:1 session and identify any further areas for growth and development. Your coach will also help you to identify key resources and support systems that you can tap into.
Finish	A space for final reflections	As the Regenerative Leadership program draws to a close, week five will provide you with a space for final reflections and self-reflection exercises. You will have the opportunity to reflect on your journey, share insights, and discuss your experiences with other participants.

Your host coach



Camilla Degerth

Camilla is a professional Coach (PCC with ICF) with extensive experience from working and living across three continents supporting professionals, emerging leaders and executives through times of change. She invites life affirming topics such as climate awareness, equality and inclusion and belonging into her conversations.

[LinkedIn](#)

Participant feedback

“I really enjoyed the course and it was a great opportunity to explore and learn something new.”



The programme coaches



Andrew Woodward

Andrew is a successful coach and consultant, accredited as a Senior Practitioner with the EMCC, with extensive experience in supporting his clients develop effective leadership styles and build positive relationships. Andrew works with individuals and groups across the private and public sectors using the themes of regenerative organisational development and leadership.



Jane Brothie

Jane is a Professional Certified Coach (PCC) and a Certified NeuroTransformational Coach (CNTC). Jane supports leaders to cultivate a regenerative mindset: to think more expansively, to tap into their own strengths and resourcefulness, whilst at the same time protecting and conserving their own energy and that of their teams.



George Warren

George is a coach, supervisor, and mentor coach who takes a thoroughly modern approach to coaching. A popular theme in his work is helping people to find clarity around their purpose in and outside of their careers. George works especially well around the 21st century topics of authenticity, imposter syndrome, communication, work/life balance, navigating difficult conversations and career happiness, and our unfolding relationship to the climate and ecological crisis.



Tori Jeffers

Tori's passionate about the environment and supporting others on their leadership journeys. With over a decade of experience in the not- for-profit sector, most recently as a marine conservation senior leader, she specialises in supporting dedicated people to become conscious leaders, increasing their impact in the world. Tori is Associate Certified Coach (ACC) with the ICF.



Dr Stefan Senger

Stefan is a career/leadership coach with 10 years of experience as an internal coach and 20+ years of professional experience in a global FTSE100 company. Stefan holds ICF PCC credentials and is an experienced group coach and facilitator. Stefan strives to act as a catalyst for personal and professional development through learning by experimentation.



Cat Burnett

Cat is a professional Coach (ACC with ICF) and Coach Supervisor who is experienced in supporting individuals, at all levels, in achieving their personal and professional goals. She creates a supportive and non-judgmental space to explore what's important to you and is passionate about values-led change.



Priya Hunt

Priya is an executive coach (ACC with ICF) with 30 years of international corporate experience across many industries. She is passionate about people development and uses a value-based approach in supporting senior and emerging leaders to navigate change. She invites topics with a wider meaning and purpose, such as climate consciousness, inclusion, and social justice in her coaching.

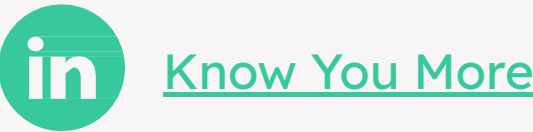


Ellen Johnson

Ellen is a Leadership and Transition Coach (ACC with ICF) that helps purpose-driven people rebalance their lives and find renewed energy in their work. Her experiences living abroad and working in the nonprofit sector fueled her passion for fostering diversity, equity, inclusion, justice, and belonging.

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