

# 3-D Framework

The goal of the 3-D Framework is to:

1. Help you understand where you are
2. Explore where you want to be / what is of interest to you in both your life and career
3. Decide on 1-3 things that you can commit time to and explore

## Dive

Understand what your strengths are, what your weaknesses are, and all of your past experiences. Dive into your background and what you have to offer. Odds are you've done a lot more than you think.

*The goal with the Dive section is to understand what your common thread is between your likes and dislikes.*

### Questions to answer

1. What do you enjoy doing, regardless of money?
2. What did you enjoy most about your past jobs? Dislike most?
3. What are you good at doing?
4. What causes you stress?

Stressors / Don't Enjoy	Enjoy / Good At	Previous Experiences

## Discover

What have you been dying to try? What seems like play 95% of the time to you? Whatever the answer is to these questions, explore those answers. That's what the Discover section is all about. Read books, watch videos, talk to people, and do anything else that involves learning new things or meeting new people.

*The goal with the Discover section is for you to explore what all is possible and what could potentially be interesting to you.*

### Questions to answer

1. Who has a cool job that you've always admired?
2. What's something you'd love to get paid to do?
3. What's the smallest way you can begin to explore your desired career and/or field?
4. How could this venture be long-term?

### Thinking Box

## Dedicate

After you've figured out what you're interested in trying out for either part-time or full-time work, you need to first dip your toes in the water to be sure. There's no point in investing all of your time and money and realizing you hate it.

The Dedicate phase is all about committing to 1-3 things in 2-4 week timeframes. During this time, you'll explore the topic as much as you can. The goal is to understand the basics and build things. Don't worry about becoming a pro. Focus on finding something that's enjoyable to suck at.

Worst case, if something sucks and you hate it, then you can move on. At least you gave it a worthwhile go. The time investment was low and you

*The goal with the Dedicate section is for you to commit to something long enough to explore and understand a bit more about it in order for you to be able to make a decision whether it's something you want to commit to for an extended period of time.*

Project 1	Project 2	Project 3

### Questions and things to do

1. Pick 1-3 things to dedicate 2-4 weeks at least to (feel free to pick a longer duration, but the point of this is to get started and long timeframes can be daunting.)
  - a. Aim for an hour a day (5 days a week)
2. Create an action plan on who you're going to talk to, what you're going to read, videos you'll watch, and anything else that will make up your taster
3. Build a syllabus based on what is important to know for the profession (software, people, lingo, etc)
4. How'd you feel after the 2-4 weeks? Was the work energizing or draining?
5. What did you learn from committing time to this project?
6. Is this worth your time and effort?
7. What are your next steps?