



Choose your base: rice / quinoa (+1) / pearl couscous (+1)



Classic Hawaii inspired Poké Bowls - with raw (marinated) fish

Salmon bowl 9

grapefruit, wakame, rocket, sushi ginger, edamame, sprouts, spring onion

Tuna bowl 9.5

fig, avocado, spinach, corn, edamame, pomegranate



Warm Bowls

Chicken bowl 8

cherry tomato, red cabbage, edamame, orange, radish, coriander

Crispy Duck bowl 9.5

cantaloupe melon, pak choi, spinach, carrot, coriander

Tiger Prawn bowl 9

cucumber, avocado, wakame, edamame, chilli, coriander

Crispy Mushroom bowl 7.5

portobello, edamame, avocado, spinach, korean carrot, spring onion

Kids bowl chicken / salmon 5.5

chicken, spinach, tomato, radish, orange, edamame

salmon (cooked), cucumber, orange, edamame 6.5



Extra sides:

Veggies (choose from: avocado / edamame / pak choi / wakame...) +1

Tempeh (fermented plant-based protein source) +2

Protein (choose from: chicken / prawn / tuna / salmon / duck) +3



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Vegan Bowls

Red cabbage-orange vegan bowl 6.5

cherry tomato, red cabbage, edamame, orange, radish, coriander

Grapefruit-wakame vegan bowl 6.5

grapefruit, wakame, rocket, sushi ginger, edamame, sprouts, spring onion

Figs-avocado vegan bowl 6.5

fig, avocado, spinach, corn, edamame, pomegranate

Cucumber-avocado vegan bowl 6.5

cucumber, avocado, wakame, edamame, chilli, coriander

Cantaloupe melon-pak choi vegan bowl 6.5

cantaloupe melon, pak choi, spinach, carrot, coriander

Crispy mushroom bowl 7.5

portobello, edamame, avocado, spinach, korean carrot, spring onion



Dessert Bowls

Piña Colada Bowl 7

coconut cream, banana, pineapple, orange, pomegranate, chia, coconut flakes