



Choose your base: rice / quinoa (+1) / pearl couscous (+1)



Classic Hawaii inspired Poké Bowls - with raw (marinated) fish

Salmon bowl 9  
grapefruit, wakame, rocket, sushi ginger, edamame, sprouts, spring onion

Tuna bowl 9.5  
fig, avocado, spinach, corn, edamame, pomegranate



Warm Bowls

Chicken bowl 8  
cherry tomato, red cabbage, edamame, orange, radish, coriander

Beef bowl 9  
corn, egg, kohlrabi, carrot, spring onion, eggplant, coriander

Tiger Prawn bowl 9  
cucumber, avocado, wakame, edamame, chilli, coriander

Kids bowl 5.5 chicken / salmon  
chicken, spinach, tomato, radish, orange, edamame  
6.5  
salmon (cooked), cucumber, orange, edamame



Extra sides:

Veggies (choose from: avocado / edamame / wakame...) +1  
Tempeh (fermented plant-based protein source) +2  
Protein (choose from: chicken / prawn / tuna / salmon / beef) +3



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Vegan Bowls

Red cabbage-orange vegan bowl 6.5  
cherry tomato, red cabbage, edamame, orange, radish, coriander

Grapefruit-wakame vegan bowl 6.5  
grapefruit, wakame, rocket, sushi ginger, edamame, sprouts, spring onion

Figs-avocado vegan bowl 6.5  
fig, avocado, spinach, corn, edamame, pomegranate

Cucumber-avocado vegan bowl 6.5  
cucumber, avocado, wakame, edamame, chilli, coriander



Dessert Bowls

Piña Colada Bowl 7  
coconut cream, banana, pineapple, orange, pomegranate, chia, coconut flakes



Drinks

Water	2	Kanes cola / lemon	2
Kombucha	4	Coca Cola	2.5
Juice 0.33	3	Nippel	2