



Choose your base: rice / quinoa (+1) / pearl couscous (+1)



Classic Hawaii inspired Poké Bowls - with raw (marinated) fish

Salmon bowl 8.4
grapefruit, wakame, rocket, sushi ginger, edamame, sprouts, spring onion

Tuna bowl 9.4
fig, avocado, spinach, corn, edamame, pomegranate



Warm Bowls

Chicken bowl 7.4
cherry tomato, red cabbage, edamame, orange, radish, coriander

Crispy Duck bowl 9.4
cantaloupe melon, pak choi, spinach, carrot, coriander

Tiger Prawn bowl 8.9
cucumber, avocado, wakame, edamame, chilli, coriander

Crispy Mushroom bowl 7.4
portobello, edamame, avocado, spinach, korean carrot, spring onion

Kids bowl 5.4
chicken / salmon (+1)



Extra sides:

Veggies (choose from: avocado / edamame / pak choi / wakame...) +1

Tempeh (fermented plant-based protein source) +2

Protein (choose from: chicken / prawn / tuna / salmon / duck) +3



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Vegan Bowls

Red cabbage-orange vegan bowl 6.4
cherry tomato, red cabbage, edamame, orange, radish, coriander

Grapefruit-wakame vegan bowl 6.4
grapefruit, wakame, rocket, sushi ginger, edamame, sprouts, spring onion

Figs-avocado vegan bowl 6.4
fig, avocado, spinach, corn, edamame, pomegranate

Cucumber-avocado vegan bowl 6.4
cucumber, avocado, wakame, edamame, chilli, coriander

Cantaloupe melon-pak choi vegan bowl 6.4
cantaloupe melon, pak choi, spinach, carrot, coriander

Crispy mushroom bowl 7.4
portobello, edamame, avocado, spinach, korean carrot, spring onion



Dessert Bowls

Piña Colada Bowl 6.9
coconut cream, banana, pineapple, orange, pomegranate, chia, coconut flakes



Drinks

Water 1.5 Kanes cola / lemon 2

Kombucha 4 Vitamin Well 2.5

Fruiti juice 3 Nippel 2