



Choose your base: rice / quinoa (+1) / pearl couscous (+1)



Classic Hawaii inspired Poké Bowls - with raw (marinated) fish

Salmon bowl 8.4
grapefruit, wakame, rocket, sushi ginger, edamame, sprouts, spring onion

Tuna bowl 9.4
fig, avocado, spinach, corn, edamame, pomegranate



Warm Bowls

Chicken bowl 7.4
cherry tomato, red cabbage, edamame, orange, radish, coriander

Beef bowl 8.4
corn, egg, kohlrabi, carrot, spring onion, eggplant, coriander

Tiger Prawn bowl 8.9
cucumber, avocado, wakame, edamame, chilli, coriander

Kids bowl 5.4
chicken / salmon (+1)



Extra sides:

- Veggies (choose from: avocado / edamame / wakame...) +1
- Tempeh (fermented plant-based protein source) +2
- Protein (choose from: chicken / prawn / tuna / salmon / beef) +3



Choose your base: rice / quinoa (+1) / pearl couscous (+1)



Vegan Bowls

Red cabbage-orange vegan bowl 6.4
cherry tomato, red cabbage, edamame, orange, radish, coriander

Grapefruit-wakame vegan bowl 6.4
grapefruit, wakame, rocket, sushi ginger, edamame, sprouts, spring onion

Figs-avocado vegan bowl 6.4
fig, avocado, spinach, corn, edamame, pomegranate

Cucumber-avocado vegan bowl 6.4
cucumber, avocado, wakame, edamame, chilli, coriander



Dessert Bowls

Piña Colada Bowl 6.9
coconut cream, banana, pineapple, orange, pomegranate, chia, coconut flakes



Drinks

Water	1.5	Kanes cola / lemon	2
Kombucha	4	Coca Cola	2.5
Fruuti juice / tomato juice	3	Nippel	2