

CASE STUDY

Reducing 30-day Readmissions and ER Visits for Bariatric Surgery

The Ottawa Hospital and the Bariatric Medical Institute both partnered with SeamlessMD to deliver evidence-based patient education, collect Patient-Reported Outcomes (PROs), empower patients to self-manage and monitor patients post-discharge to intervene sooner for patients at-risk.

Solutions Used:



Patient-Reported Outcomes Collection



Remote Patient Monitoring



Patient Education & Self-Management

| | Traditional care | Traditional care + SeamlessMD | Improvement |
|--------------------------------|------------------|-------------------------------|-------------|
| Sample size | 289 | 217 | -- |
| 30-day readmission rate | 6.9% | 5.1% | ↓26% |
| 30-day ER visit rate | 17.9 | 15.7 | ↓12% |



Dr. Yoni Freedhoff
 Medical Director of the
 Bariatric Medical Institute
 The Ottawa Hospital

“SeamlessMD fills the gap between the large volume of information being delivered to a busy and often anxious patient, and how much they remember after the fact. By removing the need for memory and replacing it with a user-friendly interface to help patients troubleshoot their own pre and post operative concerns, both patients and their care team benefit.”

What The Ottawa Hospital Patients Love About SeamlessMD:

“It put my mind at ease because they knew I was being monitored if there were complications”

“I love the library. It made explaining the surgery to others easy, I used it every day for my strength training exercises, I browse through the suggested meal plans and recipes, etc.”