

## Tips for Talking With Your Doctor

### Concerns to Discuss

This form can help you organize your concerns, symptoms, or other health matters that you'd like to discuss with your doctor. Make a copy of the blank form so you will always have a clean copy to use. Then, after you make an appointment, take a minute to write down the name of the doctor and the appointment details (the date, time, address). Use the form to make a list of the concerns you want to discuss, starting from most important to least important.

**Doctor:**

**Appt. Date:**

**Time:**

**Address:**

**Phone:**

#### Appointment Details (most important to least important)

1

2

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Notes