

**ang pangalan**

**ko ay**

hello,

my name is

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**emergency**

**kontak**

emergency

contact name

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**bilang ng**

**emergency kontak**

emergency

contact number

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**Tulong! Pakitawa-  
gan ang 911, may  
emergency ako.**

Help! Please call 911,  
I have an emergency

**Hindi ko pangunahing  
wika ang Ingles,  
kailangan ko ng tulong.**

English is not my first language,  
I need your help.

**Samahan mo ako,  
pakiramdam ko'y hindi ako ligtas,  
may gumugulo sa akin.**

I don't feel safe,  
someone is harassing me,  
can you please walk with me?

**Paki tawagan ang  
emergency kontak ko.**

Please call my emergency contact.

**Nasaktan ako,  
kailangan ko ng tulong medikal.**

I am injured,  
I need medical attention.