

Welcome to VAST

أهلاً بكم في فاست

A psychosocial Support Orientation
Session for Arabic Speakers

- Orientation session about Mental health
- What is counselling ?
- Services available at VAST
- Answering questions

When

First Thursday of each month
(12:30- 1:30)

Where

Online via ZOOM

FOR MORE INFORMATION PLEASE CONTACT RAWAN AT:

rawan@vast-vancouver.ca