



## 2020 Reflection

*What are the top 5 lessons you learnt from 2020?*

1. \_\_\_\_\_  
\_\_\_\_\_
2. \_\_\_\_\_  
\_\_\_\_\_
3. \_\_\_\_\_  
\_\_\_\_\_
4. \_\_\_\_\_  
\_\_\_\_\_
5. \_\_\_\_\_  
\_\_\_\_\_

*What went well in 2020 and why?*

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*What didn't go well in 2020 and why?*

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*What goals were you able to achieve in 2020 and why?*

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*What goals weren't you able to achieve in 2020 and why?*

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## Self-Analysis

*What are your 5 deepest values?*

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

*What are your top 5 strengths?*

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

*Jumping ahead at the end of your life, what are the 3 most important lessons you have learned and why are they so critical?*

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*Jumping ahead at the end of your life, what are the three most important lessons you have learned and why are they so critical?*

1. \_\_\_\_\_  
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2. \_\_\_\_\_  
\_\_\_\_\_
3. \_\_\_\_\_  
\_\_\_\_\_

*Think of someone you deeply respect. Describe the qualities that you most admire from that person.*

1. \_\_\_\_\_  
\_\_\_\_\_
2. \_\_\_\_\_  
\_\_\_\_\_
3. \_\_\_\_\_  
\_\_\_\_\_





## Vision Building

*What is the one-sentence inscription you would like to see on your tombstone that captures who you really were in life?*

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*My Personal Vision Statement:*

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*My Career/Professional Vision Statement:*

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