



## NEWS RELEASE

### For Immediate Release

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### **5B Resilient Empowers Everyday Climate Action**

- Sun Valley Institute for Resilience (SVIR) is expanding the reach of 5B Resilience Gardens by creating a more comprehensive and fully integrated program
- 5B Resilient builds on the success of 5B Resilience Gardens
- The expanded program provides education, encourages engagement and supports mental and physical health
- Monthly digital resources will make climate action accessible and approachable for every community member
- Seasonal events bring together community voices. The first event: A community conversation on water quality, home use efficiency, and agricultural water rights will be held on February 23<sup>rd</sup> 5:30 pm at Hailey Town Center West

Hailey, ID – 5B Resilient, a new program of Sun Valley Institute for Resilience, launched this week. The program enhances access to climate action resources, increases community and individual skills that promote self-reliance, increases visibility of existing and new opportunities for resilience related action, and cultivates resource sharing, collaborative events, and education opportunities.

5B Resilient expands on SVIR's 5B Resilience Gardens program, which was launched during the Covid-19 pandemic. The expanded program provides educational opportunities across a broad spectrum of resilience topics that affect Blaine County residents. The program kicks off with a community conversation on water quality, home use efficiency, and agricultural water rights on Thursday, February 23<sup>rd</sup> at 5:30pm at Hailey Town Center West.

"We recognized the need for this work to expand beyond gardening," says Hannah Harris, SVIR Community Engagement Coordinator. "Attendees of events asked for information about water,



energy, at-home skills, and so much more. We saw an opportunity to build on the 5B Resilience Gardens initiative and create a more comprehensive program. Through the sharing of resources and skills, 5B Resilient will help create a more engaged, self-reliant and knowledgeable community.”

5B Resilient will also publish a series of digital resources covering a wide range of topics, from climate disaster preparedness to energy conservation to resilient gardening practices. These resources will be published monthly with the goal of making climate action approachable and accessible for all. The first digital resource, about disaster preparedness, is now on the 5B Resilient program page in both English and Spanish.

Other 5B Resilient initiatives include building youth-driven composting programs in schools and community gardens, engaging with and sharing policy action items, and collaborating with various groups including youth climate action organizations and Blaine County’s 5B CAN initiative.

### **About 5B Resilient**

The 5B Resilient Program enhances access to climate action resources, increases community and individual skills that promote self-reliance, increases visibility of existing and new opportunities for resilience related action, and cultivates resource sharing, collaborative events and education opportunities. 5B Resilient is an expansion of 5B Resilience Gardens, which was launched in the spring of 2020 during the Covid-19 pandemic to connect a passionate community of gardeners within Blaine County with an intentional focus on resilience. The expansion to 5B Resilient widens the program’s focus to cultivate personal and community resilience through everyday climate action.

### **About Sun Valley Institute for Resilience**

5B Resilient is a program of the Sun Valley Institute for Resilience (SVIR). SVIR advances community resilience in Idaho’s Wood River Valley region by educating, investing and collaborating to ensure that the economy, environment and people thrive. SVIR is dedicated to supporting our whole community and we are working to develop programs that meet everyone’s needs. For more information, please visit: [www.sunvalleyinstitute.org](http://www.sunvalleyinstitute.org)