

NEWS RELEASE

For Immediate Release

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5B Resilience Gardens Brings Seasonal SPROUT Kits to 300 Local Families

Hailey, ID – The winter seasonal SPOUT Kits, created by the 5B Resilience Gardens initiative, will connect 300 local families to their food through hands-on experiences. The kits enhance food and eco-literacy through inclusive educational offerings and increase knowledge of the food system. Activities include growing food from seed, cooking from scratch using seasonal ingredients, and saving seeds. The activities are in both English and Spanish and are made available at no cost to families with Pre-K—4th grade children throughout Blaine County.

The Winter SPROUT Kits are an expansion on the successful pilot program run in October of 2020 where the collaborative group distributed 100 kits.

“We are thrilled to be tripling the number of families reached with our second kit,” says Amy Mattias of Sun Valley Institute for Resilience. “It is our goal that every student in this community can access the resources they need to grow and prepare their own food.”

The Kits will be prepared and packed by 5B Resilience Gardens collaborators and student volunteers on January 29 and February 5. They will be available for pick-up at convenient locations around the valley on February 10. Families can sign up to receive a kit at the following link: <https://forms.gle/m6S5QuvBCgzVMyKT7>

The 5B Resilience Gardens initiative seeks to broaden community access to local gardening resources, enhance the visibility of existing and new gardens throughout the community, and cultivate a vibrant gardening community through resource sharing, collaborative events, and education opportunities. To learn more about resilience gardening in Blaine County, please visit our website at: <https://5bresiliencegardens.org> or email Amy Mattias amy@sunvalleyinstitute.org.

This initiative is a collaboration between I Have a Dream – Idaho, Ketchum Recreation Department, Local Food Alliance, University of Idaho Extension & 4-H, Wood River Community YMCA, and the Wood River Seed Library, facilitated by the Sun Valley Institute for Resilience.

