

Connecting you to **instant assistance** in **5** easy steps

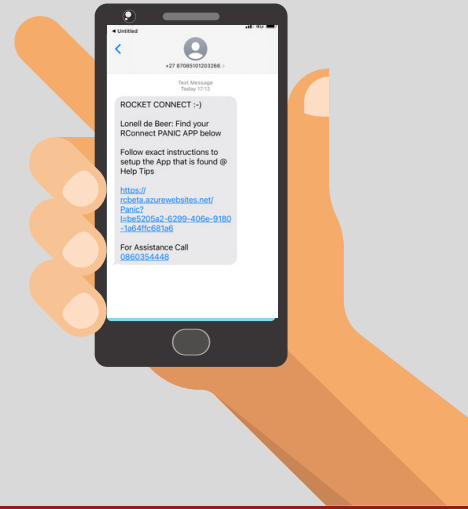


## 1 Subscribe

Go to [connect.rockethems.co.za](http://connect.rockethems.co.za), SMS **Hi** to 43091 or dial **0860-FLIGHT** to select your preferred option and subscribe.

## 2 Download app

You will receive an SMS with a link allowing you to open the **ROCKET CONNECT** panic app and save it on your home screen.



## 3 Notify us!

In an emergency, simply press the  button on your home screen app, SMS **Help** to 43091 or dial **0860-FLIGHT** to notify us of your emergency.



## 4 Our call centre assists

Our call centre contacts you to determine the level of care required based on internationally recognised emergency call criteria.



## 5 Help is dispatched

You receive real-time position updates on your **ROCKET CONNECT** app, and your loved ones are kept abreast of your progress if hospital admission is required.

