Heart failure remains a leading cause of morbidity and mortality globally. This online seminar will provide value to increase awareness of current medical management for the spectrum of HF based on the 2022 heart failure guidelines. The intent is to improve quality of care and align with patients’ interests and improve patient outcomes to decrease hospitalization for heart and CV mortality.

**Learning Objectives**

1. Understand the Spectrum of HF
2. Bridging the Gap in Heart Failure Disparities
3. Updates on ACC/AHA HF Guidelines and ADA Heart Failure Consensus Statement
4. Review Current Therapeutic Agents for Heart Failure to Improve Patient Outcomes

**11:30 AM   Welcome and introduction**

**11:35 AM   Understanding the Spectrum of Heart Failure**

Maria O’Connor PA-C, RD, CDCES
Senior Medical Science Liaison

Examine the definition, prevalence and burden of Heart Failure in the United States

**11:50 AM   Bridging the Gaps in Heart Failure Disparities**

Maria O’Connor PA-C, RD, CDCES
Senior Medical Science Liaison

Outline root causes of health disparities in underserved populations
Outline interventions to mitigate health disparities and initiatives to advance equity in HFrEF diagnosis and management
12:05 PM  Update on the 2022 AHA/ACC Heart Failure Guidelines and Review of HF Clinical Data
Ted Okerson M.D. FACP, FACE

The 2022 guidelines are intended to provide patient-centric recommendations for clinicians to prevent, diagnose, and manage patients with heart failure.

12:50 Q and A

1 PM  Adjourn

About Our Speakers

**Ted Okerson, MD, FACP, FACE** received his Doctor of Medicine degree from Oral Roberts University and his residency/chief residency in internal medicine at the University of California Irvine (UCI). Dr. Okerson is one of the founders of St. Jude Heritage Medical Group (now Providence Health Care) where he focused on the prevention and aggressive treatment of cardiovascular and metabolic disease. He was also board-certified as a specialist in clinical hypertension.

After 14 years in clinical practice and medical staff leadership, Dr. Okerson joined Novartis, focused on cardiovascular and metabolic disease. He also has nineteen years of experience as an Assistant Clinical Professor of Medicine at UCI in the Department of Nephrology and Hypertension. He joined Astra Zeneca in 2019 as Senior Field Physician in the area of cardiovascular/metabolic.

Dr. Okerson is board-certified in internal medicine, a Fellow of the American College of Physicians, a Fellow of the American College of Endocrinology, and a Fellow of The Obesity Society.

**Maria O’Connor PA-C, RD, CDCES** is a Certified Physician Assistant, Registered Dietitian and Certified Diabetes Care Education Specialist. Maria joined Astra Zeneca as Sr. Medical Science Liaison in their Cardiovascular and Metabolic Medical Affairs division in 2014. Previously she was an endocrinology physician assistant for 10 years at Rush University in Chicago, IL. Aside from her direct patient care role, she participated in research studies for children and adolescents with Type 2 diabetes and the education of physician assistant students at Rush University and Midwestern as a preceptor. Prior to that, she worked for 4 years as a registered dietitian with an emphasis in working with patients with end stage renal disease and diabetes. She graduated with Physician Assistant Certification from Cook County Hospital in Chicago, IL, her Master of Science in Nutrition from Southern Illinois University in Carbondale, IL and her Bachelor of Science from Purdue University in West Lafayette, IN.

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