2022 WCHQ Behavioral Health Assembly

“Novel Approaches in Behavioral Treatment”

April 21, 2022
9 AM - 12 PM CST
A WCHQ Webinar Event

Register

*This is a WCHQ members-only event – registration is required but there is not a fee for WCHQ provider members, annual partners and corporate sponsors to participate. Contact Mary Kay Fahey.

Featuring

Myra D. West, PsyD
Marshfield Clinic Health System

Martha Saucedo
Access Community Health Center

Christopher Nicholas, PhD
UW Dept. of Family Medicine and Community Health

Agenda

9:00 AM  Introductions and Welcome
Gabrielle Rude, PhD, President and CEO, WCHQ

9:10 AM  “Support Programs to Promote Workforce Psychological Wellness”
Myra D. West, PsyD
Marshfield Clinic Health System

10:05 AM  “The Yin and Yang of Integrated Behavioral Health Implementation”
Martha Saucedo
Access Community Health Center

11:00 AM  "The Therapeutic Application of Psilocybin and MDMA-Assisted Therapy"
Christopher Nicholas, PhD
UW Department of Family Medicine and Community Health

Noon       Adjourn
About Our Speakers:

**Myra West, PsyD** is a Clinical Psychologist and Director of Organizational Trauma and Resilience in Marshfield Clinic Health System. She specializes in severe stress and trauma reactions with a secondary specialization in organizational psychology, combining the two to promote wellness, resilience, and psychological health throughout the MCHS workforce.

Dr. West received doctoral and master’s degrees in Clinical Psychology from the University of Denver, a master’s degree in Child and Family Studies and a postgraduate certificate in Organizational Psychology from The Chicago School of Professional Psychology. Dr. West completed her pre-doctoral internship and postdoctoral fellowship training in Sexual Abuse and Childhood Trauma on the south side of Chicago, where she remained for 16 years. Dr. West has provided services within hospitals, organizations, and private practice settings including a children’s hospital, Level One Burn and Wound Care Center. Dr. West also served as the psychological resource for the South Suburban Emergency Response Team (SSERT/SWAT) providing psychological debriefing and trauma-focused treatment for first responders involved in traumatic incidents.

**Martha Saucedo** is a Behavioral Health Consultant at Access Community Health and works closely with the Latinx community liaison. She has been working within the Latinx population to better understand their mental health issues. She was an assistant professor in the master program in social work in UW-Madison teaching “Working with Race and Ethnic groups in Social Work” for the last five years. Ms. Saucedo is a strong advocate in the Latinx Community working toward equality, educating the community and providing mental health services. She is part of the Latino Health Council and the Latinx Mental Health Coalition. She was involved through the University of Wisconsin in a program called Fortalezas Familiares which supports Latina women struggling with depression and providing a family approach program, with the goal to expand this in the schools and training school staff on it. Ms. Saucedo is recently the Project Manager for Technical Assistance & Strategic Development in the Collaborative Family Healthcare Association where she combines her years of knowledge and experience in the integrated care model, diversity and teaching skills.

Ms. Saucedo graduated from UW-Madison MSW Program and obtained her license in clinical social work after immigrating from Monterrey, Mexico where she had obtained a degree in psychology.

**Christopher Nicholas, PhD,** is assistant professor in the UW Department of Family Medicine and Community Health. His research focuses on the clinical efficacy and therapeutic mechanisms of psychedelic and other psychoactive compounds for addiction (opioid and methamphetamine use disorders), trauma, chronic pain, and depression. He also serves as a site co-PI and therapist on the Multidisciplinary Association for Psychedelic Studies (MAPS) Phase 3 multi-site clinical trial of the safety and efficacy of MDMA-assisted psychotherapy for severe PTSD. In addition to research, Dr. Nicholas provides specialty clinical services in the overlapping areas of chronic pain, addiction, and trauma and is a behavioral health supervisor for the UW Addiction Medicine Fellowship Program. Dr. Nicholas earned his Ph. in clinical psychology and neuroscience at the University of Tennessee; and completed his internship in health psychology and post-doctoral fellowship in multimodal neuroimaging at the University of Wisconsin School of Medicine and Public Health.

For information, contact Mary Kay Fahey.