

Course Title:	Senior First Aid
Course Code/s:	HLTAID009 Provide Cardiopulmonary Resuscitation HLTAID011 Provide First Aid
Pre-requisite/s:	Nil
Location:	Martyr Training, 64 Duchess Road, Mount Isa, QLD, 4825
Duration:	<ul style="list-style-type: none">• Full Course: Approx. 8 hours (course will vary with numbers).• Practical Only: Online learning and assessment (approx. 4 hours, conducted in your own time), followed by 4 hours of face-to-face practical training and assessment.

Course Description:

This nationally recognised course will provide participants with the skills and knowledge to provide a first aid response for a range of injuries and illnesses, including effectively performing cardiopulmonary resuscitation (CPR) in line with the Australian Resuscitation Council (ARC) Guidelines.

In this course, participants will learn to:

- Recognise an emergency situation
- Effectively provide CPR to an unconscious casualty
- Operate an automated external defibrillator (AED)
- Provide an emergency first aid response in line with guidelines set by national peak clinical bodies.
- Accurately communicate with emergency services

Upon successful completion of your training and assessment, you will receive a Nationally Recognised Statement of Attainment for HLTAID009 Provide Cardiopulmonary Resuscitation and HLTAID011 Provide First Aid. You will be required to achieve full competency in this unit to receive a statement of attainment.

Important Information:

- There are no pre-requisites for this course, however participants must have sufficient literacy and numeracy skills to successfully complete the training – this includes being able to read and write **Standard Australian English at a Year 8 level.**
- Participants must bring **photo ID** and **USI** (unique participant identification number) to all face-to-face sessions, including assessment.
- Courses are conducted in a simulated work environment. Participants must be attired appropriately with **enclosed shoes**. Participants wearing sandals or thongs will not be allowed into the course.
- To allow time for registration, **please arrive 15 minutes prior to the commencement of your course.** Participants who arrive late will not be allowed into class.
- Participants will be required to undertake practical training and assessments at floor level and light manual handling, such as bending, twisting, kneeling, dragging, lifting light objects at waist or shoulder height. You must be physically capable of completing at least 2 minutes of uninterrupted CPR (compressions and breaths) on a manikin on the ground. If you have poor mobility or a current injury, please discuss this with us prior to booking. **If you have poor mobility or a current injury, please discuss this with us prior to booking.**