

St. Charles Culinary Arts Program



St. Charles Adult & Continuing Education Centres aspire to instill confidence and self-esteem enabling all learners to reach their full potential in a diverse and respectful environment.

QUESTIONS?

CALL ST. CHARLES
905-577-0555 Ext. 5067
info@stcharles.ca
www.stcharles.ca



APPRENTICESHIP WORKS!

A **Cook** prepares complete meals or individual dishes and food items, plans menus, estimates food requirements and costs, monitors and orders supplies. This program provides an opportunity for students to begin “Level One” of their in-school apprenticeship training and work as apprentices in a variety of restaurants and food service providers.

In this program, students work towards the completion of their “Level One” in-school apprenticeship training in order to pursue a rewarding career as a Cook. The education and training opportunities are provided at St. Charles Adult and Continuing Education.

Cook is a Red Seal certification recognized across Canada.

The Hamilton Wentworth Catholic District School Board, Niagara College of Applied Arts and Technology and St. Charles Adult and Continuing Education offers this opportunity for students who want to pursue a career as a Cook.

To qualify, YOU must:

- Be at least 18 years of age or older
- Have a passion for working in culinary arts
- Be working towards a Ontario Secondary School Diploma
- Have a working knowledge of mathematical concepts and principles
- Be willing to attend the program on a full-day basis

A limited number of spaces are available.

Program components include:

- Pre-employment orientation and integration sessions at the home school
- The program offers the curriculum for level 1 apprenticeship training for Cook as well as the Ontario Ministry of Education curriculum.

Program Credits/Certification:

- Students earn 6 secondary school credits (in Hospitality, Tourism and Nutrition) as well as 2 cooperative education credits
- Introduction to “Level One” apprenticeship training for Cook

150 East 5th Street

(near Upper James & Fennell)

Parking on Brucedale

905.577.0555, ext 5067

www.stcharles.ca/chef

www.oyaphwcdsb.com

