

## PERSONAL SUPPORT WORKER PROGRAM

### Role of the Personal Support Worker

Personal Support Workers respect and support people's desire to be healthy and independent, according to their own choices and capabilities. The purpose of the support is to assist persons with tasks of daily living that they would normally do for themselves.

They contribute to the quality of life of individuals who live at home or facilities or who are hospitalized by promoting their independence; dignity; social, emotional and physical well-being; mobility; personal appearance; comfort and safety. They support individuals and their families and may work as a member of a team. They observe and report changes in condition to the most appropriate person. The range of services provided by Personal Support Workers depends upon the individual needs of each person they support. Services include:

- Home management (such as shopping, house cleaning and meal preparation)
- Personal care (such as dressing, personal hygiene, mobility and other routine acts of living in accordance with the Regulated Health Professions Act)
- Family Responsibilities (such as routine caregiving of children)
- Social and recreational activities

Services are provided in homes and apartments in the community, in hospitals and long term care facilities, congregate housing settings, in the workplace and in educational facilities. Personal Support Workers must be able to adapt to varying degrees of supervision and in keeping with the consumer/client's requirements and wishes. Personal Support workers must be able to adapt to the variety of client settings, and at times, to the varying needs of the client in a particular setting.

### General Information

- September - June
- Monday - Friday 9 a.m. - 1:45 p.m.
- 6 High School credits towards high school diploma
- 22 weeks in class preparation
- 18 weeks clinical placements in both community and long term care
- Supervised clinical placement in long term care
- Assistance with resume and portfolio development
- 95% employment rate upon graduation
- Taught by experienced RN's with OTC certification
- Additional certifications provided during program - CPR and First Aid, Infection Control, GPA training, WHMIS, Ostomy and Safe Food Handlers training

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### Course Eligibility and Requirements

- Grade 11 English, Grade 9 Math and Science
- Benchmarks of 7 for ESL students
- A sincere interest in working with the elderly and disabled
- Physical and Mental Health clearance necessary to complete clinical workplace hours (lifting is required)
- Eligible to obtain a criminal record check including "Vulnerable Sector Screening"
- Up to date Immunization form as well as Flu shot
- TB testing and Hepatitis B immunization is required at an extra cost
- Maintain 70% in all module marks and 70% on final exam
- Attendance is mandatory-available for day shift
- Mature and respectful attitude-good work ethic-good communication skills
- Ability to commute to classes and clinical placement

### Fees

- Tuition Free-covered by the Ministry of Education
- Materials fee-\$1400-includes clinical instructor on site, textbook/workbook, 2 uniforms, CPR and First Aid, Infection Control, GPA training, WHMIS, Ostomy, Oral Hygiene and Safe Food Handlers training

### Program Schedule

- Monday to Friday 9:00am to 1:45pm. Homework daily.
- Students will require their own access to internet and must have their own computer/device

### Registration Process

- Call to make an appointment at 905-577-0555 ext. 5067
- Bring in your high school transcript and photo ID to credit office and complete application asap
- Interview with teachers and literacy assessment, \$250 deposit required upon acceptance

**\$250 REGISTRATION FEE IN NOT REFUNDABLE**