

It's OK to talk about **stammering**

What is stammering?

Stammering is the term used to describe a difficulty in the timing and flow of speech. It can be referred to as stammering or stuttering.

What you may hear

Repetitions: my-my b-b-b-book
Prolongations: mmmmy book
Blocking: my b---ook

What can teachers do?

- Don't hurry!
 - » Model an easy, relaxed speaking style.
 - » Reduce verbal interruptions in the classroom and do not reward quick answers.
 - » Allow children plenty of time to talk and answer questions.
- Create a classroom environment that accepts and accommodates stammering.
- Talking to children about stammering will not make them stammer more. In fact, it can help them overcome the challenges associated with stammering.
- Work together with parents, speech and language therapists, and others to support the child, both in and out of the classroom.