

Placering	First Name	Last Name	Gender	Club	Time Result		Topp 3 lag		
							Placering	Lagnamn	Tid
1	Johan	Segerström	M	Team Anypace Swede	3:57:07				
2	Jakob	Ringblom	M	Fredrikshofs FIF	4:05:07		1	ActiveBenefits	4:36:45
3	Pelle	Karlson	M	Tyresö CK	4:15:21		2	Onsdagslycka!	5:15:38
4	Benny	Eriksson	M	Fair trade Runners	4:20:39		3	Lilla söndagsgruppen	5:54:12
5	Lundgren	Patrik	M		4:21:46				
6	Svante	Lundin	M	P A Fogelströms Gymn	4:34:18				
7	Jonas	Köhler	M	IF Linnéa	4:34:40				
8	Peter	Alzén	M	ActiveBenefits	4:36:45				
9	Martin	Psilander	M	ActiveBenefits	4:36:46				
10	Peter	Björk	M	ActiveBenefits	4:36:47				
11	Johan	Linglöf	M	ActiveBenefits	4:36:47				
12	Andreas	Herne	M	TMOK	4:41:00				
13	Sjur	Jensen	M	Nora Runners	4:42:06				
14	Petra	Sporrong	F		4:42:57				
15	Stefan	Boman	M		4:46:06				
16	Thomas	Eriksson	M	Norwegian	4:46:10				
17	Erik	Boback	M	TSM	4:46:10				
18	Göran	Strömstedt	M	Linnea	4:47:51				
19	Jenny	Andersson	F		4:47:51				
20	David	Ho	M	The Davetastics	4:49:07				
21	Anders	Björk	M	Vegan Runners IK	4:50:36				
22	Eva	Östlund	F	Fredagsspring	4:52:22				
23	Erik	Calmfors	M	Runacademy IF	4:57:13				
24	Gustav	Henriksson	M	TR4F	4:57:58				
25	Daniel	Kjellberg	M	Team Gröndal/Kranse	4:59:45				
26	Lisa	Abrahamsson	F	Team Gröndal/Kranse	4:59:45				
27	Ludvig	Friberg	M	Dark trail runners	5:04:05				
28	Thomas	Lund	M	Lv3 IF	5:04:57				
29	Erik	Löfvander	M		5:05:00				
30	Therese	Sundström	F		5:07:05				
31	Daniel	Hagstedt	M	Lv3 IF	5:09:12				

32	Jesper	Lundberg	M	Hunflens Löparsällska	5:10:00			
33	Sigrid	Andersson	F	Hunflens Löparsällska	5:10:00			
34	Daniel	Ekelöf	M	P-nissarna IK	5:11:57			
35	Anna-Lena	Hernvall	F	Olympias barnbarn	5:12:04			
36	Monica	Segelsjö	F		5:12:04			
37	Umut	Heilborn	F	Onsdagslycka!	5:13:15			
38	Elisabeth	Thek	F		5:13:18			
39	Malin	Westerberg	F	Olympias Barnbarn	5:14:43			
40	Anders	Dahlberg	M		5:15:29			
41	Jenny	Palm	F	Onsdagslycka!2021	5:15:38			
42	Katrin	Bevemyr	F	Onsdagslycka!	5:15:38			
43	Anna	Jonsson	F	Onsdagslycka!	5:15:38			
44	Eva	Piscator	F	Onsdagslycka!	5:15:38			
45	Karin	Hagren	F	Onsdagslycka!	5:15:43			
46	Michael	Ringh	M	Älta IF	5:19:11			
47	Hanna	Lasson	F		5:19:25			
48	Daniel	Mugalu	M	DMWORKOUT	5:19:56			
49	Bert	Pohlak	M		5:20:18			
50	Jonas	Gustavsson	M	CourseConsulting	5:20:30			
51	Anton	Wretling	M		5:20:56			
52	Karin	Stadig	F		5:20:58			
53	Michael	Ringh	M	Älta IF	5:22:11			
54	Sjur	Jensen	M	Nora Runners	5:23:35			
55	Peter	Elmlund	M	Nora runners	5:24:19			
56	Thomas	Groth	M		5:25:00			
57	Lena	Hellström	F	Northvolt BS	5:29:14			
58	Carmen	Wargborn	F	Norra Stockholm End	5:29:36			
59	Martin	Forsén	M	Lövviks BIF	5:30:00			
60	Patrik	Strömbäck	M	Tyresö	5:30:40			
61	Fredrik	Pettersson	M	Sampler Löparklubb	5:31:23			
62	Lotta	Persson	F	Sampler Löparklubb	5:31:23			
63	Teresa	Wulff	F		5:32:44			

64	Maik	Gustavsson	M		5:33:43			
65	Jurgen	Klein	M	Vattenfall IF Stockho	5:34:05			
66	Marie-Louis	Åhman	F		5:34:14			
67	Johan	Häggkvist	M		5:35:50			
68	Alexandra	Lindahl	F		5:40:37			
69	Anders	Holgersson	M	Runacademy IF	5:41:28			
70	Maria	Hessle	F		5:42:12			
71	Jessica	Ekberg	F		5:42:12			
72	Jessica	Jansson	F	Ladies on the run	5:42:35			
73	Katarina	Alfredsson	F	Runacademy IF	5:42:57			
74	Josefin	Segelman	F		5:43:35			
75	Mikael	Holmberg	M		5:44:07			
76	Mikael	Holmberg	M		5:44:07			
77	Anna	Forsén	F	Lövviks BIF	5:45:49			
78	Peter	Arvidson	M		5:46:31			
79	Cecilia	Mårtensson	F	Umara sports club	5:47:44			
80	Göran	Öhman Gille	M	Ifk Sala	5:47:56			
81	Christer	Dahlström	M	Race & Shine Sports C	5:48:55			
82	Hans	Uussilta	M		5:50:58			
83	Alexandra	Lindahl	F		5:50:58			
84	Daniel	Ekelöf	M	P-nissarna IK	5:51:57			
85	Hans	Uussilta	M	Movator AB	5:52:47			
86	Kerstin	Wolff	F	Runacademy	5:54:09			
87	Gunilla	Bergman	F	TSM	5:54:12			
88	Ingalill	Fredriksson	F	Lilla söndagsgruppen	5:54:12			
89	Marie	Carlsson	F	Lilla söndagsgruppen	5:54:19			
90	Håkan	Slättman	M	Lilla söndagsgruppen	5:54:19			
91	Camilla	Lindström	F	Telia IF	5:56:20			
92	Annika	Larsson	F	Lilla söndagsgruppen	5:56:21			
93	Linda	Jättner	F	Lima IF	5:56:29			
94	Linda	Jättner	F		5:56:32			
95	Johan	Sageryd	M		5:59:31			

96	Marie	Winkvist	F		6:03:36			
97	Sara	Fristedt	F	Runacademy	6:03:56			
98	Sara	Häggström	F		6:05:00			
99	Pinak	Haque	M		6:09:23			
100	Alexander	Rufelt Rönnlur	M	Stuga77 IF	6:09:23			
101	Pinak	Haque	M		6:09:23			
102	Alexander	Rufelt Rönnlur	M	Stuga77 IF	6:09:23			
103	Helena	Kullenberg	F		6:12:10			
104	Joakim	Ahlin	M		6:12:34			
105	Henrik	Lannerhjelm	M	Lv 3 IF	6:13:02			
106	Nina	Rolfsdotter	F		6:15:50			
107	Per	Fahlén	M		6:16:40			
108	Niklas	Bergman	M	Länsförsäkringar AB	6:16:48			
109	Björn	Henriksson	M		6:16:54			
110	Per	Lindborg	M		6:17:03			
111	Tommy	Trawén	M		6:18:34			
112	Anders	Trawén	M	Yesiamalongwayfrom	6:18:34			
113	Fredrik	Nilsson	M	Södermalm	6:22:14			
114	Gerardo	Montero	M	Redkite	6:24:13			
115	Gerardo	Montero	M	Redkite	6:24:46			
116	Jenny	Mårtensson	F		6:25:20			
117	Daniel	Eriksson Bjure	M		6:25:41			
118	Kristina	Rung	F		6:26:43			
119	Jan	Häger	M	OK Södertörn	6:28:05			
120	Nataniel	Hansen	M	OCR Stockholm IF	6:32:01			
121	Johan	Nilsson	M		6:32:57			
122	André	Ljunggren	M		6:33:00			
123	Maria	Bergström	F		6:34:11			
124	Christopher	Stroh	M		6:34:35			
125	André	Ljunggren	M		6:35:00			
126	Helena	Pihl	F		6:35:11			
127	Tomas	Pihl	M		6:37:17			

128	Anna	Engquist	F	Haninge SOK	6:42:02			
129	peter	grabler	M		6:44:15			
130	Mikael	Larsson	M	Team Nordic trail Sol	6:44:47			
131	Eva	Olsson	F	Team Nordic Trail	6:45:16			
132	Ami	Albihn	F	Ladies on the Run	6:45:22			
133	Micke	Berglund	M		6:45:30			
134	Sissela	Liljeqvist	F		6:45:38			
135	Mikael	Solén	M		6:47:36			
136	Lotta	Blixt	Not Known	Team snigel	6:52:20			
137	Åsa	Eklöv	F	OK Södertörn	6:53:00			
138	Jenny	Forkman	F		6:54:55			
139	Linda	Lundback	F		6:54:55			
140	Tanja	Appelberg	F		6:56:51			
141	Heather	Patterson	F		6:59:39			
142	Christopher	Stroh	M	De tre musketörerna	7:02:51			
143	Åsa	Berglin	F		7:04:17			
144	Eline	Miltenburg	F		7:05:39			
145	Jeannette	Van Rooijen	F	Runacademy IF	7:05:39			
146	Camilla	Rosell	F	Stockholm Gerillalöp	7:11:51			
147	Eva	Åhnberg/West	F		7:12:44			
148	Anna	Olofsson	F		7:18:38			
149	Jeanette	Nordin	F	LufsPintlorna	7:19:08			
150	Pernilla	Sellfors-Forsli	F	LufsPintlorna	7:19:08			
151	Pernilla	Sellfors-Forsli	F	Hofors AIF skid- och c	7:23:35			
152	Camilla	Norlander	F	LufsPintlorna	7:23:35			
153	Jeanette	Nordin	F	Hofors AIF Skid och c	7:23:55			
154	Teresa	Wulff	F		7:33:44			
155	Daniel	Caputo	M		7:33:45			
156	Ove	Lundell	M	Axa Sport Club	7:41:02			
157	Jessica	Andersen	F	Awesome and Amazin	7:41:53			
158	Jessica	Andersen	F	Awesome and Amazin	7:41:53			
159	Maria Elena	Wulff	F	IF Linnea	7:42:20			

160	Stina	Boräng	F		7:45:18			
161	Peter	Augustsson	M	ESIK	7:47:37			
162	Olof	Rexed	M	Runacademy	8:08:04			
163	Åsa	Eklöv	F	OK Södertörn	8:15:00			
164	Jan	Häger	M	OK Södertörn	8:15:00			
165	Claes	Carlstedt	M		8:23:53			
166	Anders	Palmkvist	M		8:25:35			
167	Martin	Törnqvist	M		8:26:36			
168	Sofia	Alenmark Bec	F		8:33:21			
169	Veronica	Madsen	F	CavaSangria	8:35:00			
170	Maria	Bergerstam	F	Cava Sangria	8:35:00			
171	Maria	Hellgren	F	Cavasangria	8:35:00			
172	Jessica	Grym	F	Cava sangria	8:35:00			
173	Mello	Nordström	F		8:35:03			
174	Erling	Mustaparta	M		8:37:09			
175	Erling	Mustaparta	M		8:37:11			
176	Lotta	Mörk	F	Bajjen	8:38:00			
177	Martin	Midelf	M	Gourmetgruppen	8:46:30			
178	Gunnar	Ingemarsson	M		8:47:42			
179	Tacha Zi	Plym Forshell	F		8:49:27			
180	Mats	Zakrisson	M		8:50:31			
181	Kenneth	Johnson	M		8:56:55			
182	Maria	Andersson	F		8:58:45			
183	Leif	Andersson	M		8:58:45			
184	Malin	Sundeby	F	Centrum OK	8:59:49			
185	Maria	Hellgren	F	Cavasangria	9:03:00			
186	Maria	Bergerstam	F	Cava Sangria	9:03:00			
187	Veronica	Madsen	F	CavaSangria	9:03:00			
188	Jessica	Grym	F	Cava sangria	9:03:00			
189	Annica	Sundeby	F		9:05:53			
190	Olle	Spångberg	M		9:07:00			
191	Anders	Mörk	M	Bajen	9:08:23			

192	Carola	Olund	F		9:09:16			
193	Karin	Jansson	F		9:12:45			
194	Viveca	Törngren	F		9:24:12			
195	Fredrik	Nyström	M		9:25:00			
196	Ami	Albihn	F	Ladies on the Run	9:25:27			
197	Emma	Lindgren	F		9:26:00			
198	Veronica	Hammarstedt	F	IFK Sala	9:27:00			
199	Adam	Racki	M		9:27:55			
200	Per	Thor	M		9:29:24			
201	Tony	Kwong	M		9:29:25			
202	Anna	Borgh	F	Team Grit	9:32:26			
203	Lisette	Johansson	F		9:32:30			
204	Sara	Sundström	F	Tolk på väg	9:32:30			
205	Sara	Sundström	F	Tolk på väg	9:32:52			
206	Lisette	Johansson	F		9:32:52			
207	Eric	Groenewoud	M		9:34:45			
208	Anton	Holmgren Deg	M		9:34:47			
209	Johannes	Lindé	M		9:35:43			
210	Katja	Mölsä	F		9:37:00			
211	Johanna	Lamhauge Kar	F		9:38:25			
212	Stefan	Häll	M		9:39:37			
213	Annelie	Stenvadet	F		9:39:37			
214	Anna	Racki	F		9:42:37			
215	Marianne	Anell	F		9:42:43			
216	Peter	Carlsson	M		9:43:03			
217	Anna	Jonsson	F		9:43:10			
218	Gabriella	Brönnegård	F		9:43:10			
219	Johan	Westerholm	M		9:43:15			
220	Jessica	Rosell	F	Tolk på väg	9:44:30			
221	Jessica	Rosell	F	Tolk på väg	9:44:52			
222	Martin	Midelf	M	Gourmetgruppen	9:45:00			
223	Annika	Racki	F		9:46:48			

224	IngMari	Tovlin	F		9:52:00			
225	Susanna	Winter	F		9:52:30			
226	Katarina	Thompson	F		9:56:03			
227	IngMari	Tovlin	F		9:59:30			
228	Pontus	Mark	M		10:01:00			
229	Veronica	Johansson	F		10:02:52			
230	Camilla	Frick Svahn	F		10:02:52			
231	Madeleine	Degerman	F		10:05:12			
232	Emma	Jakobsson	F		10:05:33			
233	Oscar	Zee	M	Södermalm	10:06:27			
234	Per	Ståhl	M		10:08:00			
235	Vendela	Hammarskjöld	F		10:09:10			
236	Peter	Blomquist	M		10:10:31			
237	Alexandra	Sundberg	F	Team Grit	10:14:46			
238	Anna	Borgh	F	Team Grit	10:14:46			
239	Cecilia	Bergh	F		10:20:05			
240	Richard	Åhnberg	M		10:20:41			
241	Emma	Jojevi	F	O.M.G!	10:22:32			
242	Catarina	Sandberg	F	O.M.G!	10:22:32			
243	Gabriella	Brönnegård	F		10:26:21			
244	Anna	Jonsson	F		10:26:21			
245	Mangalik	Eriksson	F		10:27:00			
246	Agneta	Midelf	F	Gourmetgruppen	10:30:45			
247	Christina	Fox	F		10:33:28			
248	weman	maria	F	Team grit	10:34:46			
249	Cecilia	Lagerhäll	F	Team Grit	10:34:46			
250	Fredric	Rosén	M	Utvandrarna	10:43:05			
251	Alexandra	Rehn	F		10:48:00			
252	Sheryll	Borlagdan	F	ESIK	10:49:37			
253	Anna	Haara	F	Kärrbäck SK	10:50:05			
254	Eva	Danielsson	F		10:54:32			
255	Nicklas	Ulvnäs	M	Walking Dead	10:54:32			

256	Siw	Wåle	F	Runacademy	10:55:53			
257	Hasse	Wallin	M	Mountain Climbers	11:02:24			
258	Annika	Wallin	F	Mountain Climbers	11:02:24			
259	David	Karlsson	M		11:04:44			
260	Ninni	Befve	F		11:10:22			
261	Natalie	Grufman	F		11:12:35			
262	Helene	Udenius	F		11:13:59			
263	CJ	Jenkins	F		11:23:00			
264	Tina	Brandt	F		11:25:55			
265	Marie	Kallin	F		11:40:00			
266	Oscar	Zee	M	Södermalm	11:42:18			
267	Bodil	Lampén Helge	F		11:59:00			
268	Ulrika	Wahlberg	F	Aje	12:00:00			
269	Anders	Wahlberg	M	Aje	12:00:00			
270	Ann	Eriksson	F	Three Crazy Cats	12:00:46			
271	Jane	Carlgren	F	Mountain Climbers	12:07:43			
272	Chanuka	Perera	M		12:22:26			
273	Tatjana	Scott	F		12:42:29			
274	John	Ambrose	M		13:01:19			
275	Anna	Centerdal-Wal	F		13:03:52			
276	Roland	Carlgren	M	Mountain Climbers	13:06:09			
277	Anna	Centerdal-Wal	F		13:07:03			
278	Lina	Karlström	F	Santarunners	50:01:54			
279	Camilla	Södervall	F		50:45:38			
280	Annette	Näslund	F	TSM running	63:36:45			
281	Michael	Fors	M		69:12:15			
282	Jennie	Nyenvik	F	Onsdagslycka!	90:41:31			