

# MyT2D with PDC Program

## Managing Your Type 2 Diabetes with PDC

Are you living with type 2 diabetes?

Interested in what support is available?

Are you trying to navigate the healthcare maze?



Just been diagnosed and feel overwhelmed?

Book a consult with a PDC Care Coordinator!

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## Managing Your Type 2 Diabetes with PDC

Non  
Concession  
\$300

Concession  
\$150

- 12 month program
- Individualised program including care team chosen by you
- Weekday, evenings, Saturday & Sunday appointments available
- Variety of locations across Perth
- Keep up to date with your annual diabetes checks with one program

### Care Coordinator - Extra support for navigating program

- Initial & 12 month appointments

### Diabetes Educator

- Initial, 3 month & 6 month appointments
- Email & Phone Support for 3 months at no extra charge

### Dietitian

Initial appointment

### Podiatrist

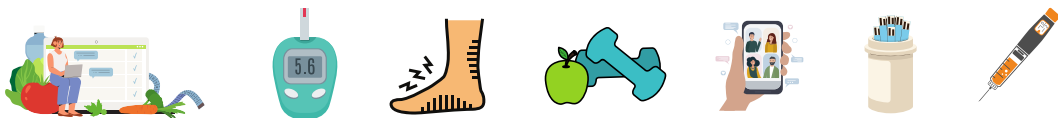
- Initial appointment

### Exercise Physiologist

- Initial Assessment Appointment
- 8 group exercise classes (bulk billed)

### T2D Diabetes Online Community Membership

- Online access to others attending PDC clinic and our clinical staff



All available with a Team Care Arrangement for 5 visits and a Group Allied Health Referral for PDC Health Hub from your GP. Any further appointment/referrals will be discussed with your care coordinator.

If you have used any of your care plan services elsewhere there will be a cost to cover some appointments.

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