



**TICAH**  
Trust for Indigenous  
Culture and Health

# ANNUAL REPORT **2019**



## About this Report

*The Trust for Indigenous Culture and Health (TICAH) 2019 Annual Report provides a comprehensive and balanced view of the organization's performance, activities, and programs as part of our continuous efforts to keep our stakeholders well informed.*

The report has been prepared for the period of January 2019 to December 2019 and details the progress the organization has made in the various programs. It is also a demonstration of our transparency and greater accountability to our beneficiaries, donors, partners, and communities.

Throughout the report, we strived to comply with the global best practices of reporting including the International NGO Accountability Charter and the Global Reporting Initiative (GRI).

## The following highlights are of our key achievements in 2019



**4**  
Reinstatement  
of the  
**Standards and  
Guidelines**

**5**  
Hosted  
**MAMA**  
regional meeting

**6**  
Updated  
**Aunty Jane**  
Hotline  
marketing  
strategy

**7**  
**Healthy Seeds**  
Calendar  
partnership with  
**Amnesty**  
International

**3**  
Launch of  
**Adventures of**  
Fatuma SRHR  
Board Game

**2**  
New community  
recipe book  
for improved  
nutrition



**8**  
Launch of  
**Rika Artists**  
Residency  
program

**9**  
New work with  
**Maasai Women's**  
Council (Olamal)

**1**  
Updated version  
of the publication,  
**"Using Our Traditions:  
A Herbal and  
Nutritional Guide for  
Kenyan Families"**

## 2019 at a Glance

We continued to positively promote and contribute to the betterment of the health outcomes in Kenya, through our respective programs

**10**  
Participation  
in  
**ICPD25**



HAPPY

WOSWA  
and  
TICAH  
The University  
www.yourchoice

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## Welcome from our Executive Director

We began 2019 with the desire to Deepen, Diversify and Share our work. We sought to deepen our work on the role of elders in building peace and the role of Indigenous women's power. We deepened our work with adolescent girls and boys by introducing a sexuality curriculum and a card game. We deepened our relationships by hosting regional meetings in the MAMA network and in our communities by developing a curriculum for the miale program and revising the "Using Our Traditions" herbal and nutritional guide. We deepened our work with local artists by listening to their needs and creating a residency program to address them. We diversified our work in our communities by bringing in more girls, female elders and female artists in our circles and into our convening's. We sought a diverse range of partners and stakeholders, bringing in new learnings into our spaces. We sought to share our learnings more effectively and in targeted ways by interrogating what we need to share and with whom.



2019 was also the year of new tools and new practices for change, the year of women and girls, and the year of gender equality. All the work we have done on culture, with girls and women, on community health, on art, on reproductive health and rights, and on choice found a common voice as we all worked to support communities to be healthy through gender equality. Our Sexual and reproductive health and rights (SRHR) programs continued to support young women and girls to raise their voices and understand the choices available to them, through programmatic work and new tools developed by TICAH. Our advocacy and MAMA work increased access to safe SRHR services for women. Our arts programs started a practice to bring together a fragmented community and to draw in more women artists. Our community health work developed two new tools to support women and their families with nutrition and herbal remedies for common illnesses. Our culture work supported indigenous women to bring back traditional practices of exercising women's power to tackle contemporary issues. We have always known the thread of culture and values that weaves our body of work together, but we are also thrilled to see how all of our work has had such strong connections this year with women and gender equality at the centre. This year's theme for TICAH culminated in our participation in and work with the International Conference on Development and Population +25 (ICPD25) that was held in Nairobi in November. We hope you will enjoy the stories from each program as well as the special report on ICPD25 written by our wonderful Founding Director, Mary Ann Burris. Thank you for your support.

Jedidah Maina

*Executive Director TICAH*



## Thoughts from the Founding Director

We are proud to share our annual report for 2019, and we are happy to say that TICAH continued to grow during this year. Our staff increased, our grants increased, and we like to believe that our effectiveness and reach also widened and deepened. On behalf of the Board, I would like to congratulate Jedidah Maina and the enthusiastic and hard-working TICAH team on their continued creativity and dedication to the open-hearted ways of working that make TICAH different. As the colorful annual report attest, we continue to believe that there is much to be gained by widening

our understanding of “health” so that it includes culture, rights, expression, community, power, choice, and relationship. We continue to feel it is important to recognize the values that underpin the choices we make, and the importance of listening before we act. TICAH insists on creating safe spaces where unprecedented conversations can take place, where sensitive questions can be asked and answered, where elders and youth can establish ways of sharing food and ideas, where beauty matters, where happiness and health are our aim, where activism and leadership take on new dimensions. All of this can be seen in every program that TICAH undertakes.

On behalf of the TICAH Board of Trustees – Kimani Njogu, Patrick Maundu, Patricia Gathuri, Dina Musindarwezo, and myself, we want also to thank Onesmo ole MoiYoi and Nicky Blundell-Brown, two of our founding trustees who stepped down from the Board this year. Their wisdom and solid support helped to make us what we are today.

With heart,  
Mary Ann Burris  
*Founding Director TICAH*



# About TICAH



The Trust for Indigenous Culture and Health (TICAH) was founded by Mary Ann Burriss in 2003 to enhance the positive links between health and cultural knowledge, practice, beliefs, ritual, and artistic expression. The organization seeks to learn from indigenous wisdom wherever possible. We believe beauty is important, stories matter, and health is a matter of the body, the spirit, and the heart.

At TICAH, we know that to be healthy we must have our rights respected, our homes safe and able to nourish us, our bodies strong, and our hearts happy and peaceful. None of this is possible if we ignore the role of culture. For too many of us in Kenya, culture was seen only as having a negative impact on health. Too few programs recognize the health-enhancing contributions that traditional foods, collectivist values and preventive health strategies can make. Too few really stop to listen to what communities value and how they see a problem. TICAH was founded on the belief that the first step to addressing any health issue is to listen, to understand what local resources are at hand, and to build from those.

In pursuit of this, the organization has grown in reach and depth. Today, TICAH has several programs and projects including: Healthy Households; Our Bodies, Our Choices; Raising our Voices; MAMA Network; Aunty Jane Hotline; Healthy Seeds Calendar; Art with Heart; and Medicine Wheel.

## Our Team

TICAH has grown from a one-person office to 24 staff members today. The organization, from the board level to management and staff, is made up of a team of dedicated people with one foot in culture and the other in health.

We also have a growing group of independent advisors, consultants, artists, musicians, healers, scientists, students, volunteers, filmmakers, and environmentalists who work with us in a wide range of different capacities.



*Back Row (Left to Right): Liz Okumu, Joseph Kirrinkol, Prisca Karachia, Vitalice Ochieng, Carol Ngala, Eric Many, Peter Otieno, Mary Ann Burris, Mickreen Adhiambo, Jeremiah Musyoka, Martin Odhiambo, Aghan Odero*  
*Front Row (Left to Right): Suzanne Thomson, Gloria Anniva, Fanis Inganga, Jedidah Maina, Mary Elias, Gideon Chirchir*  
*Not Pictured: Diana Moreka, Mercy Oonga, Phonsina Archane*



## Our PROGRAMS

**1** **Healthy Households** to identify household strategies for health and good nutrition, including training in herbal remedies, improving the use of health services, encouraging local leadership, and helping our children to thrive



**2** **Our Bodies, Our Choices** to encourage more honest, healthy and informed approaches to sexual life for all ages where rights and choices are respected



**3** **Raising Our Voices** to create and encourage community social agency to act independently in accessing and seeking justice, happiness, rights, health services and information



**4** **MAMA Network** A sub-Saharan network that works to strengthen grassroots organizations working to ensure girls and women have access to comprehensive SRHR rights and service



**5** **Aunty Jane Hotline** to provide confidential, reliable information on reproductive health, services, and sexuality on the hotline numbers 0727/0751/0737/0771 101919



**6** **Healthy Seeds Calendar** Outreach working with schools and community groups using the TICAH Calendar to promote health, good values, and responsible citizenship



**7** **Art with Heart** to bring art and free expression into communities and into our shared vision to create conditions for justice, health, and happiness



**8** **Medicine Wheel** to create opportunities for Kenyan traditional elders, healers, musicians, apprentices, students, community members, and others to build peace and connection through the exchange of knowledge about plant medicines, songs, histories, ways of teaching, food, weaving, and values.



# Our REACH



**TICAH**

Trust for Indigenous Culture and Health



HEALTHY HOUSEHOLDS



OUR BODIES OUR CHOICES/MWILI WANGU, CHAGUO LANGU



HEALTHY SEEDS CALENDAR



ART WITH HEART

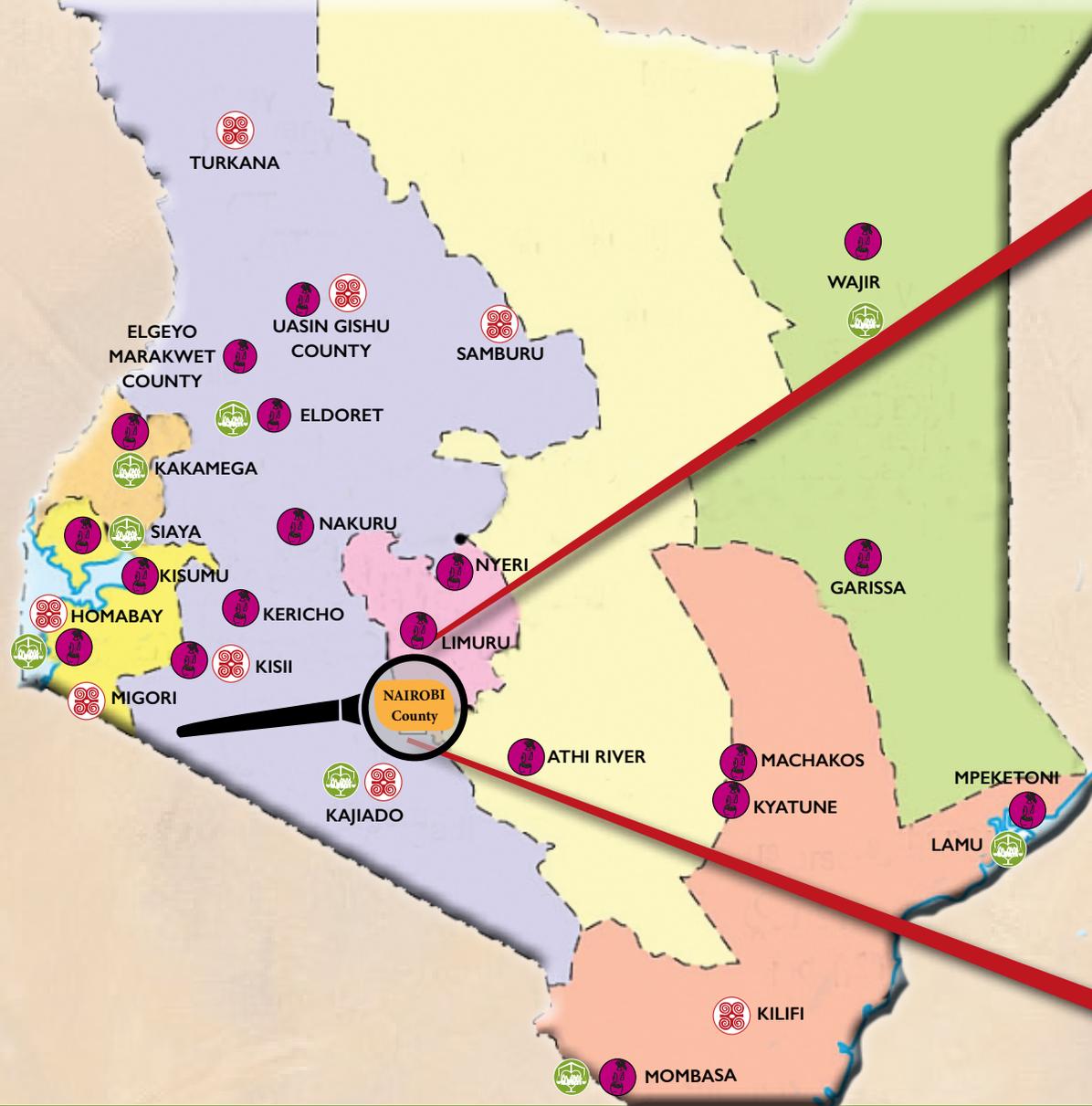


MEDICINE WHEEL



AUNTY JANE HOTLINE

Is nationwide with minimal reach in the Northern parts



TICAH was established to strengthen understanding of positive links between cultural belief, knowledge and attainment of health at a meeting at the Brackenhurst of over 100 African traditional healers to discuss HIV/AIDS

**2003**

TICAH published a *Journey of Connectedness*: After a workshop that was held before ICASA 2003  
TICAH published the *Nine lives: Treatment of Stories of Positive People*

Published *Our Positive bodies: Mapping Our Treatment, Sharing Our Stories* – sampling different body maps done by positive woman in India, Thailand and Kenya.  
Published *Using Our Traditions: A Herbal and Nutritional Guide for Kenyan Families*

**2005**

TICAH Published *Unprecedented Conversations: Broadening Notions of AIDs Treatment and Care for Africa*

**2006**

Hosting the first sexuality support group of HIV+ Women, the *KUDUS*.

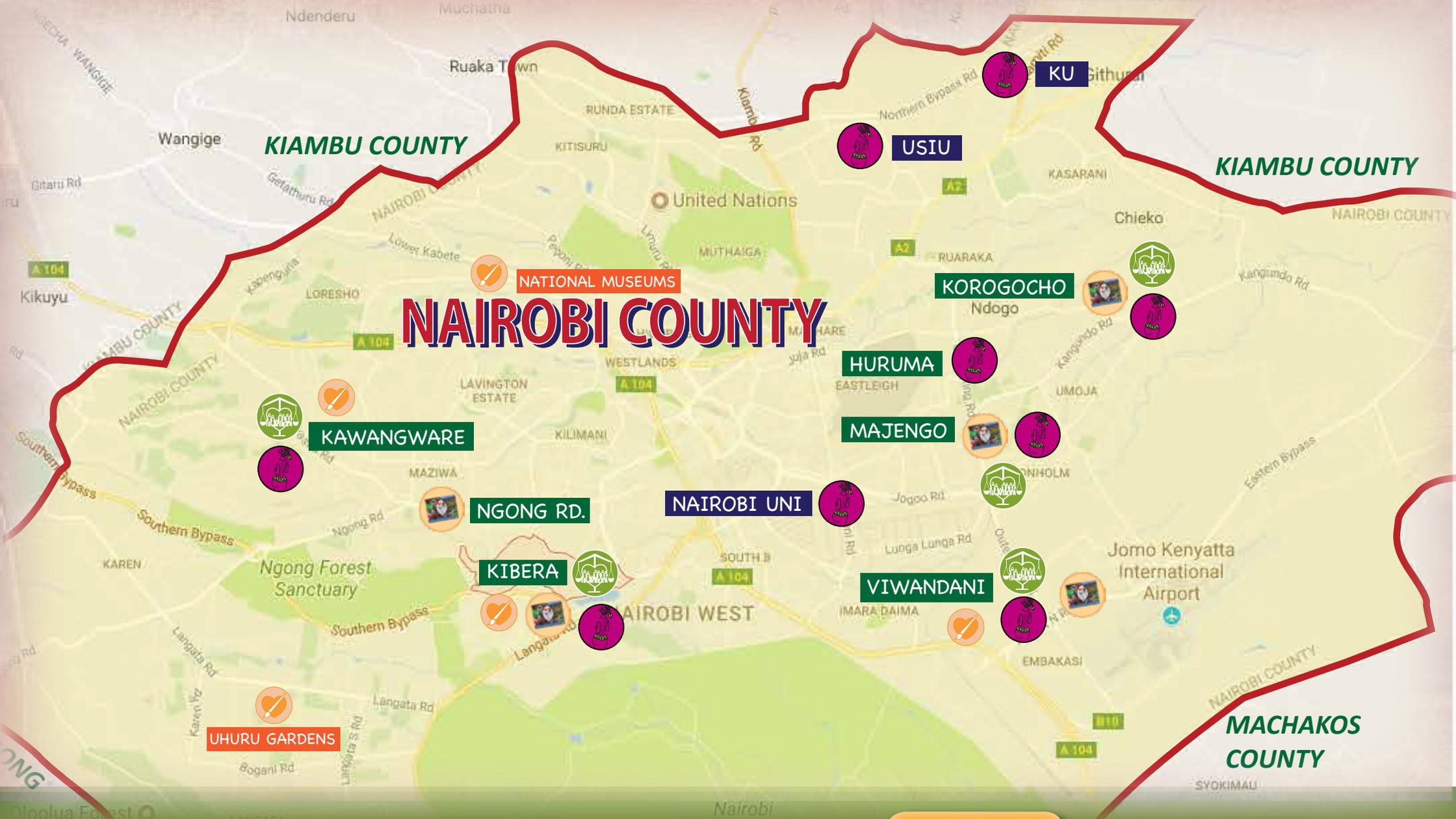
**2007**

Opening of the Medicine Shield Garden. TICAH Started hosting Children Arts Program.  
We also published *Traditional Medicine and HIV/AIDS report*

**2008**

*River shrine* – Kaya ya Mto  
Published *We Are Talking About Sex*.  
These materials all part of our “*Our Bodies, Our Choices*” program in Kiswahili “*Mwili Wangu, Chaguo Langu*” program Sharing our learning, strengthening positive living: The Africa-Asia Inter-Action on AIDS

**2009**



# NAIROBI COUNTY

NATIONAL MUSEUMS

KAWANGWARE

NGONG RD.

KIBERA

NAIROBI UNI

MAJENGO

HURUMA

VIWANDANI

KOROGOCHO

USIU

KU

KIAMBUCOUNTY

MACHAKOS COUNTY

TICAH publishes its first *Healthy Seeds* calendar

2010

Launch of the *Aunty Jane Hotline*  
Published Scenario cards for the sexuality program

2011

Opening of the *Peace Path* at National Museum of Kenya in Kenya

2012

*Medicine Wheel* program officially started

2014

Opening of *Mahali Pa Umoja* at Uhuru Gardens

2016

Completion of *DreamKona* at Uhuru Gardens  
*Urembo & Hekima* Exhibition at Kenya National Museums

2017

First regional *MAMA Meeting* in Kenya

Elkana Ong'esa's *Elephant Family* sculpture moved to DreamKona

2018

*Adventures of Fatuma Board Game* launch

2019

# 2019 Program Highlights

## Healthy Households



Identifying household strategies for health and good nutrition, including training in natural remedies, improving the use of health services, encouraging local leadership and helping our children to thrive

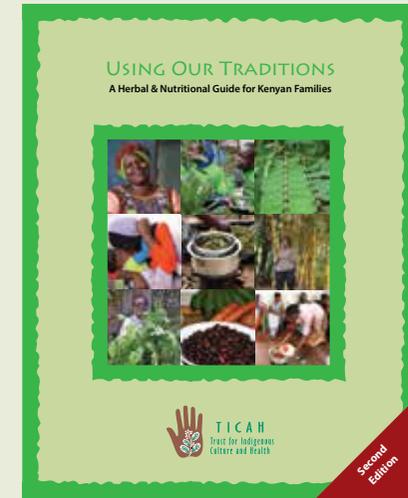
### DATA

- **100** new participants from 3 slums recruited and trained
- **50%** of participants said they used the TICAH Guide to identify, prevent or treat common illnesses
- **43%** of participants said that they have been able to identify common illnesses that they had been trained on during Healthy Household sessions
- **504** children reached



## HIGHLIGHT

**Guide Update** - In 2006, TICAHA was invited to work with families to help them gain a better understanding of plants, food, medicine, medical services and communication. What resulted was “Using Our Traditions: A Herbal and Nutritional Guide for Kenyan Families” (the Guide). This publication has since been the cornerstone of the Healthy Seeds program. This year we finalized the research and writing to create an updated version! The new edition is even more practical than the original. Its coverage is broader and includes more diseases, more lifestyle diseases, and more on reproductive health. Many new remedies and plants have been added to our existing work. The most notable development since our early work has been the introduction and use of ointments and tinctures that we have learned about from our new partners. This second edition has a total of 127 plants in it, of which 41 are new additions. We look forward to launching the book in 2020!



**Recipe Book** - Over the past 15 years TICAHA has trained hundreds of participants who have honed their skills in herbal and nutritional self-care and treatment. They have taken their knowledge and shared it with their communities through both voluntary and supported programmes. They have become key players in helping people manage their healthcare and develop healthier lifestyles. A crucial part of this outreach work has been learning about healthy and affordable nutrition. Each community training has included discussions on nutrition accompanied by practical demonstrations and sharing of recipes. The participants asked that our second edition include a recipe book with simple, practical advice that can be widely shared within their communities. The result is a booklet containing basic nutrition guidance, a collection of our favourite tried and tested recipes, advice on meal planning and detailed information on child nutrition and feeding practices for the first years of life. We hope that this booklet will serve as another useful tool in our Healthy Households programme.

# Our Bodies, our Choices

## MWILI wangu, CHAGUO langu



Encouraging more honest, healthy and informed approaches to sexual life for all ages where rights and choices are respected.

### DATA

- **94.17%** of the students reached, recorded increase in SRHR knowledge.
- **62.4%** recorded improvement in their self-esteem, communication and decision making skills.
- **38** girls received SRHR services - 6 on STI treatment, 10 as responses to sexual violation cases, 12 received treatment for yeast infection, 2 went for voluntary HIV testing, 4 received treatment for menstrual complications and 4 counselling services.
- Trained **60** pharmacists and **680** community members on SRHR (CHWs, men, women, youths, bar hostesses, sex workers, young mothers, women with disability and human rights defenders).



## HIGHLIGHT

**Adventures of Fatuma Board Game - We completed and launched 'Adventures of Fatuma'.** An exciting choice game for use by in and out of school youth. Adventures of Fatuma is a game about choices in life that includes dilemmas and decisions, and possible ways of negotiating tough decisions around sexuality. It is a fun way of initiating conversations around sexual reproductive health and rights, and helping young people recognize good choices based on their lived realities.

We completed and launched 'Adventures of Fatuma' in August 2019. We shared the game with partners from different parts of the country to pilot it before making final copies to be spread far and wide. From the launch; the game has been played in Mombasa, Machakos, Malaba, Nairobi, Kisumu, Kuria and with partners during organized events like the SRHR Game night organized by Akili Dada. The game is gaining popularity among CSOs working on SRHR issues especially with young people.

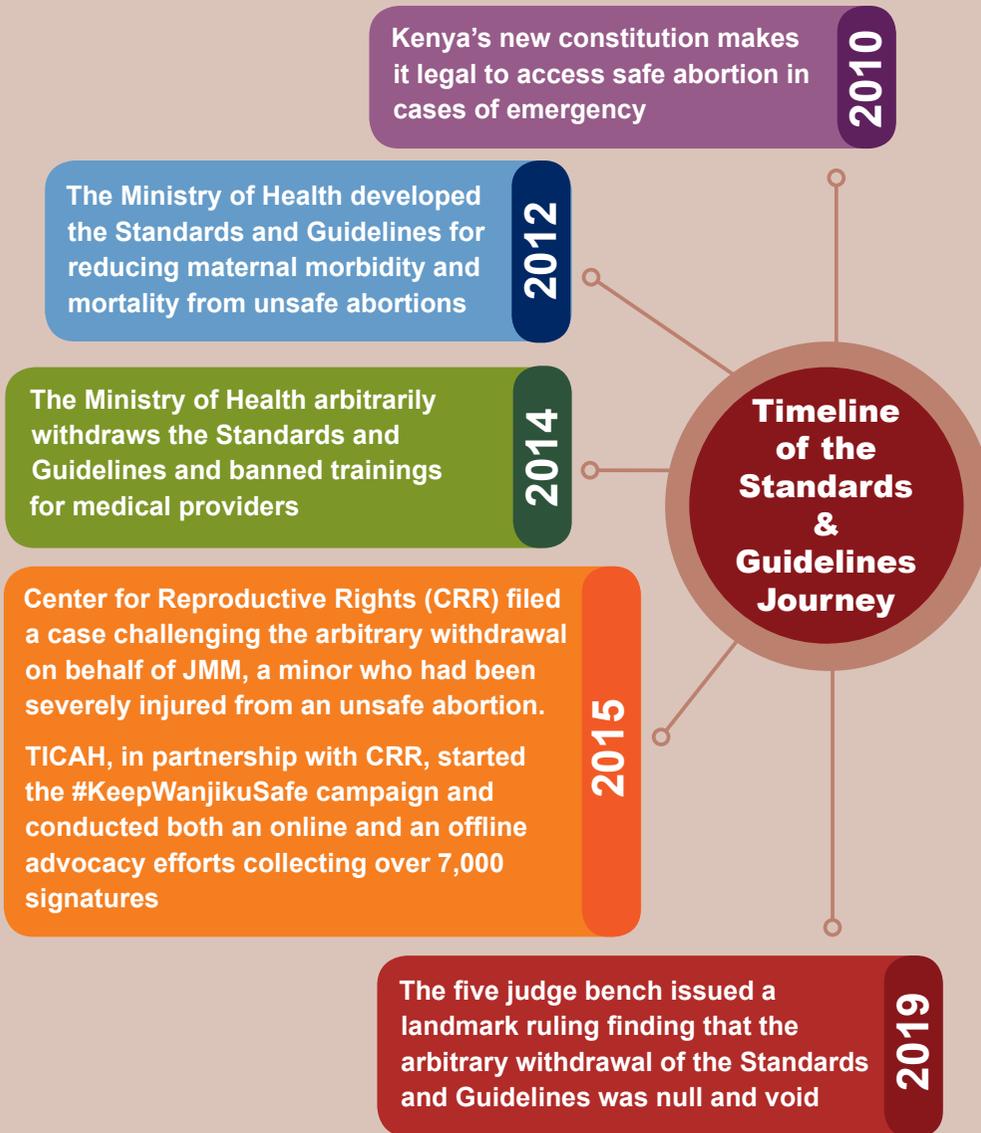
One of the best feedback we have had is that it is enjoyed by young people both in rural and urban areas. The game is one of the ways that we are able to help young people be able to make safe, healthy and informed sexual choices. We plan to put together the feedback from partners and stakeholders during the piloting period and produce the final copy in 2020.



# Raising our Voices



Advocating on behalf of the health and wellness of Kenyan women, children and families.



## HIGHLIGHT

After five years of continuous advocacy the women of Kenya had a big win in June 2019 when the courts reinstated the standards and guidelines for the provision of safe abortion. These standards and guidelines are the practical documents guiding health care professionals when they perform abortions legally under the law. Without these documents there was no guiding information or standards set for healthcare professionals and no assurance that they would be protected under the law. The reinstatement is a huge win for access to safe and legal abortion thereby reducing unsafe abortions that lead to the death of over 1,200 women and girls every year.

TICAH played a lead role in media advocacy campaigns, which was called #KeepWanjikuSafe, in support of the court case that was filed by the Center for Reproductive Rights in 2015. What we learned throughout this process is that legal and policy changes take a long time and that if we hang onto the fight we can make a difference. During this time, we conducted many advocacy activities including stakeholder engagement conversations, collecting signatures for petitions, social media campaigns, writing articles for the media, etc. This fight really brought the Kenyan civil society working on sexual and reproductive health and rights together. We are thrilled for this win and the many conversations on choice and reproductive justice still to come.



# MAMA Network

A collaboration of grassroots activists and feminist groups based in Sub-Saharan Africa working to share evidence-based and stigma-free SRHR information.

## DATA

- The network grew from **9** to **35** organization members in 14 countries
- MAMA Network held a regional gathering where **25/35** of the member organizations came together to share impact and strategize for the common goal ahead.
- **2nd** round of sub-grants for partner organizations launched - \$50,000 for 6 partners in 5 countries - grants go towards new hotlines in francophone country 1st ever, working through grassroots to support communities
- MAMA Attended ICPD+25 conference



## HIGHLIGHT

### **MAMA Regional Meeting**

**In November 2019, we hosted a very successful MAMA regional meeting in Nairobi. 25 MAMA member organizations from 13 sub-Saharan countries came together for the first time to have important conversations around improving access to safe medical abortion across the African region.**

**At this regional meeting we conducted training for new members on the MAMA core strategies including hosting hotlines, holistic security and advocacy.**

**MAMA is a feminist regional network that believes in reproductive justice and recognizing the role of activists to expand access and to advocate for change in laws and policies to mirror the realities of African women.**

**We challenge the status quo that has locked out many women, girls and people who need abortions from safe services. We took this time to network with one another, learn from each other's experiences, and build trust relationships.**



# AUNTY JANE hotline

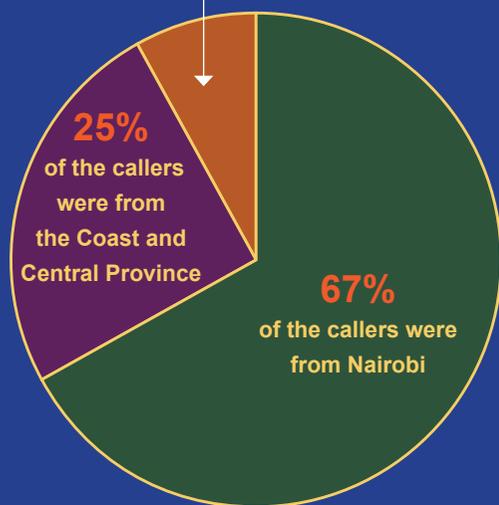
0727 101919/0800 721530



A toll free hotline that gives safe reliable information on sexual and reproductive health including information on postpartum hemorrhage prevention, contraception and gender based violence.

## DATA

- **3,030** calls with an average of 324.7 calls per month
- **8%** of the callers were from Nyanza, Western, Rift Valley and Eastern



## HIGHLIGHT

The original clients of the Aunty Jane Hotline were generally women and girls of reproductive age, but in our caller data we realized that those that called found the number online and through community activities, so we actually weren't reaching all women. Growing adoption of smart-phones and availability of phones and data were key to clients finding out about AJH and using the service. Based on the data from the calls we received, we thought about how we might be able to reach other women and girls who need more information about menstruation, contraception and other SRHR services. We started asking ourselves, "How do we reach young girls without phones? How do we reach mama mbogas who don't have airtime? How do we reach university students? How do we reach young professionals?"

These questions led to an updated marketing strategy to reach all these women and girls. Based on each profile we developed a strategy, which includes the Straight Talk magazine for girls who are in and out of school, using social media platforms and groups that young professionals and other urban women may use, and taking part in reproductive health weeks at universities, and bulk sms messages with content on reproductive health targeted at women and girls with basic, non-smartphones. The marketing strategies have led to an increase in the number of calls and thereby increased access to contraception, gender based violence referrals (access to response mechanisms), STI treatment and prevention, menstruation information, and other safe SRHR services.



# Healthy Seeds Calendar



A learning calendar where each month includes “healthy seeds” in the form of simple herbal recipes for common illnesses, values to talk about, local art to spark the imagination, history to learn from, questions to discuss and excerpts from the Kenyan Constitution and other laws.

## DATA

- **12,000** copies printed
- **1,500** sold in Kenya and around the world
- **10,500** distributed to schools, clinics, government offices, partner organizations, churches and community members



## HIGHLIGHT

Through partnering with Amnesty International, who are implementing school-based programs, our school calendar discussions have reached more than 450 school children in 30 schools in Nairobi, Homabay, Kisumu and Kisii counties. The Human Rights Education Program of Amnesty International Kenya utilized the TICAH calendar as one of the tools to facilitate and spark conversations on human rights values and principles among students who are part of the human rights education clubs created through their program. The calendar was to guide schools into developing a culture of learning and protecting human rights within the school environment. The calendar is complemented by a series of hands on activities that empower young people and promote the active participation of all members of the school community to integrate human rights values and principles into all areas of school life.

**How has TICAH Calendar motivated you to reflect on the state of Human Rights in your school?**

- It guides in sourcing for alternative forms of discipline, other than corporal punishment.
- At least the club knows the important days and create awareness with other students
- Guidance in celebrating and marking key human rights issue through individuals and significant global days.
- Has added more knowledge on to the students on human rights issues
- As a reminder to Human Rights celebrations
- Has acted as a guide in running the club's affairs
- By reminding us of the days to celebrate and therefore coming together as Karanda family
- Being able to commemorate relevant international days
- Keeping track of major commemorations



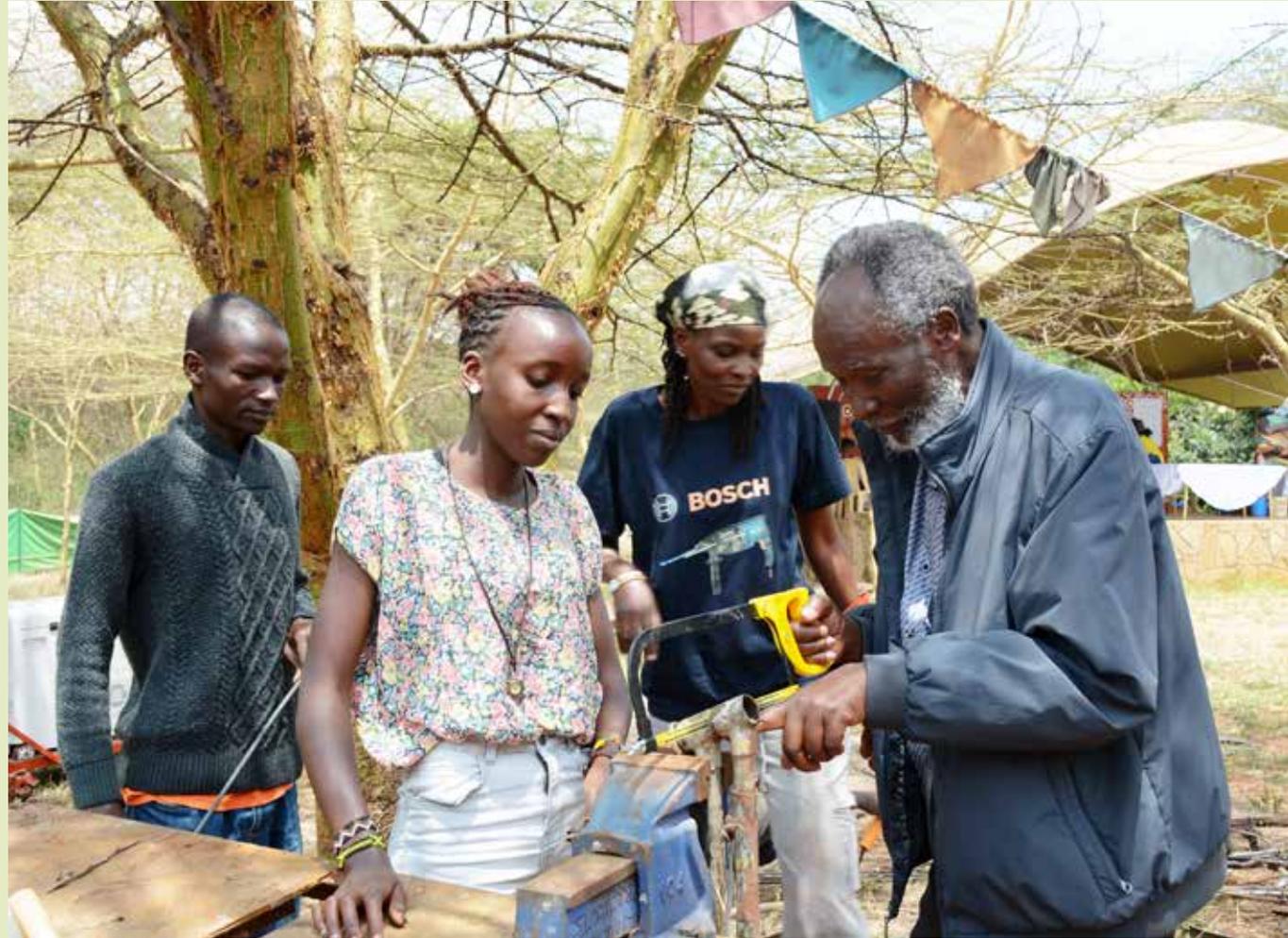
# Art with Heart Program



Using art and free expression with communities and into our shared vision to create conditions for justice, health and happiness.

## DATA

- **45** vulnerable children from 3 communities participated in monthly children's art therapy sessions
- **153** children attended art sessions at DreamKona during breaks from school
- **145** artists engaged through public events, classes and residencies at DreamKona
- **11** murals created in slum communities to spark conversations about positive values



## HIGHLIGHT

We launched the Rika (Kiswahili for Peer) Residency, a residency program at DreamKona for artists by artists with the intention of bringing together diverse groups of artists to create art but also to discuss topics important to artists. In selecting and inviting artists to attend the program, we were intentional in our desire to have a diverse blend of art practices, emerging, master and pioneer artists, men and women, and representation from different studios and collectives.

During the first residency, between time painting, sharing techniques and getting to know one another, we talked about professionalism as artists, how to deal with agents and galleries, how to put work on consignment, and how to manage our finances.

While we continue to tweak the program to suit the artists, we have found that the offering of time to create and learn, time to discuss and time to hang out with different collectives has really made an impression and been helpful.

We are excited about the Rika Residency and we see this as an extension of our own arts practice at TICAH: expanding the topics, the partnerships, the approach of art so borders are crossed and new spaces for creativity are opened.



# Medicine Wheel



Learning from Kenyan communities to bring a broader awareness and respect to positive indigenous, cultural traditions and practices

## DATA

**ELDERS CIRCLE:** 8 elders from Maasai, Ogiek, Kisii and Mijikenda offered prayers during the opening ceremony of the Globetree Conference

**LEARNING CIRCLE:** Trained over 50 university students and youth on traditional plant medicine

**SONG CIRCLE:** Explored 3 traditional instruments: Kayamba, Nyatiti and Litungu, popular in coastal, Nyanza and Eastern regions of Kenya

**PEACE CIRCLE:** Continued to host peace walks and ceremonies, creating opportunities for groups to share prayers, songs, and healing.

**VOICE:** In Kilifi, we continued to promote the peaceful coexistence between elders and young people to stop the plague of elder murders. In Kajiado, we continued to support Maasai girls' education



## HIGHLIGHT

Working closely with Naomi Kipuri, a Maasai elder and friend of TICAH, we hosted two Maasai women's gatherings bringing together 35 Maa women leaders to talk about the Olamal, the traditional Maasai women's council. Together we explored the existence of the Olamal tradition in contemporary times and how they are being used and could still be used in today's communities. We identified issues facing Maasai girls and women, and looked at how women can organize themselves to address these issues. Women elders shared prayers and songs at the Peace Path during the meetings. They led prayers for peace in our nation, in our clans, our families and our union as women.

Towards the end of the year, we widened our women's elder circle to bring in women leaders from six other indigenous communities. We revisited the conversation on women organizing and we learnt how our traditional systems of organizing can be revived to bring into consciousness women's strategic needs/issues and plan for collective action. We agreed on ways of working together. The climax of the meeting saw the group participating in the ICPD+25 pre-conference activity held at the Dream Kona dubbed 'Cloth that Speaks'. The Olamal got a chance to talk about the women's council and exhibit some of our fabric and beadwork at the event.

We also found a way for the women of the Olamal to reconnect with one another in other ways by supporting their participation in a cultural festival organized by Reto Women Association. We supported 18 women from the council to be part of the festival. In this event, held at Bomas of Kenya, we celebrated the Maa traditional ceremony called the Enkipaata, a valuable traditional practice that is getting lost.



## 2019 Financial & Operations Report

We were so happy to have three wonderful professionals join the TICAH team: Fanis Inganga, Vitalice Ochieng and Martin Odhiambo! Fanis and Vitalice joined the Medicine Wheel team and bring with them years of experience working on traditional knowledge projects with communities around Kenya. Martin has joined TICAH as the resident herbalist at our Medicine Shield Garden at the National Museums of Kenya. Before joining us full time, Martin worked with our community health programs as a consulting herbalist, sharing his knowledge of plant medicine with many families.

TICAH strengthened our human resources to include robust learning and development policies, succession and career path planning, performance management and an updated child protection policy. All of these improvements aren't just important to the growth and sustainability of TICAH but also are important to making sure that we continue to take care of our community of participants as well as our staff as their safety and development is a key value of the organization.

### REVENUE AND EXPENSES FOR THE FISCAL YEAR ENDED 31st DECEMBER 2019

<b>CASH INFLOW</b>	
Grants Received	119,145,373
<b>Total Grants 2019</b>	<b>119,145,372.90</b>
<b>CASH OUTFLOW</b>	
Programme Costs	(105,789,048)
Monitoring and Evaluation Costs	(2,780,250)
Administrative Expenses	(9,364,425)
Finance Costs	(1,211,649)
<b>Total Expenses</b>	<b>(119,145,373)</b>
<b>Net Grants</b>	<b>0</b>

### FINANCIAL POSITION FOR THE FISCAL YEAR ENDED 31st DECEMBER 2019

Grants b/f	42,548,475.00
	<b>42,548,475.00</b>
<b>ASSETS</b>	
<b>CURRENT ASSETS</b>	
Funds Available 2019/2020	142,186,649.00
	142,186,649.00
<b>CURRENT LIABILITIES</b>	
Committed Funds	99,638,174.00
	99,638,174.00
<b>Net current assets</b>	<b>42,548,475.00</b>





## Nairobi Summit at ICPD25

In September of 1994, I was one of nearly 20,000 delegates who attended the International Conference on Population and Development (ICPD) in Cairo, Egypt. This was a ground-breaking meeting. Representatives from government, United Nations, non-governmental organizations, and media met to define reproductive health and rights, and to put in place a Program of Action that has shaped the SRHR field ever since. At that time, I was a Ford Foundation Program Officer in Beijing.

Fast forward to 2019. I have moved from Beijing to Nairobi, worked at the Ford Foundation East Africa office for eight years, started TICAH, and stepped up from the Executive Director position. The United Nations Fund for Population Activities (UNFPA) decides to host the Nairobi Summit to mark the 25-year anniversary of ICPD in Cairo, and TICAH is poised for active involvement. Many of the old guard from Cairo and from Ford are there, among them the Director General of UNFPA, Natalia Kanem, but most of those in attendance are young activists working to prevent backsliding on the original Program of Action, bringing new issues to the fore, and calling for increased investment in women and girls, in sexual rights, and in reproductive services.

It was fitting that TICAH and TICAH staff played an active role in the Nairobi Summit. Several months before the Summit, I was asked by Lia Sciortino, another Ex-Ford friend, to help SEA Junction in Bangkok put together an international textile exhibition for the Summit. This was a perfect match for TICAH! We were founded on the belief that there are links between culture and health. The Fabric of Being exhibition aimed to emphasize the important role that the arts have played and do play in our work to ensure rights and health around the world. After months of work, the 12 invited artists from Asia and Africa and our local partners The Nest and The Performance Collective came together, hosted an exciting day at DreamKona, and created a beautiful exhibition and a series of performances at KICC to share a provocative exhibition and insist on and demonstrate the central role that artists and the arts still do and always must play in our human rights and health movements around the world. Nothing opens our hearts to new ideas, moves us to feel the pain or joy of another, or question injustice like art does.

Another of TICAH's founding principles is the importance of listening and of creating spaces where we can discuss our issues and collectively build solutions to the problems we feel are important. This is still part of each of our programs at TICAH. During ICPD +25, TICAH helped create important opportunities for strategizing, particularly in ways that brought forward the voices of young women and girls who are often ignored in policy and program discussions. Each of the three mornings of the Summit, TICAH and KELIN hosted breakfast meetings where feminists from across the globe could mobilize and plan how best to work together to further our shared agendas. We participated in sessions about gender transformative approaches to working with adolescent girls around their sexuality, worked to bring the voices of grassroots Kenyan women and girls into the processes of the conference, and shared the Kenyan journey as we have worked to ensure sexual rights and the health services and policies needed to ensure those rights. Ten TICAH staff were registered delegates at ICPD +25, and everyone else at TICAH joined us at DreamKona or in other ways in these efforts. I am proud of this, and moved by the ways that history comes back to remind us that place matters, beauty matters, process matters, and our presence can make a difference. Even after 25 years, it is still important to show up, to be creative, to build bridges that can take us to where we want to go – to a world where health and justice are everywhere and for everyone.

*Mary Ann Burris,  
Founding Director*



**TICA H**  
Trust for Indigenous  
Culture and Health

Our email is [listening@ticahealth.org](mailto:listening@ticahealth.org)  
Our website is [www.ticahealth.org](http://www.ticahealth.org).  
Ph 254 (0) 710272175.

Our address is PO Box 667-00502, 136E  
Windy Ridge, Karen, Nairobi, Kenya.