



# 2nd Annual LENAWEE 10k

Saturday, July 17, 2021. 8am start time. Race day registration and check in begins at 7am.

Riverside Park - 631 S. McKenzie St. Adrian, MI 49221

Lenawee 10k will be LIVE this Summer! Runners, joggers, walkers, all are welcome to participate!

Awesome Technical Fabric Shirts to all registered participants(shirts may not be available for registrations after 7.4.21)!

**Information:** Run your first or fastest 10k at the Lenawee 10k! The course is a flat, fast, and beautiful out and back route starting and finishing at Riverside Park in Adrian, MI. Participants head East on the Kiwanis trail toward Tecumseh for 5k (3.1 miles) before the turn around, and heading back to finish where the race started. Pink pavement markings are on the course/route, including mile markers. See the attachment below for a course/route map. **Caution and Safety:** The route/course crosses several streets both on the way out and back. We will have police and security at these intersections, however, please take extreme caution while crossing these roads. Runners of all abilities are welcome, the course will be open for two and a half hours, and closes at 10:30am.

**Awards:** We have some great prizes up for grabs. Awards in the form of gift certificates to Running With E's will be given to the Male and Female Overall and Masters (40+ years old) champions. Other Awards will be given to Male and Female age group winners in the following categories: 12 and Under, 13-18, 19-29, 30-39, 40-49, 50-59, 60-69, 70-79, 80+

**REGISTRATION:** \$35 - Includes: Race Entry, Tech. T-shirt, Aid Stations, Post Race Food/Refreshments!

- 1 - Online Registration Link: [Runsignup.com](https://runsignup.com) - Lenawee 10K
- 2 - Paper Registration: Mail completed form w/ Checks payable to: Run Skeels - 16 Scott Ct. Adrian MI 49221.



Name: \_\_\_\_\_ Age on 7/17/21 \_\_\_\_\_ Gender:  Male  Female

Address: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Email: \_\_\_\_\_

\*Shirt and shirt sizes are not guaranteed for registrations received after July 4th.

**Please Circle One:** Youth T-Shirt Size: Small Medium Large Adult T-Shirt Size: Small Medium Large XL XXL XXXL

I know that running in any race is a potentially dangerous activity. I am physically fit and trained to participate in this event. I assume all risks associated with running this event including, but not limited to contact with other participants, the effects of weather, conditions on the path and the fact that it is held in the streets. Having read this waiver and knowing these facts, and in consideration of your accepting my entry, I for myself and anyone on my behalf, waive and release Adrian Public Schools, Lincoln Elementary, and sponsors of this race, supporters and officials and their representatives and successors from all claims of liability of any kind arising out of this event for any legitimate purpose.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

(parent or guardian, if under 18 years of age)