

## How to help make sure that your Home Sleep Apnea Test is successful

1. For medical emergencies, call 911.
2. Watch the Patient Setup Video: <https://www.youtube.com/watch?v=-vaXa6ECIUU>
3. Set your alarm for every two hours and check the following:
  - A. Nasal cannula is in proper position. Both clear insert resting just inside your nostrils.  
Clear tubing in placed over your ears. Clear tubing connected to white box.
  - B. Blue belt worn over shirt, connected to white box, one clip on each side of the white box.
  - C. Finger sensor (SpO2 Sensor) secure over preferred finger with red light visible. If the red light is not visible on the finger sensor, the HSAT is NOT recording.
  - D. You can check the signals by “tapping” the User Button on the white box for one click, do not press and hold the button or it will turn off the device.

Icon Status	Description
<b>Solid Green Icon</b>	The connection and signal are good.
<b>Flashing Yellow Icon</b>	<p>The associated sensor needs to be connected, <b>OR</b> The device is not getting a good signal</p> <p>The sensor needs to be adjusted. Try removing and reapplying the sensor <b>OR</b> adjusting the sensor placement until the icon appears solid green.</p> <p><b>Note:</b> It may take up to 1 minute before the device detects a good signal after an adjustment.</p>
<b>Successful Setup Indication</b>	After the guided setup is complete, all icons will be displayed solid green. After about 1 minute these icons will individually turn off in the following order:(1) SPO2 Sensor, (2) Effort Belt Connection, (3) Cannula, (4) each of the four sections of the Good Study Indicator.

SPO2 Sensor Icon	Effort Belt Icon	Cannula Icon	Good Study Icon
			