

Faculty Profile for RMT-CEFAM and LST websites (Updated as of January 16, 2021)

Ma. Concepcion P. Arboleda, MA

Lecturer, Assistant Professor of Family Ministries and Pastoral Counseling

Contact information

RMT-Center for Family Ministries Foundation
Ateneo de Manila University
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Courses

Assessment and Intervention of Individual and Relationship Disorders
Family Dynamics and Counseling Approaches
Pastoral Care for Survivors of Violence and Abuse

Areas of Interest

Marital, Family and Individual Counseling, Expressive Arts/Grief/Trauma/Emotion Focused/Cognitive Behavioral Therapies, Biopsychosocial Approach to Healing, Applied Jungian and Archetypal Studies

Background

Ma. Concepcion (Connie) Arboleda is a couples, family and individual counselor of the RMT-Center for Family Ministries, a family enrichment and healing ministry of the Society of Jesus. She has a Master in Pastoral Ministry from the Loyola School of Theology at the Ateneo de Manila University and a Bachelor of Arts degree, major in Hotel and Restaurant Administration at the University of the Philippines, Diliman. Connie also holds a Professional Diploma in Family Ministries from RMT-CEFAM Loyola School of Theology of Ateneo de Manila University and is a graduate of their Apprenticeship program.

Connie spent 29 years in the corporate field where she worked in a Fortune 500 company while first based in the Philippines and later in New York City. She also worked for a French company while based in Singapore. Looking for something along the lines of service to the community, Connie left her corporate job and did pro bono work as Head of Special Projects at Tuloy sa Don Bosco in Alabang, Muntinlupa City. Eventually, she studied how to be a Pastoral Counselor at RMT-Cefam before joining their roster of pastoral counselors.

Connie continues to do business consultancy on a part-time basis, with focus on Strategic Planning, Business Development, Sales Development, Management Training and Executive Coaching.