

## **Faculty Profile for RMT-CEFAM and LST websites** (Updated as of January 16, 2021)

### **Ma. Concepcion P. Arboleda, M.A.**

Lecturer, Assistant Professor of Family Ministries and Pastoral Counseling

### **Contact information**

RMT-Center for Family Ministries Foundation  
Ateneo de Manila University  
Loyola Heights, Quezon City  
Tel: (+632) 8426-4289 to 4292/(+63) 915 419-1636

### **Course**

Pastoral Care for Survivors of Violence and Abuse

### **Areas of Interest**

Marital, Family and Individual Counseling, Expressive Arts/Grief and Trauma/Emotion Focused/Cognitive Behavioral Therapies, Biopsychosocial Approach to Healing, Applied Jungian and Archetypal Studies

### **Background**

Ma. Concepcion (Connie) Arboleda is a couples, family and individual counselor of the RMT-Center for Family Ministries, a family enrichment and healing ministry of the Society of Jesus. She has a M.A. in Pastoral Ministry from the Loyola School of Theology at the Ateneo de Manila University and a Bachelor of Arts degree, major in Hotel and Restaurant Administration at the University of the Philippines, Diliman. Connie also holds a Professional Diploma in Family Ministries from RMT-CEFAM Loyola School of Theology of Ateneo de Manila University and is a graduate of their Apprenticeship program.

Connie spent 29 years in the corporate field where she worked in a Fortune 500 company while first based in the Philippines and later in New York City. She also worked for a French company while based in Singapore. Looking for something along the lines of service to the community, Connie left her corporate job and did pro bono work as Head of Special Projects at Tuloy sa Don Bosco in Alabang, Muntinlupa City. Eventually, she studied how to be a Pastoral Counselor at RMT-Cefam before joining their roster of pastoral counselors.

Connie continues to do business consultancy on a part-time basis, with focus on Strategic Planning, Business Development, Sales Development, Management Training and Executive Coaching.

### **Enrollments**

Co-Teacher in Family Dynamics and Counseling Approach  
Co-Teacher in Assessment and Initial Intervention of Individual and Relationship Disorders Arising from a Global Pandemic  
Assistant Professor in Pastoral Care for Survivors of Violence and Abuse