

Society Member Welfare

Research has found that one in eight university students' experiences a mental health condition – so it is important that students are protected at all points of their university life including within their team, club or society. Considering the welfare of members is vital to ensuring that students have a positive wellbeing.

Welfare Roles

Lancaster University SU: The Students' Unions' VP Welfare & Community introduced welfare roles into their executive committees for the year ahead, with the aim of promoting better wellbeing and championing welfare initiatives, such as reducing the number of alcohol-related social events.

Keele University and SU: Keele sports teams now have paid coaches with the aim of improving sporting performance. Although this was not initially intended as an alcohol reduction technique, anecdotal evidence suggests that the employment of coaches has changed the drinking culture in sports teams. Furthermore, all committees including sports teams and societies are required to have a welfare role who's main duties include: talking to students who bring up any welfare concerns, signposting to relevant services and disseminating key campaign messages amongst society members. Those in the welfare role receive thorough training during the first semester which includes inclusion, self-care and burnout.

