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P. C. teens and police learn to get along

By Claire K. Racine, Reporter

Friday, December 5, 2014 10:00 AM

Fifteen teenagers sit in a cramped room on a weekday evening. One by one they stand up and take turns sharing intimate details about their lives: the inner workings of their families, problems with friends, what they've done well and how they've screwed up, what their goals are.

The group gathered on Monday, Nov. 24 at Family Services of Westchester offices on South Main Street as part of an initiative to bring together atrisk youth with local police officers.



During a program aimed at bridging the gulf between teenagers and the police, Port Chester High School seniors Rita Luzuriaga, Mariahia Adrover, Katherine Salazar and Carlos Membreno swap stories with 26-year-old Nicole Zurawin, the operations and worker center coordinator at Neighbors Link in Mount Kisco.

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One boy explained that he decided to stop talking to his sister because she gets angry easily which, in turn, makes his father mad. While this has hurt the relationship with his sibling, he said it made him feel good to be on better terms with his dad.

Another boy told the group he opted to break with his circle of friends. "I knew they were doing a lot of damage to me, so I choose new friends now," he said.

A girl admitted she had skipped class and she felt bad about that decision. Similarly, another student felt guilty about leaving his homework to the last minute which resulted in poor grades.

While their peers were speaking, some of the teenagers looked at their friends and fidgeted. For the most part, however, they sat quietly, letting each student speak without interruption.

As they had been coached to do, the boys and girls shared decisions they had made, how it made them feel and who it affected. Each one ended with a personal goal. Most championed the idea of graduating from high school, some hoping to go straight to work while others dreamed of attending college.

A safe space for frank discussions

Creating a safe space where the teens could have the difficult and honest discussions is essential for the Youth Police Initiative (YPI) organized by the North American Family Institute to succeed, said David Peters, a master trainer with NAFI.

After spending five evenings together, boys and girls really felt comfortable sharing genuine emotion, but the teenagers were not the only ones to share their life stories. Port Chester police officers also talked about the choices they made in life that led them to their current positions.

Like many of the students, Lt. Robert Salerno said he grew up in a single-parent household although he still had a close relationship with his father. He was forced to make new friends when he moved to live with his dad and started school at Port Chester High School. The new friends he made were more ambitious than his previous ones and set his life on a good path. "I don't know where it would have gone if I'd stayed in Yonkers," Salerno told the teenagers.

Melissa Rosario, better known to many of the students by her maiden name as Officer Acocella, spoke about the difficulties she faced pursuing her dream to become a police officer.

Even Chief Richard Conway told the students his interest in sports in high school was to the detriment of his grades. He did not let that stop him, however, starting at Westchester Community College before transferring to the more prestigious Manhattan College.



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More than just a uniform

Allowing teenagers to connect with the police on a personal level and develop deeper relationships with adults in general is the second goal of YPI.

"They become more responsible and respectful of adults," Peters said. "It helps them grow."

Humanizing police into individuals for at-risk youths can reduce juvenile crime and teach them how to deescalate tense situations, the master trainer explained. Without opportunities for teenagers to meet with police officers like they did in this program, the only time they are likely to see them is in high-stress situations. "[Police] are usually dealing with people in their worst moment," Peters said, which is why is it crucial for teens to see the real people underneath the uniforms.

The children are not the only ones who are supposed to learn something from the initiative.

"It's a train the trainer kind of thing," Conway said. "It's like a practical for cops becoming facilitators."

The hands-on training will help the officers assist future community interactions and better connect with young people. Other adults from community groups in the area also attended for the same reason like Nicole Zurawin from Neighbors Link in Mount Kisco who plans to run similar workshops for her organization based on what she learned in Port Chester.

Port Chester held its first YPI program in 2009 but had to halt the initiative in 2012 due to a lack of funding. This year, the Port Chester Police Department had some funds from Westchester County they needed to spend and officers agreed to donate their time so as not to impact the department's overtime budget.

Each student who participated earned a stipend of \$80 after graduating from the program on Tuesday, Nov. 25.

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