



NAVIGATORS

Prime



Professional Coaching Training Program

Prospectus 2022

Navigators Prime

Navigators Prime is a comprehensive introductory training course designed to train people to become professional life coaches, knowledgeable, capable, and ethical.

Coaching is a discipline for working with people which focuses on performance, outcomes, and excellence. It sees the whole person and attempts to work with the whole person. This means inviting clients to remove whatever masks that they wear and see how their deeper personal selves contributes to the outcomes that they get.

**POWERFUL
PROFESSIONAL
PERSONAL** COACHING

Coaching employs a vast array of powerful and life changing skills, that must be learned and practiced in an ethical and life-giving way.

The process of learning the skills goes way beyond academic, and the course itself seeks to be deeply practical and personal, which at times can be confronting to trainees. In this confrontation comes tremendous support and the opportunity for life-changing breakthroughs.

The skills of professional coaching are ultimately compatible with every area of professional and personal life. The skills learned in one area are often highly transferrable and adaptable to almost any aspect of working life. Simply put, if you work with people, coaching can support you.

About the Course

Navigators Prime will occur over 8 modules, spread over around 9 months. Each facilitated module will occur over a full weekend, with both the Friday and the Saturday being full programs of working through content and having experiential opportunities (See the Calendar for dates).

Between each module will be further work and responsibilities for participants to undergo supervised coaching from a Supervisor Coach who is accountable to the program. You will also get to coach and be coached by your fellow trainees to further enhance and concentrate your skills through immersion into the practice.

At later stages of the course, this coaching will extend to you taking on a number of volunteer clients, who are willing to have you practice on them in the development of your skills. They will also have an opportunity to deliver feedback on how effective your coaching was.

In addition to this, between the modules, will be homework and research projects designed to enhance and integrate your knowledge and skill base.

Finally, all participants will be supported to put together a professional Portfolio of their skills, toolkit, and practice areas. The Portfolio evolves to become one of your most powerful tools in your practice.



Aims and Outcomes

The Aim of Navigators Prime is to produce people who can proudly and confidently act as professional coaches. Professional coaches work with people on the issues that are important to them; supporting them to achieve whatever it is they want to achieve. In the process of doing this, there is an opportunity to create fundamental and agreed shifts for their clients in multiple areas of their lives. Simply, while they might get the things that they were after, clients may find that they get so much more in so many areas of their lives. Pervasive positive change and transformation.

Navigators Prime seeks to build an enormous toolkit for coaches. This makes them adaptable to dealing with endless situations for clients from all walks of life, and in all sorts of situations and circumstances. In addition it provides an opportunity to specialise into niches for dealing with certain issues that a coach may feel passionate about working with. This can also enhance and compliment existing professional skills sets. The course also seeks to address new and emerging issues such as the impact of social media into people's inner and social lives.

The intention of the course is to ground trainees deeply into ethical practice, realising how their unspoken agendas can have a profound impact on the process of coaching, particularly with highly vulnerable clients. With this awareness, to develop a practice that is transparent, accountable, and life-giving to your clients. In doing so, coaches will develop sterling reputations for their practice and effectiveness.

Participants will also go on a profoundly deep and personal journey of themselves to discover how they 'tick' and to clean up their own 'stuff'. The more of this 'stuff' that is cleaned up within themselves, the faster and easier they can 'see' what is going on for others, and more effectively address it. This in turn will lead your clients to get even bigger breakthroughs in their own life, even faster.

The course will also explore many of the mysteries of the human condition, and how our approach to these can help or hinder our ability to become 'self-actualised' and live our best possible life.

Exploring things such as beliefs and how they shape our perception of events, and in turn shape the very meaning we give to the events and circumstances of our lives. In understanding this comes the ability to unlock great transformative power.



Navigators Prime will be a deep, thorough, and intensive course that offers enormous opportunities for personal and professional development; whether working as a coach, or using the coaching skills to compliment other areas of professional working life, particularly related to working with the complexities of people, and get the best possible outcomes.

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Commitment

Participating in this course requires a great deal of commitment and dedication, as well as skilful planning around your (no doubt) already hectic lives. These are in itself, important skills for a coach to have and to embody.

Consider the workload listed above and consider how this would fit into and around your life, and what practical changes and supports you would need to take on such a course.

Further than this, because of the deeply interactive nature of this course, it is very important to have the Commitment to your fellow trainees. Together you will form a very tight and supportive community, with friendships and links that may last for many years. You may also find yourselves working for common purpose and cause into the future, and drawing on each other's expertise in different areas of specialisation.

Finally, there is a commitment to this work for yourself. Exploring deep into yourself, allowing yourself to be confronted at ever deepening levels can be quite challenging at times. To do this means to embrace change, which is not always a comfortable process. There will be times that it will feel easier to just quit than to stay the distance. It is really important to hang-on-in-there until completion. The course itself will support you to find this for yourself at an even deeper level than ever before.

Requirements

Estimated Hours

Facilitated Course Contact Time	120 Hours
Supervisor Coaching (Receiving)	15 Hours
Coaching Other Trainees (Giving)	25 Hours
Being Coached By Other Trainees (Receiving)	25 Hours
Volunteer Coaching (Giving)	15 Hours
Homework	25 Hours
Research and Presentation	10 Hours
Portfolio Development	25 Hours

Total: 260 Hours

What you will get Personally From Navigators Prime

- To go on a deep journey of understanding yourself, and who you are.
- To be more present so when the moment of opportunity arises, to seize it.
- To have more profound and intimate connection with the people you love.
- To enhance your successes and to clean up your sabotages in your life.
- To have a deep sense of integrity and wholeness in your life.
- To have courage and confidence to be able to step into the unknown and truly trust yourself.
- To become the kind of change you would want to see in the world.
- To build and be part of communities that give you a deep sense of belonging.
- To create better balance in your life, even when things get super crazy.
- To live a more fulfilling and satisfying life.
- To be able to become a master of conflict, turning tough moments into opportunities for deeper connection and mutual growth.
- To heal wounds and hurts in your life, and the behaviours you get from them as a result.
- To love yourself more deeply and beautifully than perhaps you had ever dreamed possible.
- To not have to just do life in your head, but to live life fully and authentically.
- To build great connections with people as you learn the skills of coaching, connections that may last a lifetime.
- To clean up your mental health because life can be so much better.
- To take on greater challenges with greater levels of fulfillment.
- To have powerful boundaries that let people know you mean business without hurting yourself or them in the process.

What you will get Professionally From Navigators Prime

- To learn the professional skills of coaching.
- To be able to take clients on a transformative journey to get the results they really want and deserve.
- To learn an enormous toolkit of powerful skills, tools and techniques for working with people.
- To understand how people really tick.
- To become a clean and powerful influencer.
- To work more effectively with people, and get better, smoother results.
- To become a masterful negotiator who can consistently create win / win outcomes.
- To be able to give and receive powerful feedback that you can turn into fuel to become even better at what you do.
- To make the tough calls when you need to, without destroying working connection.
- To understand how to be more ethical and get better results both in the short and longer term.
- To have standards in practice that develop your reputation for being the kind of person who can take a stand on the things that matter.
- To ask powerful and game-changing questions that can turn the tables on even the most impossible situations.
- To learn more advanced problem-solving techniques by thinking outside of the box.
- To get more satisfaction out of your working life.
- To develop a powerful mission that can change not just your life, but s many lives around you.
- To hold the kind of presence that captures attention.
- To deliver new levels of excellence in everything you do.
- To turn disasters into opportunities.

And so much more...



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Navigators Prime Content Overview

The course itself will cover a lot of territory. To give you some idea of the scope of the course and the content and key outcomes within it, the following lists what you can expect:



Module 1: First Things First and Foundations

We kick off in Module 1 with establishing what Coaching is all about, and the basics of working well with people. We ground everything we do in professionalism, and define it as being knowledgeable, ethical, and capable. We introduce the Coaching Model which will become a guide throughout the course, that is both so incredibly simple, yet can be used to tackle the most complex dilemmas. We explore how people tick, and about how to create extraordinary transformation in your own life and in the lives of others. We take skills of active listening and we take them to a whole new edge. We set up the frameworks to Coach people successfully.



Module 2: Engagement and Change

With the basics established we start to get into the serious business of creating change. We travel from the moment you first meet a Client, through the structure of coaching, and into taking them through into deep and transformative process work. We investigate story, breaking patterns and cycles, and open up new possibilities. We bring in the power of games and processes that can really shake things up. We introduce the Shadow Model, an extraordinarily powerful framework for unlocking potential and power, and create an understanding of behaviour, conflict, and shame. Then we finish all of this off with physical integration of the learning.



Module 3: Conflict and Boundaries

In Module 3 we explore one of the biggest challenges that people face and that is how we do conflict with other people, and discover the reasons that most people avoid it, and how to turn uncomfortable conflict into an exciting opportunity for everyone to get their needs met. Through this we will get to explore the use of props and tools, leading us in to doing Swordwork, and amazing way to teach people to have the most amazing and powerful boundaries in their life. We then delve deeper into boundaries and see what lies beneath this such as with love, compassion, and forgiveness. We then explore what it means to become a powerful negotiator.



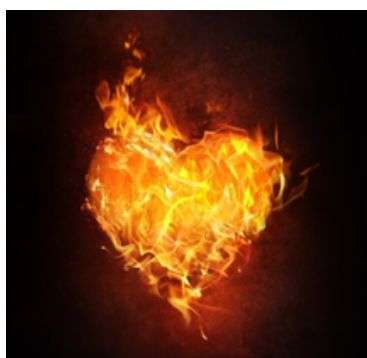
Module 4: Trust and Relationships

We complete the first half of the course content with exploring the dynamics of how relationships work, and how tangled up trust can become as a result of the experiences of our life. We then work to develop deeper levels of trust, and how this impacts on connection and belonging. We add to this by incorporating creating goals, being focused, taking action, and developing accountability for self and for others. Then we dive in again even deeper into the dynamics of relationship, the different forms of relationships in our lives, and a focus on romantic relationships and the transformative impact that they can have in our lives.



Module 5: Values and Identity

Now we turn the mirror back onto ourselves and start to face some of the big questions of: 'Who am I?' We will explore how we go about defining our identity, and all the problems that can be caused by simply believing that our identity is our past. Then we launch into making powerful and effective decision making that works in all areas of our life. Truly game-changing stuff. We go on a breathtaking journey into understanding what our Values are and how they impact in our lives, and what is required to clean them up in both who we are and what we do. We also delve into the power of archetypes, and of working with both grief & loss, and justice & fairness.



Module 6: Passion and Purpose

Next we go on a journey of exploring the bigger questions of passion and purpose in our lives; when are we just going through the motions, and when are we actually doing something truly meaningful with our time on this planet. We delve further into what having a deep and healthy sense of self-love is, and what it means to live 'on purpose'. What does it mean to live a life of integrity, of grace and honour, to have true freedom, to face down our fears with courage, and to recognise what we are truly capable of. We then return again to what a truly passionate relationship looks like, and how to reset and restore even the most tired and bruised relationships.



Module 7: Life Challenges and The Deep End

By the time we reach Module 7, you will be ready to face some of the real big stuff that happens in people's lives. We look head-on at some of the deepest and most defining patterns of our lives, and the challenges that can come from this. We look at how people can so often get caught in patterns that they don't understand, which can lead them into finding themselves into places of addiction, and mental health issues. We will confront trauma and abuse, how common it is, and how to work with them. More we look at ways to deal with these challenges which are both unconventional and effective, which can even take us to a place of achieving the impossible.



Module 8: Integration and Sharpening the Sword

After an epic journey through the course, we can now reflect on how far we have come, and then we start to lay out the road map into our professional future, rich with possibilities. We will understand what it means to have the sharpest of swords, able to cut through any situation. We will explore the evolution into mastery through the practice of synthesis. We will explore what setting up a coaching business is about, and wise ways to consider doing this. We will celebrate our freedom to break the shackles and to be able to express ourselves, and then to celebrate still further with a ceremony of recognition. We also gaze into the next rabbit hole...

About the Facilitator

The main facilitator and chief navigator for Navigators Prime is Paul Stewart.



Paul Stewart is a highly experienced professional coach with his business Compassion Coaching and has around a decade of experience in coaching. This includes having extensive experience in facilitation of coaching training and professional supervision of trainee and qualified coaches. He estimates having done over 10,000 hours of coaching with many hundreds of people from all walks of life, cultures, religions, goals, circumstances, crises, socio-economic backgrounds and getting consistently positive outcomes across the board.

Beyond this Paul has a bogglingly extensive background of experience and qualifications in fields of psychology, counselling, social work, teaching, training, facilitation, case management, direct care, child protection, youth work, crisis intervention, service coordination and management, volunteering, and a lot more besides. Paul knows and understands people and the situations they find themselves in; and what to do about it.

Paul is a generalist as a coach, but has developed particular love and specialisation in fields such as relationships, parenting, mental health, and personal effectiveness. He is also deeply passionate about the development of professional coaching as a discipline, defining the word professional as meaning both 'knowledgeable' and 'ethical'. Or in other words, not just having the knowledge, but knowing how to apply it in the most effective and positive way possible.

Paul is also the Founder and Practice Leader of the inSight Tribe movement, bringing people together in common purpose to stand by each other through hardship and victory as a means of holding each other accountable in their growth and development, and the building of communities of genuine caring. Paul has gathered an extraordinary band of skilled and caring coaches to this cause as part of the leadership team for inSight Tribe.

Paul has also had his fair share of personal and professional challenges over his lifetime, and understands what it is like to be seriously knocked down by life, and by what it takes to get up again.

Paul also has a reputation for making the tough calls, and a passion for the delicate and difficult situations that others tend to shy away from. He often reflects that he can stomp around where angels may fear to tread. Paul's personal framework is to meet people where they are at, not where you think they should be. The result is that he can have something of a reputation for being both a man of extraordinary compassion, and a monumental pain in the arse.

Paul has been married to the brilliant Tina (a professional powerhouse herself) for 10 years and together they share in the raising of their three spirited children, Caitlin, Alexander, and little Matthew.

Compatibilities

Navigators Prime has been developed to be in full alignment with the International Coach Federation (ICF) Code of Ethics and Core Competencies for Coaching. The ICF defines coaching as partnering with clients in a thought-provoking and creative process that inspires them to maximise their personal and professional potential. Navigators Prime seeks to further enhance and develop these ethical and competency areas to a level of great depth. For further information please visit: www.icfaustralaisa.com.

While the Navigators Prime course has been developed for anyone wanting to learn general and specialised coaching skills, it has also been developed for people wishing to deliver specialised care and community building work.

Specifically it has been designed to support coaches who are willing to work in fields of personal development and to be effective 'people helpers' through outreach, pastoral care, mentoring, and program development and delivery.

It has also been designed to support the skill base for people wanting to be coaching mentors for inSight Tribe and for Planet Personal Growth workshops such as Awakened Man and Awakened Woman. For more information please visit www.insighttribe.com and www.planetpersonalgrowth.com.

Participants in Navigators Prime are encouraged to investigate and become involved in these programs.



Cost of Course

\$12, 500 (including GST)

Please check the website or contact us for
Early-Bird Specials or Payment Plan Options.

The 2021 Navigators Prime Training Program

The dates for the next Navigators Prime Training Program are set as follows:

Module	Times	Dates	
Module 1	9:00 am – 6:30 pm	Friday	4th March 2022
	9:00 am – 6:30 pm	Saturday	5th March 2022
Module 2	9:00 am – 6:30 pm	Friday	18th March 2022
	9:00 am – 6:30 pm	Saturday	19th March 2022
Module 3	9:00 am – 6:30 pm	Friday	6th May 2022
	9:00 am – 6:30 pm	Saturday	7th May 2022
Module 4	9:00 am – 6:30 pm	Friday	20th May 2022
	9:00 am – 6:30 pm	Saturday	21st May 2022
Module 5	9:00 am – 6:30 pm	Friday	8th July 2022
	9:00 am – 6:30 pm	Saturday	9th July 2022
Module 6	9:00 am – 6:30 pm	Friday	26th August 2022
	9:00 am – 6:30 pm	Saturday	27th August 2022
Module 7	9:00 am – 6:30 pm	Friday	14th October 2022
	9:00 am – 6:30 pm	Saturday	15th October 2022
Module 8	9:00 am – 6:30 pm	Thursday	24th November 2022
	9:00 am – 6:30 pm	Friday	25th November 2022
	6:00pm - Too Late	Saturday	26th November 2022

*Dates may be subject to change if unforeseen circumstances eventuate.



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Location

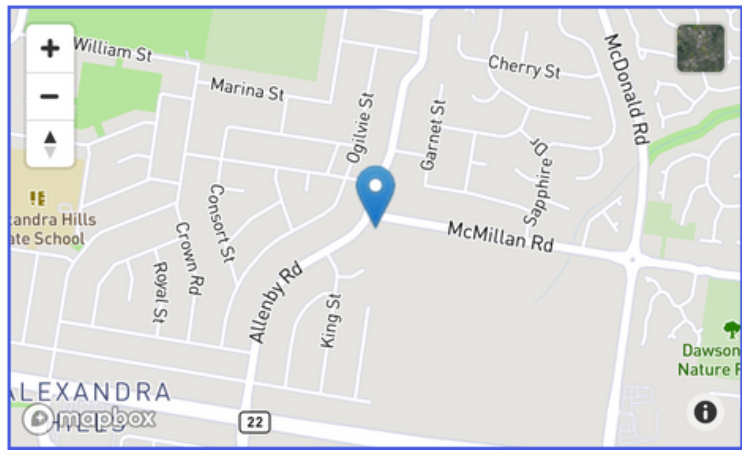
The training will take place at:

Churches of Christ Hall:

51 Allenby Road, Alexandra Hills.

Redland City. Queensland. Australia.

4161.



Certification

Two levels of certificates can be issued from this course.

The first level is a Participation Certificate which states what of the course you have actually participated in.

The second level is a Competency Certificate which shows that you have:

- Satisfactorily participated and completed all components of the course.
- Developed a comprehensive workable Portfolio.
- Demonstrated to the satisfaction of the Facilitator and Supervisor that you have a competent skill level for deliver Coaching.
- Demonstrated to the satisfaction of the Facilitator and Supervisor that you have a competent skill level for acting in an ethical and responsible manner with the delivery of Coaching.

After the Course...

After completion of Navigators Prime comes the ability to become part of the Navigators program supplying on an ongoing basis support, resources, supervision, training, and development for established coaches whether doing it as a people helper in outreach or as a professional coach having completed this or other coach training programs.

The Navigators course provides further, more specialised skill development in areas such as the development of your own business, professional peer-to-peer networking, training in areas of particular crisis issues, training in specialised areas, working under pressure, and so on.

Further Questions

If you have any further questions regarding the Navigators Prime training course then please contact Compassion Coaching Pty Ltd at the following:

If you have any further questions regarding the Navigators Prime training course then please contact Compassion Coaching Pty Ltd at the following:

Email: support@compassioncoaching.com.au

Phone: 0431 767 840

What To Do Next...

If you are interested in becoming involved and wish to take the next step, then please complete the attached Registration Form and submit it to support@compassioncoaching.com.au.



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What People Have Said About Navigators Prime

"Real next level stuff"

"I have a deeper awareness and understanding of myself going through this program. To be able to change and transform myself allows me to have the confidence in the tools and skills that I am being taught and bring them to my clients. I am learning to truly love, accept and trust myself. I am gaining more self agency and working towards greater interdependence in my life enriching all of my personal relationships.

Navigators Prime is far more than a professional coaching course that was to be a platform for me to launch my coaching business. It is connected community of wonderful inspiring people, both in the team and the students, who are all inviting me and challenging me to live my best life - personally and professionally. Navigators Prime is belonging to a community in which I am free to be authentically expressed." - Elissa

"I had done a similar course years ago and this course has so much more and teaches you how to coach. The content in the manuals is as if the information is coming straight out of Paul's harddrive in his head from years of experience in the field of psychology and personal development." - Deb

"Paul delivers the course with passion, integrity and such inspirational wisdom. The content is huge yet I feel it has been so carefully put together that I have already been able to digest, integrate and grasp so many concepts in great detail. I am really grateful and feel incredibly supported by the written material, I have no doubt I will continue to reference this closely throughout my coaching career." - Jane

"Just do it. If your life is not working out the way you want, dare to try something new. I invite you to start your new journey..." - Rob



*Transform a Life
Build a Community
Change the World*

www.compassioncoaching.com.au