

Dermal Fillers

PRE APPOINTMENT INSTRUCTIONS



Thank you for booking with B.A.O. Beauty! To ensure we can complete your treatment on the same day as your intake consult please take a moment to read the instructions below on how to prepare for your Dermal Filler Appointment!

- It is in your best interest to avoid blood thinners like alcohol, NSAIDS, high dose garlic, ginseng for 3 days before treatment to reduce the chance of bruising
- Please arrive a few minutes before your appointment to fill in your intake form
- If you are pregnant or breastfeeding you are not a candidate at this time and we can see you after!
- Ensure you eat and drink well the day of your appointment
- Schedule your social calendar accordingly as it is common to have bruising although it doesn't happen for everyone.
- Having some arnica tablets or cream at home can help with post injection swelling and bruising.

Do not hesitate to contact us with any questions or concerns related to your appointment. We look forward to seeing you soon

- The B.A.O. Team

QUESTIONS?
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