

Wrinkler Relaxers

POST CARE INSTRUCTIONS



Today you had treatment with neuromodulator injections (i.e Botox, Xeomin, Dysport, Nuceiva). The purified protein that causes muscle relaxation will begin to give you results you can feel and see in about 3 days with full effect at 2 weeks.

You may experience swelling, redness, itching or tenderness at the injection site, this will typically last less than a couple hours. Although rare, some patients may develop red or swollen bumps that may occur for 2-3 day. If you need to apply makeup within 4 hours of your treatment use gentle touch and avoid rubbing the areas.

To minimize your chances of a potential complication it is highly recommended that:

- 1.)** You should not lie down or bend over for at least 3 hours after treatment (for example, squat to tie shoelaces rather than bend over).
- 2.)** You should not massage or put pressure on the injected sites. This includes wearing a hat.
- 3.)** It is advised you not take Aspirin, Advil, Aleve, or Ibuprofen for 24 hours – it will increase your chances of bruising (take Tylenol if you experience a mild headache, which occasionally happens).
- 4.)** It is recommended that you “exercise” your facial muscles by making frowning and/or “raised brow” expressions often for several hours after treatment.
- 5.)** Refrain from strenuous physical activity, sauna, hottub, facial or alcohol on the day of treatment.
- 6.)** You will not look different tomorrow! Look forward to your results becoming visible in about 72 hrs. Full Result in 1-2 weeks.

- The B.A.O. Team

QUESTIONS?
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