



SSA Provincial Team Member Code of Conduct

I, _____
(Skater Name Printed)

A member of the Alberta Provincial Team representing Speed Skating Alberta;

Agree to follow and be bound by the principles set out below, to ensure that all speed skating competitions and team activities are conducted in a manner that are fair and respectful of others and promote excellence in speed skating.

1. This Alberta Provincial Team Member Code of Conduct shall be referred to throughout this document as the Code.
2. In reading this Code, I recognize that I may have separate behavioral, ethical and conduct obligations and expectations under the Speed Skating Canada Code of Conduct. I understand that my obligations under the Code, are in addition to and not subordinate to my obligations under the Speed Skating Canada Code of Conduct. To the extent that there are any inconsistencies between the Code and the Speed Skating Canada Code of Conduct in a given situation, the applicable provision or provisions of the Speed Skating Canada Code of Conduct shall prevail.

Application

I accept that I am bound by the provisions of the Alberta Provincial Team Member Code of Conduct, (the Code), and that it applies to the actions or omissions of all skaters who are members of the Alberta Provincial Team, the Alberta Development Team or who participate at any competition sanctioned by Speed Skating Alberta (SSA).

General Provisions

3. I agree that I am an ambassador for the sport of speed skating, Speed Skating Alberta, and my local club. I will conduct myself in a way that upholds both SSA's and all of my club's ethics, principles, responsibilities, and the spirit of speed skating when engaged in activities and events pertaining to our sport.
4. I will:
 - Display the values of sportsmanship to other athletes, volunteers, officials, coaches, and administrators.
 - Uphold the rules of speed skating and actively encourage others to do the same.
 - Show respect for coaches, volunteers, officials, administrators, parents, and other athletes.

- Participate and appear on-time and be prepared to participate to the best of my abilities in all competitions, practices, training sessions, tryouts, and events.
- Report any medical problems in a timely fashion, when such problems may limit my ability to travel, train, or compete.
- Refrain from the display of violence, foul language, or gestures to other athletes, officials, coaches, or spectators.
- Treat everyone fairly, regardless of race, national or ethnic origin, color, religion, age, sex, sexual orientation, gender identity, marital status, family status or disability.
- Uphold the values expressed in the Harassment Policy ([Policy No. SHE 200](#)) set forth by Speed Skating Canada and refrain from insulting, bullying, harassing, humiliating, or engaging in malicious or otherwise offensive behavior which creates an uncomfortable environment, or which might reasonably be expected to cause insecurity, offence, or humiliation.
- Abide by the provisions of the Universal Code of Conduct to Prevent and Address Maltreatment in Sport, ([UCCMS, version 5.1](#)). I understand that the Code will be interpreted in a fashion that is consistent with the values espoused in the UCCMS.
- When in public while representing either SSA or my local SSA-affiliated club, when dressed in elements of the applicable team or club uniform, I will:
 - Show politeness and general courtesy to all members of the public.
 - Report any breaches of the Code by other skaters so they can be handled appropriately by SSA.
 - Adhere to the rules of the competition or the training environment, including any rules and requirements regarding clothing, branding, sponsorship and equipment.

Use of Alcohol and Drugs

6. SSA strictly follows the Speed Skating Canada policy on the use of alcoholic beverages and banned or illegal substances. As such, I agree to be bound by the following:
 - a. I will not consume alcoholic beverages if I am not of the legal drinking age to do so in the location where the competition, training camp or other SSA event is being held.
 - b. I will not frequent a place in which only alcoholic beverages are served unless I am of legal drinking age.
 - i) If I am of legal drinking age, I will consult with my team coach or team leader where applicable, prior to consuming alcoholic beverages while participating as a member of an SSA sponsored competition, training camp or other SSA event. Notwithstanding this, I will not consume alcohol in rooms where the team is accommodated or provide alcohol to anyone under the legal drinking age.
7. I shall not knowingly use any banned or illegal drug or other substance, provide to others a banned or illegal drug or substance, or encourage the use of banned or illegal substances of any kind. I will also refrain from associating with any person who is coaching, training, competing, instructing, administering, managing training, or otherwise

involved in athletic development, who is serving a sanction involving a period of ineligibility imposed pursuant to the Canadian Anti-Doping Program and/or the World Anti-Doping Code and recognized by the Canadian Centre for Ethics in Sport

8. I will not smoke or vape any substance if I am under 18 years of age if the substance is legal in Canada. I will also not solicit others to provide me with any legal substance that I can smoke or vape if I am under 18 years of age.

Damage to Property

9. I acknowledge that I am responsible for knowingly damaging property of another skater, a speed skating club, a member of the public, sports venue, hotel, or other establishment when participating at a competition as a member of an SSA sponsored team or when participating at an SSA sanctioned competition. I also accept full responsibility for repairing the damage or replacing the damaged property, whichever is the most reasonable outcome in the circumstances, if I was responsible for causing such damage.

Consequences

10. I understand that if I breach any provisions of the Code or any of the other documents referred to in the Code, I may face discipline up to, and including, a lifetime ban from participating as a member of an SSA sponsored team or at any SSA sanctioned competitions or any lesser discipline which may be warranted in the circumstances of a specific case.
11. I confirm that I understand the provisions of The Code and agree to be bound by its terms. I confirm that I have been given the opportunity to ask any questions I have before being asked to sign this document and that I sign this document of my own free will.

Name of Skater: _____

Name of Parent or Legal Guardian if the skater is under the age of 18: _____

Signature: (over 18 or Legal Guardian) _____

Date: _____