



SCAI

Spiritual Care Assessment & Intervention

Spiritual Care Assessment and Intervention (SCAI) Framework

Date: _____ Time: _____ Hospital: _____ Unit: _____

Location of Visit: Patient room Waiting room Phone Other: _____

Initial Visit: Ask at least one question from **each** dimension.

Follow-up Visits: Ask at least one question from **any** dimension.

TIPS

- Questions can be asked in any order
- Dimensions can be addressed in any order
- It is appropriate to follow up after many of these questions by saying “Tell me more about that”
- It is appropriate to ask questions that are not in the SCAI framework, either to lead in to, or to follow up on a question from SCAI
- It is ok to carry the SCAI framework with you while visiting patients and families- data so far has suggested that having the questions with you is not disruptive to participants
- If a participant provides information that answers a question you have not asked, it is acceptable to consider that you have reviewed that dimension- however you may still ask additional questions from that dimension, if that seems like the most appropriate next step

I. Assessment Questions

- Dimension 1: Meaning and Purpose – Values, beliefs, understanding of life events, actions of God, others, and self**
 - 1. Tell me what this hospitalization (or illness) has been like for you.
 - 2. How do you make sense of what is going on right now?
 - 3. What is the most powerful or important thing in your life?
 - 4. What happens when you feel helpless?
 - 5. When life is hard, what do you depend on to keep going?
 - 6. What are your sources of strength?
 - 7. What role do your values and beliefs play in the decisions you are facing in the hospital?
 - 8. Are you facing any decisions right now?
 - 9. What is your purpose in life (right now)?
 - 10. What gives your life meaning?

- Dimension 2: Relationships – Connection to community, family, others, and God**
 - 1. Who is there for you at a time like this one? How are they important?
 - 2. How are you connected to others during this health crisis?
 - 3. Are you experiencing any changes in how you are connected to others?
 - 4. Are you troubled by conflict with anyone?
 - 5. Do you have support from a faith community?
 - 6. Do you have support outside of your family?
 - 7. Tell me about your experience with the health care team here in the hospital.
 - 8. Tell me about your relationship with God, a higher power, or the sacred.
 - 9. Who is your “go to” person?
 - 10. Do you have family nearby?
 - 11. Do you ever feel lonely?

- Dimension 3: Transcendence and Peace- Experience of the divine, ability to be centered and aware, and practices and behaviors that increase or decrease transcendence and peace**
 - 1. Are you at peace?
 - 2. How do you experience peace?
 - 3. What do you have faith in?
 - 4. Do you believe in a higher power, God, or the sacred?



- 5. Can I pray for you? How shall I pray for you?
- 6. Can you describe a time when you experienced peace?
- 7. What makes you feel peaceful or centered?
- 8. Tell me how you find balance in this situation.
- 9. What helps you when you need to calm down?
- 10. What is the hardest thing about this situation?

Dimension 4: Self-Worth and Identity- Sense of belonging, being loved, and capacity to be self-aware

- 1. What is weighing on you right now?
- 2. How do you feel about yourself?
- 3. How are you taking care of yourself right now?
- 4. Are there times you feel like you have to choose someone else over yourself?
- 5. How has the experience of this illness or hospitalization changed the way you feel about yourself (your sense of identity)?
- 6. Do you feel valued?
- 7. Everyone is known for something. What are you known for?
- 8. How are you handling this hospitalization?

II. Assessment Documentation

III. Content of Chaplain Response

IV. Interventions (Check all that apply)

- Prayer
- Reading the bible or other sacred text
- Faith affirmation
- Ritual or Sacrament
- Confession/amends
- Active Listening
- Non-Anxious Attending
- Acknowledge Emotions
- Explores behaviors that may be self-defeating or harmful
- Naming behaviors that are beneficial or healthy
- Life review
- Crisis/Trauma Care
- Spiritual Counseling
- Acknowledge grief
- Bereavement Support (after patient death)
- Provision of Religious/Spiritual resources
- Normalization
- Advance Care Planning
- Referral to member(s) of interdisciplinary team
- Facilitate communication with other clinicians
- Facilitate communication with family/friends
- Communicate with other clinicians about the patient or family
- Referral to other clergy/spiritual support
- Investigation of values
- Supportive touch
- Support medical decision making
- Other: _____

V. Outcomes

Meaning and Purpose

- Expresses greater clarity about the meaning of life
- Expresses greater clarity about the purpose of life
- Considers personal values when making decisions about medical care or other concerns
- Articulates a clearer understanding of how values and beliefs apply to the current situation
- Identifies spiritual strengths, resources, and/or coping skills
- Other: _____

Relationships

- Identifies or acknowledges a sense of community
- Identifies or acknowledges support from others
- Recognizes impact of his or her behavior on others and self
- Expresses remorse and/or forgiveness of another person
- Develops intention to affirm others
- Acknowledges lack of support or loneliness
- Recognizes value of his or her role as a family member
- Other: _____

Transcendence and Peace

- Expresses or articulates a connection to the divine
- Increases practices that foster connection with the divine or a sense of inner peace
- Expresses a greater sense of peace or acceptance
- Reflection or acceptance of loss and grief
- Other: _____

Self-Worth and Identity

- Demonstrates awareness of need for self-care
- Articulates stress on self
- Balances self-care with care and concern for others
- Acknowledges current abilities and limitations
- Acceptance of current abilities and limitations
- Forgives oneself
- Articulates sense of self
- Expresses sense of value or self-worth
- Other: _____