

Dimension 1: Meaning and Purpose

- Tell me what this hospitalization (or illness) has been like for you.
- How do you make sense of what is going on now?
- What is the most powerful or important thing in your life?
- What happens when you feel helpless?
- When life is hard, what do you depend on to keep you going?
- What are your sources of strength?
- What role do your values and beliefs play in the decisions you are facing in the hospital?
- Are you facing any decisions right now?
- What is your purpose in life (right now)?
- What gives your life meaning?



Dimension 2: Relationships

- Who is there for you at a time like this one? How are they important?
- How are you connected to others during this health crisis?
- Are you experiencing any changes in how you are connected to others?
- Are you troubled by conflict with anyone?
- Do you have support from a faith community?
- Do you have support outside of your family?
- Tell me about your experience with the health care team here in the hospital.
- Tell me about your relationship with God, a higher power, or the sacred.
- Who is your "go to" person?
- Do you have family nearby?
- Do you ever feel lonely?

Dimension 3: *Transcendence and Peace*

- Are you at peace?
- How do you experience peace?
- What do you have faith in?
- Do you believe in a higher power, God, or the sacred?
- Can I pray for you? How shall I pray for you?
- Can you describe a time when you experienced peace?
- What makes you feel peaceful or centered?
- Tell me how you find balance in this situation.
- What helps you when you need to calm down?
- What is the hardest thing about this situation?

Dimension 4: *Self-Worth and Identity*

- What is weighing on you right now?
- How do you feel about yourself?
- How are you taking care of yourself right now?
- Are there times you feel like you have to choose someone else over yourself?
- How has the experience of this illness or hospitalization changed the way you feel about yourself (your sense of identity)?
- Do you feel valued?
- Everyone is known for something. What are you known for?
- How are you handling this hospitalization

*The Chaplain Family Project Randomized Controlled Trial
Spiritual Care Assessment and Intervention Framework
Version 2018 07 11*