



MISSION HOUSE MANUAL

Welcome

First and foremost, it is important that you understand that you are very welcome here.

For the next nine months, this will be your home and we as a community are delighted to welcome you. In this short document, you will find the basic history and structure of the Craig Lodge Community and Mission House. We pray that these nine months are a source of great grace for you and we believe that you will be a great source of grace for us.

Craig Lodge Community

During the course of the nine months spent at Craig Lodge Mission House, each missionary will participate in the life of Craig Lodge Community. This is the life of a family, full of its joys and struggles. The Mission House is a fruit of this community and its unique character is derived from the specific calling of this community.

Craig Lodge Community began its life with a family's pilgrimage to Medjugorje. In that place, the family experienced a renewal of their Catholic faith and a strong desire to respond to the Lord's call to holiness. This response to the call to holiness is the bedrock of the community and therefore the Mission House; it shapes all that is done in this place. Each missionary who decides to participate in the Mission House will be welcomed into the life of the community, as they continue to strive, little by little, towards an authentic life of holiness.

The Mission House

Craig Lodge Mission House has three pillars:

- Prayer
- Community
- Apostolic Activity

At the heart of the Mission School is the person of Jesus Christ, present in the Blessed Sacrament. The missionary's daily life will be oriented around Him. With a structured life of prayer including the Divine Office, rosary, Eucharistic adoration and celebration of the Holy Mass, each missionary will be rooted in an intimate, personal relationship with the Lord.

The communal dimension of the year will allow each missionary the opportunity to build bonds of friendship that will last a lifetime, whilst experiencing the Gospel dynamic of living in common. This common living will assist a genuine growth, both in human and spiritual development. Living and working together each missionary will experience the joy of having others alongside themselves who desire the Kingdom of God above all else and are able to encourage one another on the path to holiness.

With deep roots in their life of prayer and the strength and confidence gained from living in community, the missionary will go out to proclaim the good news. Going out from the mission house to the streets, high schools, parishes and wherever the Lord calls, each missionary will have the opportunity, first-hand, to experience proclaiming the Kingdom of God and setting the captive free.

Study of the richness of the Catholic faith will also play a key role in the missionary's year. This study, however, will not be only intellectual: the curriculum is aimed at equipping each missionary with both the knowledge and the ability to minister God's grace to others. The classroom will be a place for intellectual formation and hands-on ministering opportunities.

Service is an essential part of any missionary calling. Jesus calls his disciples to take the lowest place. For this reason, the daily tasks of service are an essential

part of the mission house year. The missionaries to be formed in this mission house are ones that understand the privilege of serving those around them.

Worship is an integral part of the life of this community and mission house. This worship is centred on the person of Jesus, present in the Blessed Sacrament.

During their time at the Mission House, each missionary will have the opportunity to cultivate a culture of worship and a renewed sense of awe and wonder towards the richness of the sacramental life.

Our Blessed Mother stands alongside her Son at the heart of the Mission House and each missionary is invited to foster a renewed and increased devotion to her maternal care and intercession in their day to lives.

The Daily Schedule

Each missionary commits to living the daily schedule of the Mission House. Prayer is at the heart of each day in the Mission House and will become the bedrock of each missionary's relationship with the Lord. The schedule shown is the normal Monday to Friday timetable for each missionary. Due to the nature of the Mission House, alterations may be made at short notice. The Mission House team will keep each missionary informed of any changes to the schedule.

Saturdays are free days and the missionaries are encouraged to use this time to explore the beautiful surroundings. Provisions for travel can be arranged with the Mission House team.

Sunday is the high point of the week and is a day of special communal festivity.

Meals play a special role in the Mission House, as in any family, and are eaten in common.

Daily Schedule

<i>7:30 am</i>	Morning Prayer & Rosary
<i>9:00 am</i>	Class
<i>10:00am</i>	Coffee Break
<i>10:30am</i>	Class
<i>11:30am</i>	Prep for Mass
<i>12:00pm</i>	Holy Mass
<i>1:00 pm</i>	Lunch
<i>1:45 pm</i>	Walk
<i>2:15 pm</i>	Adoration
<i>3:15 pm</i>	Service
<i>5:00 pm</i>	Evening Prayer & Rosary
<i>6:00 pm</i>	Dinner
<i>7:00 pm</i>	Community Time (Wednesday – praise and worship)
<i>9:30 pm</i>	Night Prayer (respectful silence)
<i>10:00pm</i>	Bed

The Curriculum

- Study of the Catechism of the Catholic Church, Sacred Scripture and worship formation will be ongoing throughout the year

September - Identity

- Welcome to Craig Lodge Mission House. History of Craig Lodge.
- The Kerygma – The God who loves you, the God who forgives you and the God who heals you
- Who is God & who am I? – A Catholic understanding of personal identity in Christ.
- Ministering towards a release of baptismal identity.

October - Healing & evangelisation

- The role of Healing in Jesus' Public Ministry
- Evangelization and the Holy Spirit
- Catholic Understanding of Healing & Suffering
- Catholic History/Teaching of mission

November - The spiritual life

- Understanding the spiritual journey in light of the saints and doctors of the Church

December - Hearing god & the prophetic

- Ignatian discernment of spirits
- A Catholic understanding of prophecy and a practical guide

- Prophecy in personal prayer

January - The emotional life

- A study of the emotions in light of St. Thomas Aquinas

February - Inner healing & freedom

- Formation in how to bring others to a place of freedom
- Ministering to those who are bound in any way

March - Apostolic evangelization

- A study of the early Church and how she spread the Gospel

April - Leadership formation

- Understanding leadership in the light of Christ

May - Stronghold

- Preparation for Stronghold Festival
- Delivering the Stronghold Festival

June - Wrap up and send out

- Commissioning celebrations

Personal Prayer and Study

Each missionary is encouraged to foster a personal prayer life. Precedence is given to the common times of prayer, but each missionary is encouraged to find times when they can be alone with the Lord.

Study will be a significant part of the life of each missionary's year. Precedence is given to the Mission House curriculum and any additional reading material that is required.

Ministry Opportunities

During the nine months at the Mission House, each missionary will be involved in the running of in-house retreats and outward focused missions. Three of the main mission areas of the missionaries are:

Our Daily Bread

Our Daily Bread is a Holy Spirit initiative that combines the charisms of Mary's Meals and Craig Lodge. This incredible movement endeavours to reach the high school students involved in the work of Mary's Meals and offer them an opportunity to experience the love of God for them.

The missionaries will play a key role in initiating, maintaining and developing relationships with schools across Scotland, offering students the opportunity to come on retreat. They will engage in school visits before and after the retreats, while also taking a lead role in the running of these days of retreat.

Stronghold

Stronghold is the largest Catholic youth festival in Scotland and is growing every year, alongside the annual festival are the monthly prayer nights held in Glasgow.

The missionaries will play a lead role in running the festival and ministering at the prayer nights.

Family Retreats

Craig Lodge Mission House believes deeply in the important role of the family and strives to help and encourage families by offering times of retreat. During these retreats, each missionary will play a key role in welcoming families and ministering to them, helping to encourage them in their vocation.

Pastoral Care

Each missionary will be accompanied by the Mission House pastoral team. \upon arrival, a “guardian angel” will be assigned to each missionary and will meet every with them every two weeks for pastoral care.

Holidays

Each missionary will have two weeks of holidays over the Christmas period and a week after Easter. The missionaries will be able to attend weddings/funerals of family members; this will be arranged with the Mission House team.