

**Erik Anderson, LMSW, CAADC, CCTP-II**

Curriculum Vitae

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## EDUCATION

**Master of Social Work**, Wayne State University, Detroit, Michigan

Graduated: May 2013; *Phi Alpha National Honor Society*

**Bachelor of Arts**, University of Michigan, Ann Arbor, Michigan

Graduated: 2010; Concentration: Philosophy

## EMPLOYMENT

**University of Michigan**, Ann Arbor, MI, 2016-Present

**Faculty and Staff Counselor**, Office of Counseling and Workplace Resilience, June 2019-Present

*Provide individual and couples counseling to Michigan Medicine Faculty and Staff within a brief therapy model; Conduct walk-in initial interviews and referral/care coordination; Individual and group crisis assessment and debriefs; Create and deliver psychoeducational programming to departments/units within Michigan Medicine.*

**Embedded Counselor**, Counseling and Psychological Services (CAPS), October 2016 – June 2019

*Provide individual and group counseling to students; Conduct walk-in initial interviews and referral coordination; Crisis assessment and intervention; Serve as a dedicated embedded counselor to the students of the school of engineering, providing on-site mental health services; Provide training seminars to agency psychology and social work trainees; Provide individual clinical supervision to post-MSW fellows; Develop and implement outreach programming to college of engineering students; Participate in various work groups and search committees.*

**Erik Anderson Counseling & Consulting PLLC**, Ann Arbor, MI

Psychotherapist/Founder, November 2021- Present

*Provide experiential individual psychotherapy to adults. Facilitation EMDRIA approved professional consultation groups with clinicians seeking certification in EMDR.*

**Eastern Michigan University**, Ypsilanti, MI

Part-Time Lecturer, December 2015 – Present

*Instruct undergraduate and graduate courses in interpersonal social work practice; Develop class materials, lectures, class assignments, and examinations; Evaluate students performance and assign grades.*

*Courses Taught:*

*SWRK 317 - Foundations of Social Work Practice,*

*SWRK 318 - Practice I - Skill Integration Seminar,*

*SWRK 653 - Dynamics and Practice: Chemical Dependency Services*

*SWRK 573- SWKE 573 Child Welfare, Substance Abuse and Addiction*

**EMDR Resource Center of Michigan, Ann Arbor, MI**

Training Assistant, April 2018-January 2021

*Participate in instruction, facilitation of practicum, and case consultation for clinicians enrolled in EMDRIA approved EMDR basic training.*

**Dawn Farm, Ann Arbor, MI**

Outpatient Therapist, May 2013-October 2016

*Provided individual trauma therapy to adult and adolescent clients; facilitated adult process, DBT & 12 step skills groups; completed biopsychosocial assessments, diagnosed and made ASAM level of care recommendations for adult clients with substance use disorders; provided field instruction for BSW & MSW interns; coordinated, planned and implemented DBT & 12 step curriculum for adult skills groups. Awarded employee of the month – February 2014, December 2014, March 2015, April 2016*

**Digital Carmel, Carmel-by-the-Sea, California**

Senior Partner & Web Developer, November 2004-September 2009

**Global Vision Internet Service Provider, Detroit, MI**

Web Designer, June 2000-July 2003

**SELECTED TRAINER ROLES & INVITED TALKS**

**Assistant Trainer, IFS Self & System Two day experiential, Online , January 2021**

**Assistant Trainer, EMDR Basic Training, Ann Arbor MI, April 2018, May 2019**

**Presenter, Vicarious Trauma, University of Michigan Center for Socially Engaged Design, Ann Arbor MI, June 2018**

**Presenter, Relapse prevention: Gorski to behavioral economic Dawn Farm Education Series, Ann Arbor MI, Dates: June 2019, February 2018, February 2017, February, 2016, December 2015, June 2015, June 2014**

**Presenter**, *Overcoming Perfectionism*, University of Michigan College of Engineering, Ann Arbor MI, December 2017

**Presenter**, *Secondary Trauma Coping Strategies*, University of Michigan Center for Socially Engaged Design, Ann Arbor MI, June 2017

**Guest Lecturer**, *Trauma and Addiction Treatment*, Eastern Michigan University, Social Work 680, June 2016

**Presenter**, *Relapse prevention: from Gorski to behavioral economics*, MAADAC Spring Conference, Plymouth MI, May 2016

**Presenter**, *Relapse prevention: from Gorski to behavioral economics*, NASW-Michigan Annual Conference, Lansing, MI, March 2016

**Workshop Presenter**, *Behavioral Chain Analysis and Relapse Prevention*, Ann Arbor, MI, November 2015

**Workshop Presenter**, *DBT-Interpersonal Effectiveness in SUD Treatment*, Ann Arbor, MI, August 2015

**Guest Lecturer**, *EMDR*, at Eastern Michigan University, Social Work 680, July 2015

**Workshop Presenter**, *DBT-Emotion Regulation in Addiction Treatment*, Ann Arbor, MI, June 2015

**Workshop Presenter**, *DBT-Distress Tolerance in Addiction Treatment*, Ann Arbor, MI, April 2015

**Workshop Presenter**, *DBT-Mindfulness in Addiction Treatment*, Ann Arbor, MI, February 2015

**Guest Lecturer**, *Recovery Maintenance Interventions*, at Eastern Michigan University, Social Work 653, November 2014

**Workshop Presenter**, *DBT-Interpersonal Effectiveness in Addiction Treatment*, Ann Arbor, MI, October 2014

## **SELECTED PROFESSIONAL AND EDUCATIONAL TRAINING**

**Gottman Method for Couples Therapy Level 1 & Level 2**, Ann Arbor, August 2019, October 2019

**Accelerated Experiential Dynamic Psychotherapy (AEDP) Immersion & ES 1**, August 2018, June 2020

**Internal Family Systems (IFS) Level 2 Training**, Evanston IL, March 2018

**Internal Family Systems (IFS) Level 1 Training**, Evanston IL, October 2016- June 2017

**Advanced EMDR Trainings including:** Recent Events, Groups protocol, Attachment Traumas, Ego States/Parts work, Dissociative Disorders, Performance Enhancement, Substance Use Disorders, Various venues, 2015-2020

**EMDR Institute Basic Training**, Ann Arbor MI, April 2014-June 2014

**Oakdale Recovery Center**, Clinical Social Work Intern, Canton MI, September 2012-April 2013

**KIDDS (Kids with Intellectual or Developmental Disabilities)**, Clinical Social Work Intern, Detroit MI, January 2012-May 2012

**Integrative Counseling Services**, Clinical Social Work Intern, Warren MI, September 2011-December 2011

## PROFESSIONAL VOLUNTEER EXPERIENCE

**Dawn Farm**, Volunteer Trauma Clinician, *Provide trauma therapy to agency clients with co-occurring trauma and addiction*, October 2016 - Present

**IC&RC**, Subject Matter Expert, *Develop test questions for AADC Practice exam*, October 2015 - Present

**EMDR Humanitarian Assistance Programs**, Volunteer Trauma Clinician, February 2015-Present

**Diabetes Education Wellness Clinic**, Volunteer Case Manager, Detroit, MI, May 2012-August 2012

**Brighton Center for Recovery**, Admissions Volunteer, Brighton, MI, December 2010-May 2011

## PROFESSIONAL ORGANIZATIONAL AFFILIATIONS

**Member**, National Association of Social Workers

**Member**, EMDR International Association

**Member**, AEDP Institute

**Member**, International Association of Trauma Professionals

## CERTIFICATIONS AND LICENSES

**Licensed Master Social Worker-Clinical**, Michigan Department of Community Health

Board of Social Work, License #[6801095470](#)

**Certified Advanced Alcohol and Drug Counselor**, Michigan Board of Addiction Professionals, Certification #[C-02920](#)

**Certified EMDR Clinician**, EMDRIA, <http://www.emdria.org/member/erikanderson>

**EMDR Approved Consultant**, EMDRIA, <http://www.emdria.org/member/erikanderson>

**Certified Clinical Trauma Professional Level 2 (CCTP-II)**, International Associations of Trauma Professionals