

## Coaching Skills for Supervisors

*Coaching is unlocking people's potential to maximize their own performance.  
It is more often helping them to learn rather than teaching them.*

- John Whitmore, founder of the GROW model of coaching.

Enabling Supervisors and Managers with coaching skills to develop their staff is a key element to building a coaching culture. Our experienced Facilitators are Coaches themselves, and work with your Supervisors to develop the skills and posture needed to spot 'coaching moments' and deliver coaching conversations effectively.

This course can be delivered in-person, or digitally. The programme includes 3 x 2 hour sessions and experiential 'shadow coaching' exercises to compound practical coaching skills in between workshops. The learning journey is delivered via BOLDLY, our coaching and careers platform, to enable ongoing discussion, pre- and post-work and reflection, and file share. BOLDLY supports your Supervisors to embed their coaching approach in a dedicated digital environment, with ongoing access to coaching tools, resources, and best practices for 12 months post completion of the workshop.

Course content is designed in English, however our Facilitators can deliver in a variety of languages to ensure a comprehensive knowledge transfer to your Supervisors. Course content can be adjusted to focus on early careers, female leaders, parents, secondees, or specific demographic groups to meet the needs of your business.

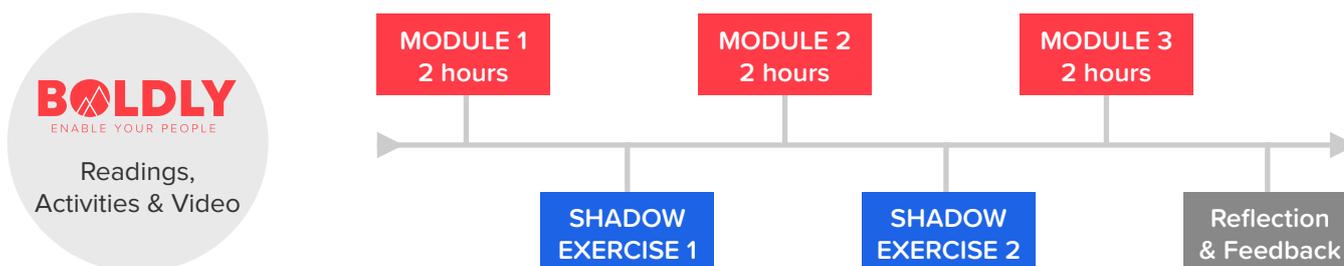
Our clients have seen up-take in external coaching engagements as a result of these courses, as Supervisors are not only able to deliver a coaching style to their staff, but they also recognise and are better able to collaborate with external Professional Coaches where relevant, to deliver staff engagement and performance.

Recommended maximum 12 participants per cohort.

### Programme Agenda

- Coaching Defined
- The Role of the Supervisor
- The GROW Model
- How Careers Work
- Skills
  - Powerful questioning
  - Coaching mindset
  - Effective listening

### Programme Experience



### Contact

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