



Smiling Spirit Pathways
122 N. Salem St. Suite 201N,
Apex, NC 27502

RATES & SERVICES

Smiling Spirit Pathways Insurance Practices

Each clinician in our practice sets their own rates and insurance participation panel. Lizzie, Lara, and Liz currently accept only BCBS State Plan. Cherie is currently not accepting BCBS. Please discuss rates with each clinician individually.

Intake Appointment

90-180 minutes

\$195 Adult or Child Intake Appointment

ADULTS: Our first session is a special time as it is the first step on your pathway to wellness. It will take a bit longer so we can spend time getting to know one another and gather information on multiple realms of functioning and health.

CHILDREN: For a child, here is where we gather a detailed history with parents/caregivers, and begin comprehensive evaluation on the issues you bring to my attention. This can include trauma assessments, attachment assessments, depression screenings, and much more. This is typically done over three full one hour sessions.

Individual Adult / Child Therapy

\$70-\$80 per 30 minute session

\$165 per 60 minute session

\$60 per 60 minute group session

At Smiling Spirit Pathways, we don't believe in the "50 minute hour". You will receive a full 60 minutes of therapy for every session hour, without higher rates. Clinicians in the practice will have different rates based on position in the practice, role, and experience. You will be advised as to your clinician's rates when choosing a provider at the Center.

ADD-ON Services

For any additional face to face meetings with school personnel, parent coordinators, or other care providers, a fee will be assessed. The rate is pro-rated at an hourly rate of \$150 and will include travel to and from the location. Phone calls are assessed in 15 minute increments.



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Fees for Forms & Letter Requests

From time to time, letters are requested for disability, schools, court, parenting coordinators or other such needs. A checklist form provided by you is assessed at \$50. Any prepared letters requiring narratives for other purposes are assessed at \$150 per letter for up to 2 pages. There is an additional fee for greater than 2 pages. For more detailed assessments, please speak with Smiling Spirit Pathways.

Generational Healing for Families

3 Sessions: 2 hours each \$990

5 Sessions: 2 hours each \$1650

Generational Healing is a unique and specialized service designed to help adult parents and adult children release, repair, and restore wounded relationships. It is typically a service that families already involved in a healing process at the Center add on to deepen their healing experience and strengthen individual and relational resilience.

Speaking engagements, workshops, trainings, presentations

Cherie is a dynamic, sought after speaker, facilitator and trainer. She has been invited and provided several Keynote Presentations over the past several years, as well as Community Featured Presenter workshops. Please contact her for rates and availability at cherie@smilingspiritpathways.com.

LEGAL FEES DISCLOSURE

Please be advised that this agency has a Legal Fees Policy for any legal or court related involvement with your case. These include a base retainer fee, all time spent preparing records, responding to subpoenas and more. If legal involvement evolves, the Center will provide you with our fee disclosure form. These are non-negotiable.

Testimony for Divorce, Custody, and Visitation/Parental Access ***

[Smiling Spirit Pathways does NOT participate in custody hearings, custody/access disputes, visitation, or divorce proceedings.](#) These matters are not within our scope of practice. Please contact a Parent Coordinator or another neutral party to assist you in this matter. The Center has an excellent referral source should you need forensic mental health assistance.