

LYMPHATIC THERAPY

About

LYMPHATIC THERAPY is a tightening treatment mask for clinic and salon use. It's designed to work with your circulatory system - an often overlooked, but vital component of optimal skin health. This organ system is responsible for removing waste via our lymphatics, and nourishing our cells and tissues via our blood supply. These systems always work together, taking and giving, maintaining homeostasis.

The circulatory system plays a key role in a holistic approach to skin

health.

When our blood circulates around our body it provides <u>nutrients</u> (such as amino acids), <u>water</u> and <u>oxygen</u> to our cells and tissues. However during the capillary fluid exchange (where water, amino acids, and oxygen cross the capillary wall into the extracellular fluid), fluids don't travel very far into the surrounding tissue, and even less when there are roadblocks. Which is why there needs to be a 'clear road', free from debris, so that these nutrients can get to their target. This is why lymphatic drainage is important to the health of your skin!

It's not only what goes into the body, it's what goes into the cell.

Just because you have oxygen, nutrients and water in your body, that doesn't mean they are reaching the cell. You need supply AND you need drainage before supply.

Lymphatic Therapy works by applying transient pressure to the skin to assist with activating these processes, creating a clean environment for cells to flourish in and feeding the cells fresh oxygenated and nutrient rich blood.

Lymphatic Therapy is indicated for maintaining skin health, as part of a skin health pathway, or as pre and post support to advanced skin rejuvenation - creating a healthy responsive skin, and assisting with healing and recovery.



Hero Ingredients

As if this treatment wasn't amazing enough on its own, here's what we are also feeding the skin. A happy and healthy plate of skin loving ingredients, featuring a selection of native Australian botanicals. Ps we could go on and on about these ingredients, so please feel free to do your own research and sing all their praises!

Amino Acids - Lysine and Glycine

They work in the body with other nutrients as a "building blocks". Lysine plays a key role in collagen synthesis, improving the appearance of lines and wrinkles and Glycine may help to repair damaged tissue and to promote healing.

Kakadu Plum Extract

Contains the highest known concentration of Vitamin C of any single natural food source in the world making it an excellent antioxidant. Indigenous Australians have used this plant extensively for its traditional healing properties.

Davidson Plum Extract

Includes powerful compounds
Tartaric Acid, Gallic Acid, Quercetin,
and Anthocyanin delivering natural
solutions to premature ageing, by reducing
UV damage, brightening, and collagen support, and
is also anti-inflammatory and anti-acne.

Tasmanian Pepper Leaf Extract

Protect and calm reactive skin. Inhibits the skin discomfort sensor TRPV1 activity and reduces inflammation markers.

Aloe Vera Powder (Organic)

Contains anti-inflammatory properties to reduce swelling and calm itchy skin conditions. It contains a high source of antioxidants with moisturising abilities to soften and nourish aged or damaged skin.

Liquorice Extract

Contains 8 powerful phytoactives that offer skin brightening and supports the antioxidant action of Vitamin C.

Chamomile Extract

Has many powerful skin properties such as antiinflammatory, anti-fungal, and antibacterial.

Calendula (Marigold) Extract

Promotes wound healing while reducing inflammation and contains antiseptic properties, which are helpful for treating wounds and preventing acne.

Superoxide Dismutase

Topical SOD has been shown to decrease MDA formation and protects cell membranes as well as protecting against fragmentation from free radical damage to Type I Collagen.

Botanical Superior Cellular Extraction

Biomimicry is used to deliver the first 'True to Nature' botanical extracts, delivering the full plant profile of water-soluble phyto-actives, as they exist in nature – potent, active, synergistic and bio-available. Naturally multifunctional and potent.

Our Ethics Policy

Our tightening mask contains albumen which is derived from egg. Whilst this treatment is not suitable for vegans, we are pleased to note that we pay extra to ensure this ingredient is free range.

We will also never sell our products to countries or third parties with the knowledge that it will be tested on animals. We don't believe in being complicit to a practice we are strongly against.

