

MATEUSZ SZABLAN

KEY PROFESSIONAL SKILLS

- Multi-Lingual
- Good knowledge of relevant statute and regulations
- Superlative presentation skills
- Exceptional motivator and trainer
- Excellent written & verbal communication
- Adaptable & flexible thinker
- Educated in Electrical Engineering
- Bespoke Method Statements with 3D Modelling

Experience Timeline:

Perses Ltd - Role: Health and Safety Advisor. (2015 – Present)

Providing occupational health and safety advice, and environmental advice to a wide spectrum of clients, ranging from silver smiths to scrap metal merchants, from demolition works to cater hire, from waste transfer stations to painting and decorators.

Predominantly based at the St James Centre demolition contract in Edinburgh since March June 2016, taking the role of a full-time on-site Health and Safety advisor, carrying out safety audits and safety inspections on others site upon the clients request as well as teaching courses under Stephen McCann guidance (Asbestos Awareness's, Working at height, Banksman).

On the completion of this major project and becoming an approved NDTG trainer, I have been teaching listed courses across the U.K. and Northern Ireland (CCDO Competence Card Qualification, Asbestos Awareness and Demolition Safety Awareness, Non-Licensed Asbestos Removal, Working at Height, Fire Marshall, Manual Handling, Harness Inspection, Mounting Abrasive Wheels, Vehicle Banksman). During this period of time I have been qualified in the use of Auto-stem Rock Breaking cartridges and trained by an Fit2Fit accredited body to undertake RPE Face Fitting. I had also formed part of the team undertaking the demolition, by the use of explosive, of Greenock Cranes.

Other sites include:

- Queen Street Station, Glasgow – On-Site Site Safety Advisor
- King's Stables Road, Edinburgh – On-Site Site Safety Advisor
- City Campus, Glasgow – On-Site Site Safety Advisor
- Western Infirmary, Glasgow – Periodical attendance to assure safe environment and working practices.

Forth Demolition LTD. – Demolition Operative (2013 – 2015)

Taking the role of demolition operative, carrying out all the required tasks including hand operated power tools, hot-works, learning to operate small plant and machinery, soft strips, and hand labour activities.

Edinburgh College – Electrical Engineering (2010-2013)

Attending one of the Edinburgh College Campuses, the Midlothian Campus. Through the years of study, I have gained knowledge in various grounds which includes but it's not limited to: Analogue Digital Electronics, MCU Processing, Electrical Theory, Energy Systems, Digital and Software Designs.

Personal Profile:

I'm an easy going and a friendly person with a passion for the health and safety sector. In my spare time, I like to be active and I enjoy all types of team and individual sports. I'm an active martial artist (Currently a holder of 1st Dan in Kyokushin-kan karate) and I have been practicing since the age of 11, currently I am instructor and I have participated in national and international tournaments, seminars and camps. I was born in Poland in 1995 and I have immigrated to Edinburgh, Scotland with the family in 2008. I then began my education in Broughton High School and went on to Edinburgh College to study Electrical Engineering.