



**UK Medical Freedom**  
ALLIANCE

# Post-COVID-19 Vaccination Leaflet

## “Recognise & Report”

This is a supplementary information leaflet about the COVID-19 vaccination that you have recently received. Please make sure you have carefully read the NHS leaflet you were given and that you keep your proof of vaccination card somewhere safe.

### Your COVID-19 vaccine.

You have received one of the COVID-19 vaccines approved under the MHRA's Authorisation for Temporary Supply. At present, these are made by Pfizer/BioNTech and AstraZeneca/Oxford. The Moderna vaccine is not yet available (27/02/21).

### Will the vaccine protect me?

As explained in the NHS leaflet, it is not yet known whether your vaccination can stop you from contracting COVID-19 yourself or transmitting the illness to those you come in contact with.

In addition, there is some evidence in the trial data that your vaccination may potentially make you more susceptible to other infections in the short term, due to a suppression of some of your immune cells.

For this reason, you may choose to self-isolate for a period of time, as stated in the government guidelines for a COVID-19 infection. Plenty of rest, fluids and healthy eating will help keep you well, as will laughter and a good mood. If you are able to take vitamins C and D, and zinc, these will help support your immune system and may also help reduce your risk of respiratory infections.

### What am I allowed to do now?

As stated in the NHS leaflet, the government advice is that you must continue to abide by the current government guidelines.

### What are the potential side effects?

The known potential side effects are listed in the product information for each of the vaccines. As these vaccines have only recently been developed, any known effects so far are only short-term.

Not all short-term side effects are known, and no medium- or long-term side effects have had time to emerge yet.

*“Yellow Card reports remain under continual review...to identify any potential new risks.”*

REF: Paper provided by MHRA for Joint Committee on Vaccination and Immunisation February 2019: VACCINE ASSOCIATED SUSPECTED ADVERSE REACTIONS REPORTED VIA THE YELLOW CARD SCHEME DURING 2018

## What if I don't feel well?

Following vaccination, if you experience any new health conditions or symptoms that prevent you from living life as usual, or require medical advice, please report this to the Government Yellow Card Scheme (link below). You can make more than one report. You do not need a nurse or doctor to do this. You, a member of your family or anyone you assign can do this. We encourage you to report all adverse events from mild symptoms to more serious events. Grade 3 adverse events are classified as any event that stops you from carrying out your daily activities, with Grade 4 requiring hospitalisation. These should always be reported.

To help with safety analysis of the Covid-19 vaccines, and the safety of future recipients, it is vital that all adverse events are recorded. This will enable the vaccine manufacturers and regulators to ensure improved vaccine safety for everyone.

#### There are two places to make a report:

The Government Agency, MHRA, Coronavirus Yellow Card reporting site: "Report suspected side effects to medicines, vaccines or medical devices and diagnostic adverse incidents used in coronavirus treatment to the Medicines and Healthcare products Regulatory Agency to ensure safe and effective use"

<https://coronavirus-yellowcard.mhra.gov.uk>

#### and:

The COVID-19 Vaccine Experience Survey:

<https://www.ukmedfreedom.org/resources/covid-19-vaccine-info#Vaccine-Experience-Survey>

## Where can I get help if I need it?

If you experience any side effect, and it is an emergency, please call 999.

For medical advice, please call your GP or 111.

In either case, it is important that your GP is notified as they are best informed about your medical history. Your GP will be able to advise you whether or not to have your next dose or booster. Your GP also has the responsibility to alert the authorities so that any clustering of adverse events can be identified quickly.

## Vaccine Damage Payment Scheme

This is the government programme for citizens who have severe and debilitating effects after vaccination. It was created after an Act of Parliament in 1979.

If successful, applicants who are at least 60% disabled or more may receive a one-off payment of up to £120,000

*“... vaccine-injury compensation programmes. These programmes reflect a belief that it is fair and reasonable that a community that is protected by a vaccination programme accepts responsibility for and provides compensation to those who are injured by it.”*

REF: Bulletin World Health Organization 2018;93(3):29 | doi:10.2471/BLT.18.068992

## Online Resources:

NHS Information Leaflet:  
[https://www.nhs.uk/government/uploads/system/uploads/attachment\\_data/file/524483/nhs-leaflet-covid-19-vaccination-what-to-expect-after-vaccination.pdf](https://www.nhs.uk/government/uploads/system/uploads/attachment_data/file/524483/nhs-leaflet-covid-19-vaccination-what-to-expect-after-vaccination.pdf)  
Additional COVID-19 vaccine information:  
<https://www.ukmedfreedom.org/resources/covid-19-vaccine-info#Information-Leaflet>  
The temporary authorisation of your vaccine:  
Pfizer/BioNTech:  
[https://www.mhra.gov.uk/government/uploads/system/uploads/attachment\\_data/file/524483/Conditions\\_of\\_Authorisation\\_for\\_COVID-19\\_Vaccine\\_Pfizer\\_BioNTech.pdf](https://www.mhra.gov.uk/government/uploads/system/uploads/attachment_data/file/524483/Conditions_of_Authorisation_for_COVID-19_Vaccine_Pfizer_BioNTech.pdf)  
AstraZeneca/Oxford:  
[https://www.mhra.gov.uk/government/uploads/system/uploads/attachment\\_data/file/524483/Conditions\\_of\\_Authorisation\\_for\\_COVID-19\\_Vaccine\\_AstraZeneca\\_Amended\\_01\\_28\\_January\\_2021.pdf](https://www.mhra.gov.uk/government/uploads/system/uploads/attachment_data/file/524483/Conditions_of_Authorisation_for_COVID-19_Vaccine_AstraZeneca_Amended_01_28_January_2021.pdf)  
Moderna:  
[https://www.mhra.gov.uk/government/uploads/system/uploads/attachment\\_data/file/524483/Conditions\\_of\\_Authorisation\\_for\\_COVID-19\\_Vaccine\\_Moderna.pdf](https://www.mhra.gov.uk/government/uploads/system/uploads/attachment_data/file/524483/Conditions_of_Authorisation_for_COVID-19_Vaccine_Moderna.pdf)  
Please report any adverse events after your COVID-19 vaccination to:  
<https://coronavirus-yellowcard.mhra.gov.uk>  
and/or  
<https://www.ukmedfreedom.org/resources/covid-19-vaccine-info#Vaccine-Experience-Survey>  
The Vaccine Damage Payment Scheme and Claim Form:  
<https://www.gov.uk/government/news/government-to-aid-covid-19-to-vaccine-damage-payments-scheme>  
[https://www.gov.uk/government/uploads/system/uploads/attachment\\_data/file/524483/Conditions\\_of\\_Authorisation\\_for\\_COVID-19\\_Vaccine\\_Damage\\_Payment\\_Claim\\_Form.pdf](https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/524483/Conditions_of_Authorisation_for_COVID-19_Vaccine_Damage_Payment_Claim_Form.pdf)  
Coronavirus COVID-19 guidance - GOV.UK:  
<https://www.gov.uk/government/collections/coronavirus-covid-19-its-of-guidance>