

## Online Resources for BMAC Tutors

### *Adult Literacy*

**Teaching Adults to Read.** This site was developed to provide adult literacy tutors with best practice training on how to teach adults to read. This an online self-paced course, developed by experts in the field of adult basic education, is based on a 3-day workshop that covers the 4 components of reading (alphabetic, vocabulary, fluency, comprehension). You can look for ‘training’ on specific questions related to these 4 topic areas or delve deep into each area.

[www.learnerweb.org/LearnerWeb/LearnerWeb.html?region=literacyworks#REGION\\_HOME\\_PAGE](http://www.learnerweb.org/LearnerWeb/LearnerWeb.html?region=literacyworks#REGION_HOME_PAGE)

**The Stands of Reading by Denise Eide (Parts 1 and 3 especially helpful)**

- Part 1: [https://www.youtube.com/watch?v=gtEspw\\_iUT0](https://www.youtube.com/watch?v=gtEspw_iUT0)
- Part 2: <https://www.youtube.com/watch?v=kdThN5RppO8>
- Part 3: <https://www.youtube.com/watch?v=cr5rtZUW2Fk>
- Part 4: <https://www.youtube.com/watch?v=dzj7u5htkyo>
- Part 5: <https://www.youtube.com/watch?v=oqqoPNdnATE>
- Part 6: <https://www.youtube.com/watch?v=0PpCP3asK2A>
- Part 7: <https://www.youtube.com/watch?v=k4udiMOoEvo>
- Part 8: <https://www.youtube.com/watch?v=7Tdjx1QWa6c>
- Part 9: [https://www.youtube.com/watch?v=aXD4jVJ8m\\_o](https://www.youtube.com/watch?v=aXD4jVJ8m_o)

**Logic of English Phonograms with Pronunciation:** <https://phonograms.logicofenglish.com/chart> and <https://www.youtube.com/watch?v=NHQ51MUMVq0> and

**Understanding the Big 5 for the Early or Struggling Reader:** This article supports the work of teacher and trainer Denise Eide, Logic of English. <https://www.brainrecoveryproject.org/wp-content/uploads/2018/10/Part-1-Understanding-the-Big-Five-for-the-Early-or-Struggling-Reader.pdf>

**How to Improve Reading Comprehension for Kids (students):**

<https://www.oxfordlearning.com/how-to-improve-reading-comprehension/>

**Applying Research in Reading Instruction for Adults: First Steps for Teachers,** by Susan McShane [lincs.ed.gov/publications/pdf/applyingresearch.pdf](http://lincs.ed.gov/publications/pdf/applyingresearch.pdf)

**Laubach Literacy Ontario.** The LLO Tutor Handbook is available to download as a word document. Excellent resource. [www.laubach-on.ca/teach/members/handbook](http://www.laubach-on.ca/teach/members/handbook)

**“Demystifying Adult Literacy for Volunteer Tutors: A Reference Handbook and Resource Guide.”** This is very thorough handbook for literacy tutors, especially beneficial for new tutors.

[www.cyberdriveillinois.com/departments/library/literacy/oltt/pdfs/demystifying\\_adult\\_literacy.pdf](http://www.cyberdriveillinois.com/departments/library/literacy/oltt/pdfs/demystifying_adult_literacy.pdf)

**Literacy in Life: A Handbook for Volunteer Tutors** – Developed by Tacoma Community House for their Literacy NOW program, this handbook includes basic theories and useful strategies/ activities for teaching reading and writing which are interwoven with four distinct learner profiles. [www.tacomacommunityhouse.org/wp-content/uploads/2014/08/Literacy-in-Life-Handbook-for-Volunteers.pdf](http://www.tacomacommunityhouse.org/wp-content/uploads/2014/08/Literacy-in-Life-Handbook-for-Volunteers.pdf)

**Library for Adult Learners** (with easy, medium and harder reading choices) in a variety of different topics geared to adult readers. [csal.gsu.edu/content/are-you-learner](http://csal.gsu.edu/content/are-you-learner)

### ***Adult Learners***

**Andragogy** (How Adults learn)

[www.youtube.com/watch?v=2hbZM1kq6rQ](http://www.youtube.com/watch?v=2hbZM1kq6rQ) (short informational video on andragogy)

**What is Adult Learning Theory?** by Emma O’Neill. A short article that explains Malcom Knowles theory on how adults learn. [www.learnupon.com/blog/adult-learning-theory/](http://www.learnupon.com/blog/adult-learning-theory/)

**Characteristics of Adult Learners**, by Connie Malamed.

[thelearningcoach.com/learning/characteristics-of-adult-learners/](http://thelearningcoach.com/learning/characteristics-of-adult-learners/)

### ***Citizenship***

[www.uscis.gov/citizenship](http://www.uscis.gov/citizenship) This site offers a wealth of information on the naturalization process, including free webinars for tutors on effective ways to teach the material.

[www.uscis.gov/sites/default/files/document/guides/M-715\\_reading.pdf](http://www.uscis.gov/sites/default/files/document/guides/M-715_reading.pdf) The USCIS Reading Vocabulary Flash Cards will help students’ study for the English reading portion of the naturalization test. These flash cards contain all the words found in the English reading portion of the naturalization test.

[www.uscis.gov/citizenship/learn-about-citizenship/the-naturalization-interview-and-test](http://www.uscis.gov/citizenship/learn-about-citizenship/the-naturalization-interview-and-test) A video showing a sample naturalization test and interview.

### ***Driver’s Education***

WA State online driver’s education practice tests. <https://driving-tests.org/washington/>

### ***GED: General***

**GED Testing Services Free Classroom Materials.** This site includes tutorials, practice tests, study guides, reference sheets and more. [ged.com/educators\\_admins/teaching/classroom\\_materials/](http://ged.com/educators_admins/teaching/classroom_materials/)

### ***Grammar***

**Grammar Monster.** This site is filled with free grammar lessons and exercises. [www.grammar-monster.com/](http://www.grammar-monster.com/)

**Resources for Learning English.** This site includes English grammar, English usage and an English test. [www.edufind.com](http://www.edufind.com)

**GED: Reasoning Through Language Arts**

- **The GED Reasoning Through Language Arts covers grammar and language, identifying and creating arguments, and reading for meaning.**

2-minutes overview of English Language Arts (ELA):

<https://www.youtube.com/watch?v=WNwkVTLBfzY>

Practice Test (2021) *with teaching*: <https://www.youtube.com/watch?v=8RIPXBKUwfM&t=23s>

Practice Test *with teaching*: <https://www.youtube.com/watch?v=8RIPXBKUwfM>

Practice Questions for a Higher Score: [https://www.youtube.com/watch?v=CIGGBJmX\\_wM](https://www.youtube.com/watch?v=CIGGBJmX_wM)

Multiple Choice: <https://www.youtube.com/watch?v=CmvC2TeCVfQ>

Reading Comprehension: <https://www.youtube.com/watch?v=UBawebmUolg>

GED Grammar: <https://www.youtube.com/watch?v=Ki2565zYc48&t=38s>

GED Grammar: <https://www.youtube.com/watch?v=Ki2565zYc48>

Purpose of Text: <https://www.youtube.com/watch?v=tj8Wz5WpfYI>

Figurative Language: [https://www.youtube.com/watch?v=3fV6Wc\\_Iwv8](https://www.youtube.com/watch?v=3fV6Wc_Iwv8)

Run On Sentences: <https://www.youtube.com/watch?v=spDwXe43sf4>

Using Commas: <https://www.youtube.com/watch?v=3CXytobgqZE>

Misplaced Modifiers: <https://www.youtube.com/watch?v=Dnh3L-aRqmA>

How to Easily Beat the GED Essay: <https://www.youtube.com/watch?v=wtCtLN9Lcuk&t=5s>

7 Powerful GED Writing Tips: <https://www.youtube.com/watch?v=KTakLdy9kkw&t=48s>

Extended Response Writing: <https://www.youtube.com/watch?v=wtCtLN9Lcuk>

Real Writing Example #2: <https://www.youtube.com/watch?v=LvPwAU01UkQ>

Real Writing Example #3: <https://www.youtube.com/watch?v=1Hcx-qfHbIQ>

Real Writing Example #4: <https://www.youtube.com/watch?v=VbjnWBQG8gY>

Real (perfect score) Writing Example #5: [https://www.youtube.com/watch?v=PL4\\_gYID9Ac](https://www.youtube.com/watch?v=PL4_gYID9Ac)

Real Writing Example #6: <https://www.youtube.com/watch?v=Zr1wLe2dpsw>

Real Writing Example #8: <https://www.youtube.com/watch?v=3rvgTFEL4gg>

Real Writing Example #9: <https://www.youtube.com/watch?v=vvFW1hdcPTg>

### **GED: Mathematics**

- **The Mathematics GED includes basic math, geometry, algebra, and graphs and functions)**

Hate Math but need your GED? These 6 simple tips will make math less painful:

<https://www.youtube.com/watch?v=2px3S2u1tgs&list=RDCMUCfyrcva57Cq9k8XWQsNPbGw&index=20>

End your GED Math Fear and Hopelessness Starts Here:

[https://www.youtube.com/watch?v=Cl13Gj9\\_gII&list=RDCMUCfyrcva57Cq9k8XWQsNPbGw&index=39](https://www.youtube.com/watch?v=Cl13Gj9_gII&list=RDCMUCfyrcva57Cq9k8XWQsNPbGw&index=39)

#### *Word Problems:*

Beat GED Math Word Problems in 5 Simple Steps:

<https://www.youtube.com/watch?v=NMBq15qQ85g&list=RDCMUCfyrcva57Cq9k8XWQsNPbGw&index=48>

Hard GED Math Word Problems Explained: <https://www.youtube.com/watch?v=W-ITa3FFjM0>

Math Practice Test (2020): <https://www.youtube.com/watch?v=ltbPBb1kT5U>

Math Practice Quiz 1 (2021): <https://www.youtube.com/watch?v=c2-wlabONAM&t=137s>

Math Problem Quiz 1 (2020): <https://www.youtube.com/watch?v=amyunfT-KzI&list=RDCMUCfyrcva57Cq9k8XWQsNPbGw&index=2>

Math Practice Quiz 2 (2020): [https://www.youtube.com/watch?v=6GISSR\\_MuLU](https://www.youtube.com/watch?v=6GISSR_MuLU)

Math Practice Quiz 3 (2020): <https://www.youtube.com/watch?v=DMBHw4To69Q>

Math Practice Quiz 5 (2020): <https://www.youtube.com/watch?v=K5mtHJeAK38>

Get More Math Problems Right with Key Words:

<https://www.youtube.com/watch?v=rx8KNESvIMw&list=RDCMUCfyrcva57Cq9k8XWQsNPbGw&index=18>

#### *Algebra:*

Top GED Algebra Lessons to Pass GED Math:

<https://www.youtube.com/watch?v=bsbHQXucyvQ>

Math Equations and Inequalities:

[https://www.youtube.com/watch?v=Boj\\_MFvGrcY&list=RDCMUCfyrcva57Cq9k8XWQsNPbGw&index=33](https://www.youtube.com/watch?v=Boj_MFvGrcY&list=RDCMUCfyrcva57Cq9k8XWQsNPbGw&index=33)

Distance and Cost Made Easy:

<https://www.youtube.com/watch?v=XGaoHsim6l4&list=RDCMUCfyrcva57Cq9k8XWQsNPbGw&index=4>

How to use the F.O.I.L. Method to Distribute Binomials:

<https://www.youtube.com/watch?v=LBNVuVh-SH4&list=RDCMUCfyrcva57Cq9k8XWQsNPbGw&index=36>

Order of Operations:

<https://www.youtube.com/watch?v=CcSfyoFq5lI&list=RDCMUCfyrcva57Cq9k8XWQsNPbGw&index=27>

Negative Numbers: <https://www.youtube.com/watch?v=Wf-ShAhLLnw&list=RDCMUCfyrcva57Cq9k8XWQsNPbGw&index=28>

For which value of x is this Expression Undefined?:

<https://www.youtube.com/watch?v=8Gztqw5ksWA&list=RDCMUCfyrcva57Cq9k8XWQsNPbGw&index=26>

Factoring a Quadratic Equations:

<https://www.youtube.com/watch?v=BIyTUo9T9tQ&list=RDCMUCfyrcva57Cq9k8XWQsNPbGw&index=39>

Mean, Median, Mode and Range: [https://www.youtube.com/watch?v=SO0G-Pa\\_3Qw&list=RDCMUCfyrcva57Cq9k8XWQsNPbGw&index=42](https://www.youtube.com/watch?v=SO0G-Pa_3Qw&list=RDCMUCfyrcva57Cq9k8XWQsNPbGw&index=42)

*Geometry:*

Ultimate GED Geometry Topics Checklist:

<https://www.youtube.com/watch?v=ckmSDN3FdfU&list=RDCMUCfyrcva57Cq9k8XWQsNPbGw&index=2>

Volume of Rectangular Prisms, Cylinders, Spheres, Cubes, Cones and Pyramids:

<https://www.youtube.com/watch?v=kC1UR9kkpOQ>

Area and Perimeter of Squares, Rectangles, Triangles, Parallelograms and Trapezoids:

<https://www.youtube.com/watch?v=zccT-CP60ro>

How to Calculate Slope of a Line:

<https://www.youtube.com/watch?v=GE4T4leASGg&list=RDCMUCfyrcva57Cq9k8XWQsNPbGw&index=13>

Circles, radius, diameter, circumference, area:

<https://www.youtube.com/watch?v=6EjzKpV7tJM&list=RDCMUCfyrcva57Cq9k8XWQsNPbGw&index=46>

### *Fractions*

Fractions Basic Lessons for Beginners:

[https://www.youtube.com/watch?v=t3pQ3\\_mukPQ&list=RDCMUCfyrcva57Cq9k8XWQsNPbGw&index=32](https://www.youtube.com/watch?v=t3pQ3_mukPQ&list=RDCMUCfyrcva57Cq9k8XWQsNPbGw&index=32)

Lowering/Simplifying Demystified:

<https://www.youtube.com/watch?v=cs1bo4w6ZoI&list=RDCMUCfyrcva57Cq9k8XWQsNPbGw&index=44>

Adding Fractions:

<https://www.youtube.com/watch?v=fi2XQef8RxM&list=RDCMUCfyrcva57Cq9k8XWQsNPbGw&index=43>

Subtracting with Fractions:

<https://www.youtube.com/watch?v=JVSROxXmOUM&list=RDCMUCfyrcva57Cq9k8XWQsNPbGw&index=27>

### **GED: Science**

- **The Science GED consists of 40% Life Science, 40% Physical Science & 20% Earth Science**

Science Study Guide: <https://www.passged.com/ged-study-guide-science>

Practice Test 1 (2020) *with teaching*: <https://www.youtube.com/watch?v=e9vY9eEO6UE>

Practice Test 2 (2021) *with teaching*: <https://www.youtube.com/watch?v=hKpM3F4NrwE>

Practice Test 2 (2021) *with teaching*: <https://www.youtube.com/watch?v=da0CoOmlzdY>

Practice Test: <https://www.youtube.com/watch?v=w7bWVffA8vs&t=27s>

Practice Test: <https://www.mometrix.com/academy/ged-science-practice-test/>

Practice Test: <https://gedpracticetest.net/quizzes/ged-science-practice-test/>

Practice tests you can download and print:

<https://gotestprep.com/ged-science-practice-test/>

<https://gotestprep.com/ged-science-test/>

*Specific GED Science Learning videos:*

Mean, median, mode and range (needed for math, science and social studies):

[https://www.youtube.com/watch?v=SO0G-Pa\\_3Qw](https://www.youtube.com/watch?v=SO0G-Pa_3Qw)

Scientific Method: <https://www.youtube.com/watch?v=xyEY2A1S0xE>

Science Temperature: <https://www.youtube.com/watch?v=C31IqvwzyZg>

Photosynthesis: [https://www.youtube.com/watch?v=NP05\\_tv0RyI](https://www.youtube.com/watch?v=NP05_tv0RyI)

Understanding science graphs: <https://www.youtube.com/watch?v=zEtTcaRS9II>

Science Physics: Force, Motion and Newton's Law: <https://www.youtube.com/watch?v=0ZZPFAdIBFQ>

### **GED: Social Studies**

- **The GED Social Studies includes Civics and Government (50%) U.S. History (20%), Economics (15%) and Geography and the World (15%)**

All Time Best Social Studies Tips for an Amazing Score:

<https://www.youtube.com/watch?v=S7F8YFotmQ>

5 tips for passing the GED Social Studies Test: <https://www.youtube.com/watch?v=1MDixsU0vri>

Practice test 1: <https://www.youtube.com/watch?v=p7CDdfGWdgQ>

Practice test 2: <https://www.youtube.com/watch?v=kOxYH8fCAdo>

Practice test 3: <https://www.youtube.com/watch?v=WNp-pALd0hU>

Practice Test 4: <https://www.youtube.com/watch?v=shtZgYdUM5s>

Free Practice Test (2021): [https://www.youtube.com/watch?v=i64\\_ueRGMF8](https://www.youtube.com/watch?v=i64_ueRGMF8)

*Civics and Government:*

Constitution:

<https://www.youtube.com/watch?v=1htD6sv2M1E&list=RDCMUCfyrcva57Cq9k8XWQsNPbGw&index=34>

Bill of Rights: <https://www.youtube.com/watch?v=duv6ztXZ6f0&t=508s>

How US Elections Work:

<https://www.youtube.com/watch?v=Dn2COGAJfr4&list=RDCMUCfyrcva57Cq9k8XWQsNPbGw&index=1>

*History:*

29 Videos on Historical Topics:

<https://www.youtube.com/playlist?list=PLOIVUqbqkxqr04fXW3gwnz83T-uHZFhob>

### **ESL**

<https://literacyforlife.org/resources/tutor-training/> This has an excellent 12-minute tutorial and then an entire series of handouts based on 6 different levels of student learning.

[www.tacomacommunityhouse.org/wp-content/uploads/2014/08/ESL-Handbook.FINAL\\_.pdf](http://www.tacomacommunityhouse.org/wp-content/uploads/2014/08/ESL-Handbook.FINAL_.pdf)

Teaching English Language Learners: A Handbook for Volunteers

[www.eastideliteracy.org/tutorsupport/ESL/ESLRes.htm#WebLinks1](http://www.eastideliteracy.org/tutorsupport/ESL/ESLRes.htm#WebLinks1) Adult Education Tutor Support.  
This site provides lesson plans, activities and more

[wac.colostate.edu/resources/teaching/guides/esl-volunteer/](http://wac.colostate.edu/resources/teaching/guides/esl-volunteer/) ESL Volunteer Guide from the Writing Across the Curriculum (WAC) Clearing House. This is an exceptionally comprehensive document and includes ESL learners, cultural bridges, teaching ESL, English skills, lesson planning, activities, lesson materials and further resources.

[writing.colostate.edu/guides/teaching/esl/esl\\_intake\\_sample.cfm](http://writing.colostate.edu/guides/teaching/esl/esl_intake_sample.cfm) ESL Intake Interview Sample.  
This easy to use document helps you determine where your student is in terms of their conversational English language level. (You need to supply several pictures to use assessment)

[www.esl-lab.com/](http://www.esl-lab.com/) Randall's ESL Cyber Listening Lab. Provides online listening comprehension activities.

[www.eslcafe.com/](http://www.eslcafe.com/) Dave's ESL Cafe, an online place for ESL students/teachers with a variety of resources.

[www.onlinetefltraining.com/wp-content/uploads/2013/11/SpeakingUnplugged-30Activities.pdf](http://www.onlinetefltraining.com/wp-content/uploads/2013/11/SpeakingUnplugged-30Activities.pdf)  
Speaking Unplugged: 30 Activities for One-on-One Classes. Activities with minimal resources that focus on conversations with the student.

**“The Role of the Effective Filter in Language Learning”** by *Melanie D. McGrath*. Excellent (and short) article on how all learners in the process of acquiring a second language have an invisible filter inside of them that has the potential to result in anxiety, stress, and lack of self-confidence. This invisible filter has an important role in the learning (or not) of another language. (*All tutors should read this!*)  
[multilingualmania.com/the-role-of-the-affective-filter-in-language-learning/](http://multilingualmania.com/the-role-of-the-affective-filter-in-language-learning/)

**“Teaching English One-on-One: Tips and Tricks”** by Claudia Pesce. [busyteacher.org/3424-teaching-english-one-on-one-tips-and-tricks-for-a.html](http://busyteacher.org/3424-teaching-english-one-on-one-tips-and-tricks-for-a.html)

**Logic of English Phonograms with Pronunciation:** <https://phonograms.logicofenglish.com/chart>  
and <https://www.youtube.com/watch?v=NHQ51MUMVq0>

### **ESL Conversation Clubs**

Videos of active English Conversation Clubs: [Example 1](#) [Example 2](#)

Possible Conversation Topics for English Conversation Clubs:

<https://allesl.com/esl-conversation-topics/>

<https://www.eslconversationquestions.com/english-conversation-questions/topics/>

### ***Learning Disabilities/Challenges***

**“When Learning Disabilities go undiagnosed in Adults.”** A short, informative article—worth reading! [www.readandspell.com/us/learning-disabilities-in-adults](http://www.readandspell.com/us/learning-disabilities-in-adults)

**What are some characteristics of LD in adults?** An informal checklist from the Learning Disabilities Association of Minnesota. [www.ldaminnesota.org/wp-content/uploads/Adult-LD-Characteristics.pdf](http://www.ldaminnesota.org/wp-content/uploads/Adult-LD-Characteristics.pdf)

**Support and Resources for Adults with Learning Disabilities.**  
[ldaamerica.org/adults/?audience=Adults](http://ldaamerica.org/adults/?audience=Adults)

### *Learning Styles*

**VARC: A Guide to Learning Preferences.** Includes an online learning preference questionnaire as well as information on each learning preference style and much more. [//vark-learn.com/](http://vark-learn.com/)

### *Universal Design for Learners*

Universal Design for Learning (UDL) is a framework to improve and optimize teaching and learning for all people based on scientific insights into how humans learn.  
<https://www.cast.org/impact/universal-design-for-learning-udl> (short video on UDL)

### **UDL Guidelines**

[https://udlguidelines.cast.org/?utm\\_source=castsite&utm\\_medium=web&utm\\_campaign=none&utm\\_content=aboutudl](https://udlguidelines.cast.org/?utm_source=castsite&utm_medium=web&utm_campaign=none&utm_content=aboutudl)

### **Key Questions for UDL Lesson Plans**

<https://udlguidelines.cast.org/binaries/content/assets/common/publications/articles/cast-udl-planningq-a11y.pdf>

### *Writing*

[www.floridaipdae.org/index.cfm?fuseaction=resources.ESOL&cagiid=990A847FA3CC30B2B2AC08D125C5E42654E0742D2B26920D394F55DA91B69BBA](http://www.floridaipdae.org/index.cfm?fuseaction=resources.ESOL&cagiid=990A847FA3CC30B2B2AC08D125C5E42654E0742D2B26920D394F55DA91B69BBA) A 56-minute video on an “Overview of the Writing Process.” This is for students with strong reading/writing skills who may want to transition to the WWCC or are already enrolled in WWCC.

[www.literacyactionar.org/wp-content/uploads/2016/04/LACA-Tutor-Training-Handbook.pdf](http://www.literacyactionar.org/wp-content/uploads/2016/04/LACA-Tutor-Training-Handbook.pdf)