

Why are we here today?



A little background on me...





2006 Physician



2009-2020

Police Officer





2008

Opened Repair Facility

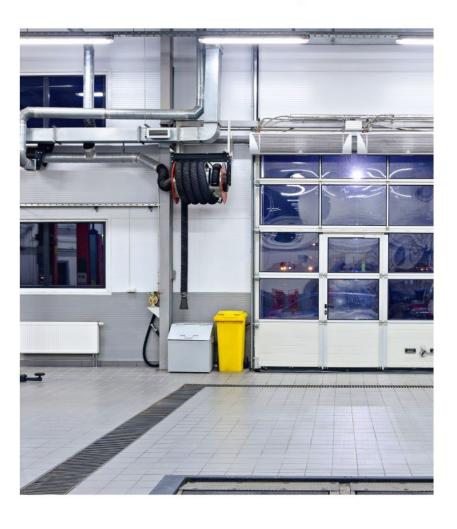


2017-Present

Tekmetric



In your shop



In your brain





Let's pick on a shop...

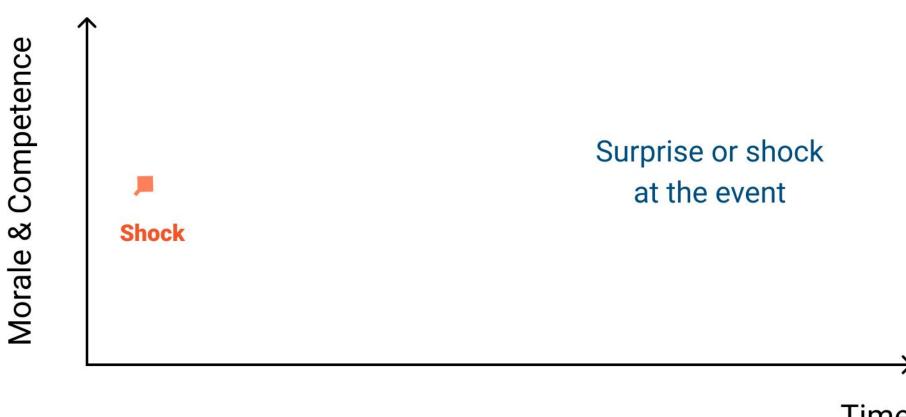


When will you decide to make change?

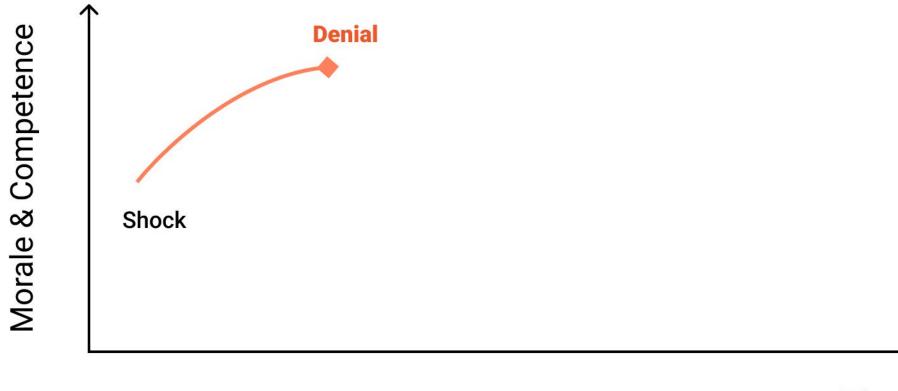


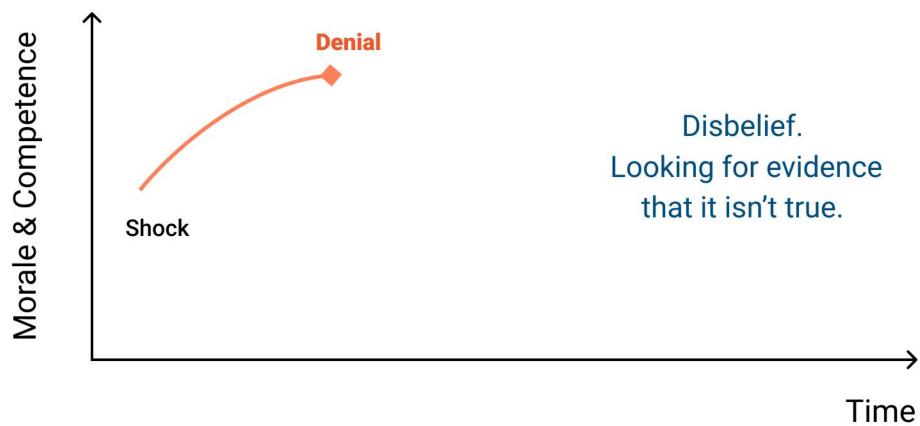






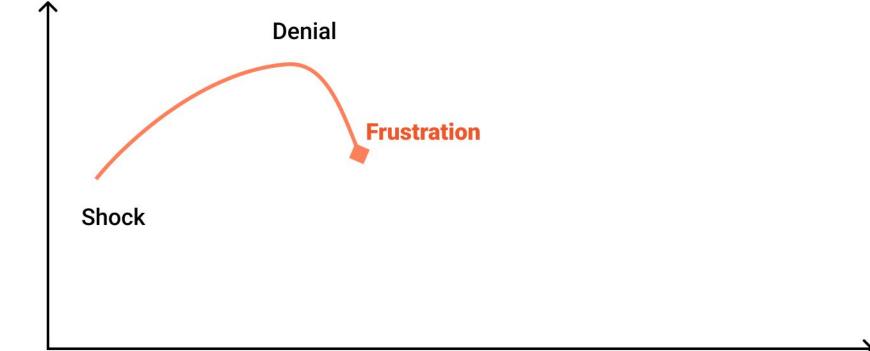




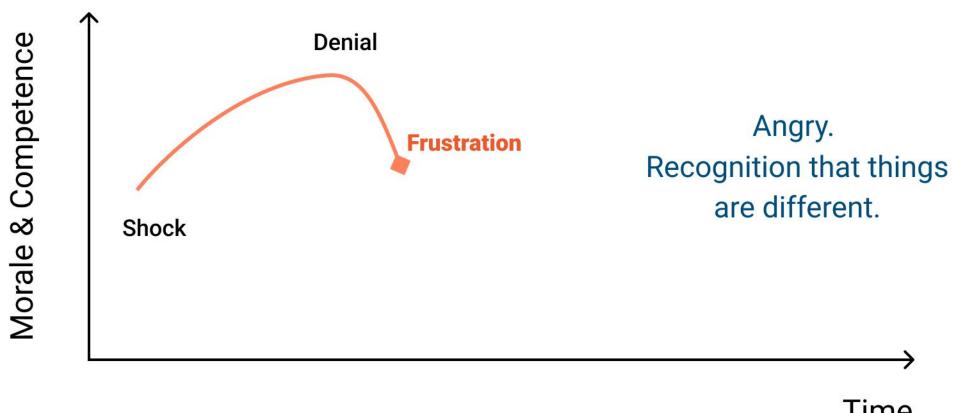






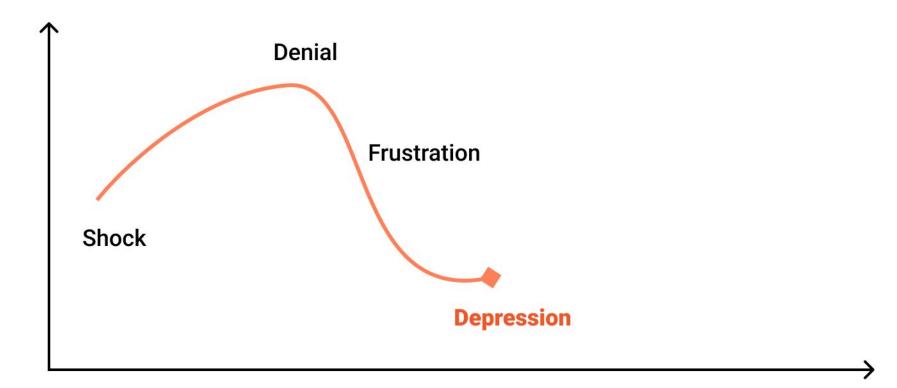




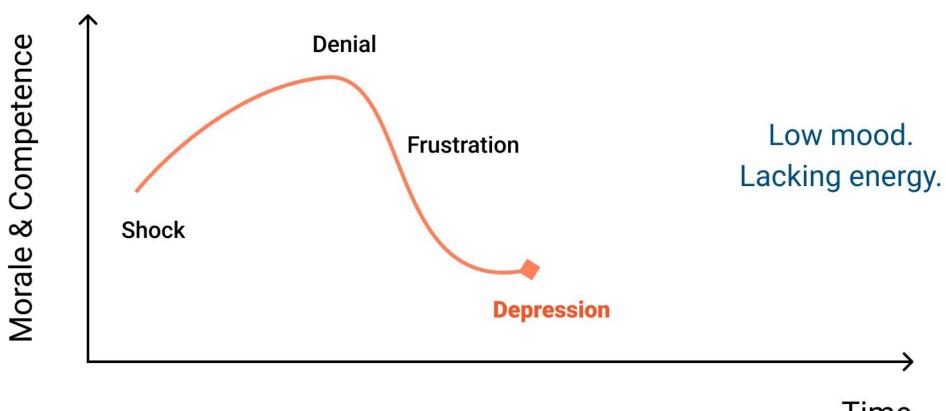






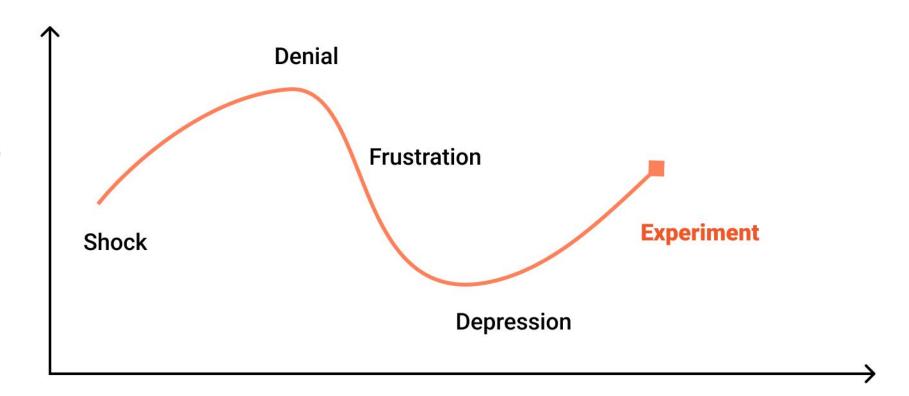




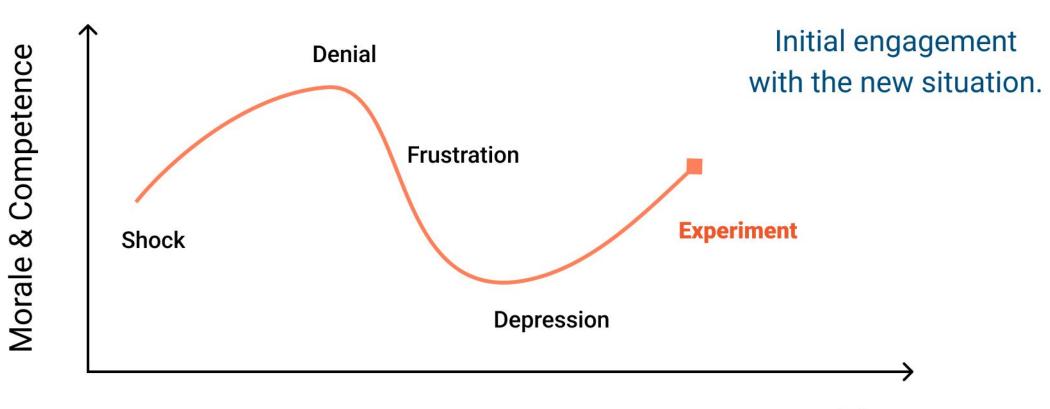




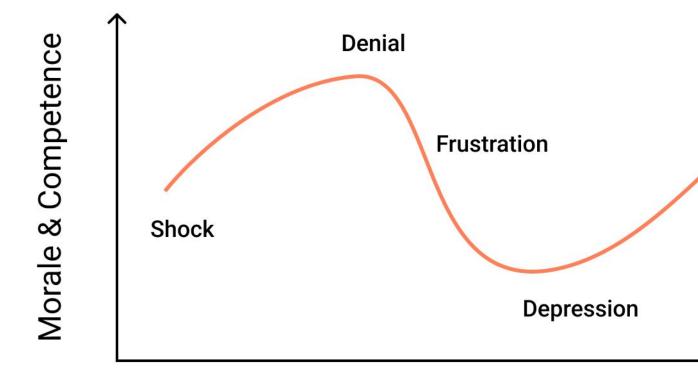








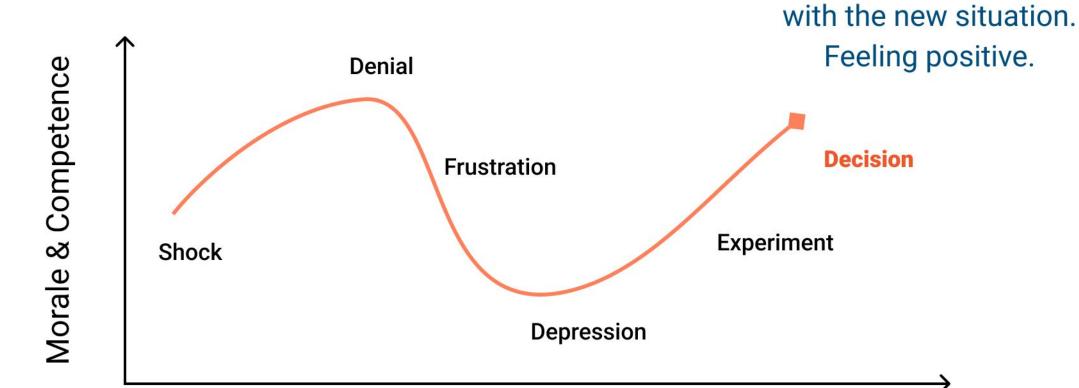




Time

Decision

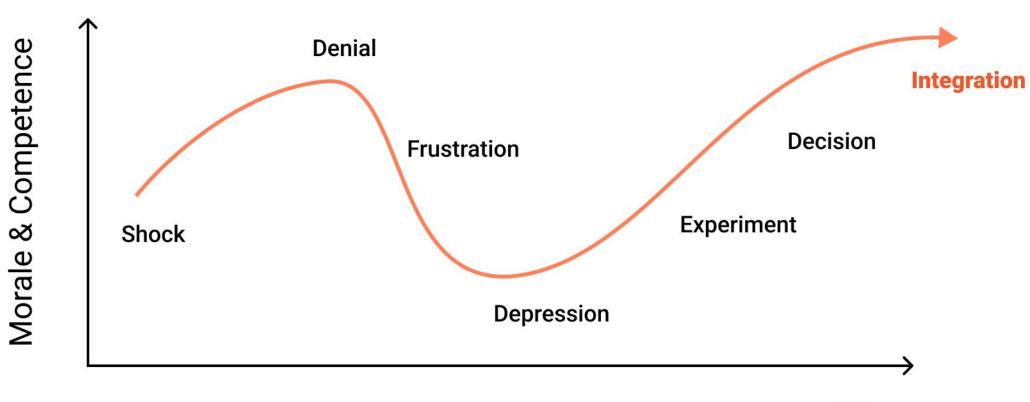
Experiment



Time

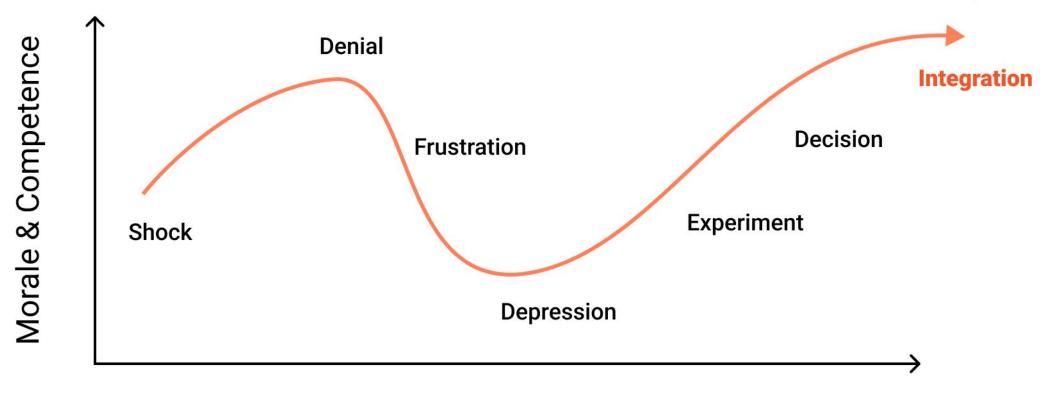
Learning how to work







Changes integrated.
A renewed person.

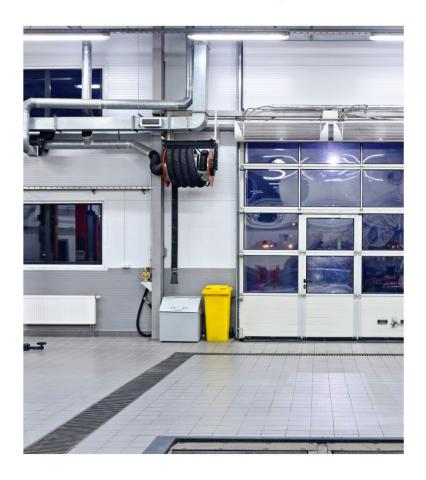


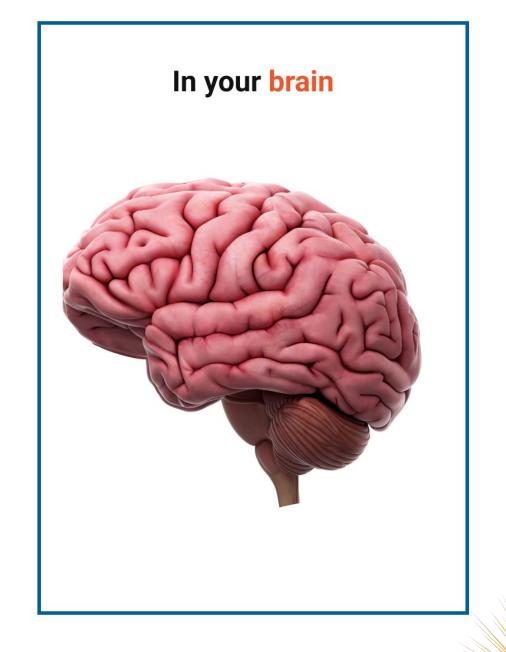


Change: The Human Side



In your shop







70%

of all change process fail because not enough attention is paid towards the human (inner) side of change

64%

of small business owners run paycheck to paycheck!





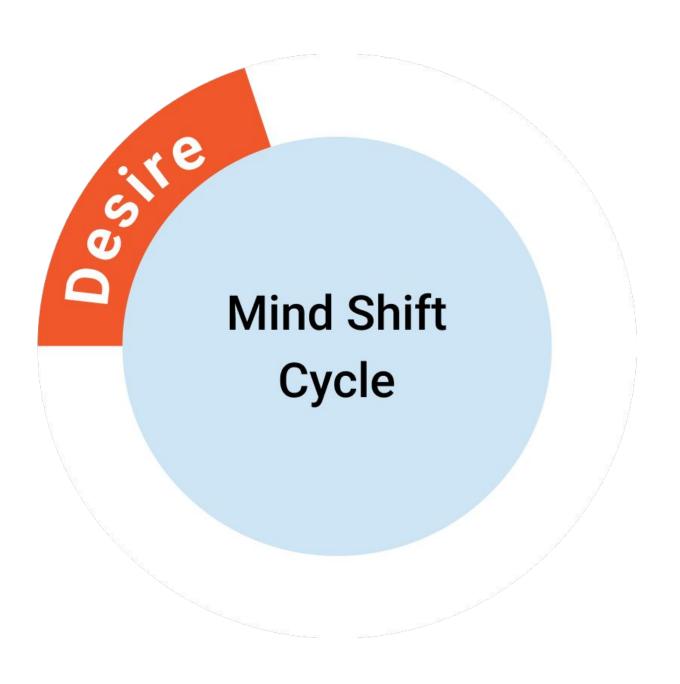
What's the key to not letting either of these stats apply to you and your business?



MINDSET! It's all about mindset.

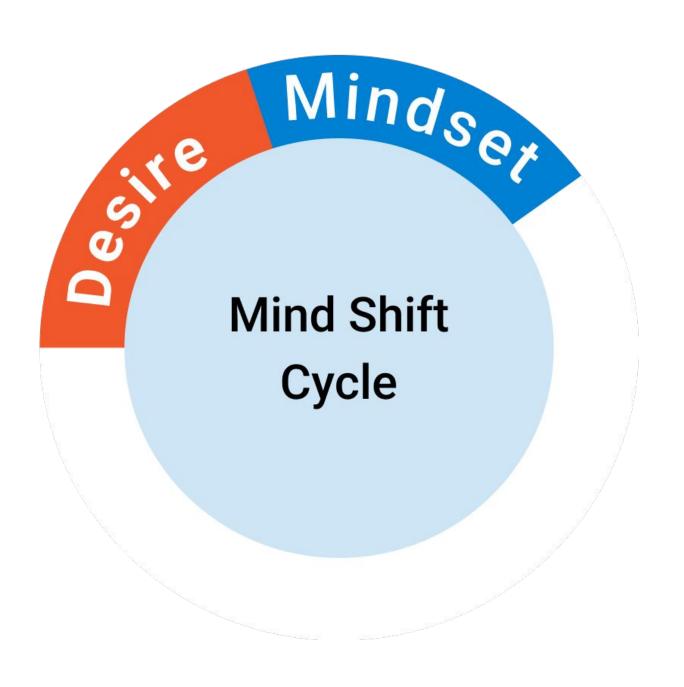






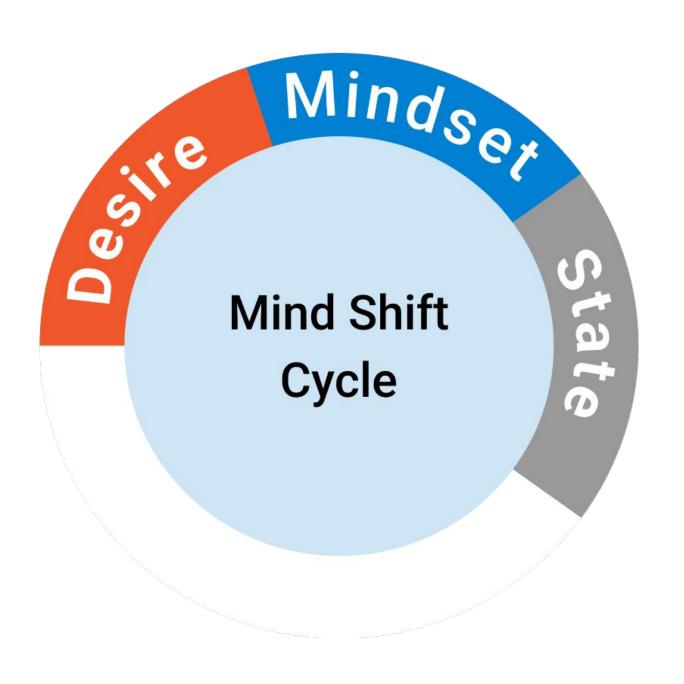


























We get stuck when we settle into a **fixed mindset**.





WHAT IS A FIXED MINDSET?





WHAT IS A FIXED MINDSET?

I'm either good at this, or I'm not.





WHAT IS A FIXED MINDSET?

I'm either good at this, or I'm not.

When I feel frustrated, I give up.





I'm either good at this, or I'm not.

When I feel frustrated, I give up.

When I fail, it means I'm no good.





I'm either good at this, or I'm not.

When I feel frustrated, I give up.

When I fail, it means I'm no good.

If you succeed, I feel threatened.





I'm either good at this, or I'm not.

When I feel frustrated, I give up.

When I fail, it means I'm no good.

If you succeed, I feel threatened.

Tell me I'm smart or talented.





I'm either good at this, or I'm not.

When I feel frustrated, I give up.

When I fail, it means I'm no good.

If you succeed, I feel threatened.

Tell me I'm smart or talented.

I don't want to be challenged.



Use a growth mindset to start building your own Mind Shift Cycle.





STEP 1 **DESIRE**

CLARIFY YOUR OUTCOME





MINDSET SHIFT LIMITING BELIEFS





MINDSET SHIFT LIMITING BELIEFS

STATE CONDITION YOUR MIND & BODY





MINDSET SHIFT LIMITING BELIEFS

STATE CONDITION YOUR MIND & BODY

STRATEGY ADOPT A PROVEN STRATEGY





MINDSET SHIFT LIMITING BELIEFS

STATE CONDITION YOUR MIND & BODY

STRATEGY ADOPT A PROVEN STRATEGY

ACTION TAKE MASSIVE ALIGNED ACTION



Having a vision is an important part of achieving the life you desire.



Having a vision is an important part of achieving the life you desire.

Your subconscious mind drives 95-98 percent of your mental power.



It is a goal-achieving machine that operates on images, sounds and feelings that you focus on.



Utilizing this mechanism can be like a heat-seeking missile to help you fulfill that vision.



Step 2: Mindset

When you execute this in your shop - or in your life, it can actually be boiled down to one formula:

It is (FUTURE DATE) and I will have (DESIRED OUTCOME).

I will see (WHAT YOU WILL SEE WHEN YOU ACHIEVE IT).

I will hear (WHAT YOU'LL HEAR/SAY TO YOURSELF WHEN YOU ACHIEVE IT).

I will feel (POSITIVE EMOTIONS).



Step 2: Mindset

When you execute this in your shop - or in your life, it can actually be boiled down to one formula:

It is MAY 25th and I will have HIRED A TECHNICIAN.

I will see ALL OUR BAYS FULL.

I will hear MYSELF TELL MY WIFE I KNEW WE WOULD FIND A GUY.

I will feel REJUVENATED & GRATEFUL.



What negative thoughts might get in your way?





I'm too scared



I'm not creative enough

I'm too scared



I'm not creative enough

I'm too scared

It's too hard



I'm not creative enough

I'm too scared

It's too hard

I don't have enough resources



There's a right way of doing things

I'm not creative enough

I'm too scared

It's too hard

I don't have enough resources



I'm not creative enough

I'm too scared

It's too hard

I don't have enough resources



There's a right way of doing things

I'm not smart enough

I'm not creative enough

I'm too scared

It's too hard

I don't have enough resources



There's a right way of doing things

I'm not smart enough

I'm not creative enough

lt's someone else's fault

I'm too scared

It's too hard

I don't have enough resources



There's a right way of doing things

I'm not smart enough

I'm not creative enough

l's someone else's fault

I'm too scared

It's too hard

I don't have enough resources

I'm too old

I don't know where to start.



Step 3: State

Visualize your success.



Step 4: Strategy

Let's start to make a gameplan.



Step 5: Action Commit to action for 21 days.

NOVEMBER 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
31						
\bigcirc	22	23	24	25	26	27
28 28	29 29	30 30				
	22	23	24	25	26	<u> </u>



