

Choose from a base of: sushi rice, quinoa, veg slaw or glass noodles

HOUSE BOWLS

SMALL / REGULAR

Chilli & Garlic Salmon

10.5 / 12.5

Irish salmon + seasonal fruit + BRISK pickles + kale
+ spring onion + edamame + crispy onions + mix seeds
+ nori + BRISK chilli & garlic sauce

Orange Soy Tuna

11.5 / 13.5

yellow fin tuna + edamame + BRISK pickles + kale
+ chilli + spring onion + crispy onions + BRISK orange soy

BBQ Braised Beef Brisket

11 / 13

local braised beef brisket + BRISK pickles + kale + edamame
+ carrot ribbons + crispy onions + chilli + BRISK bbq sauce

Chicken & Chorizo

11 / 13

local chicken, shredded + crispy chorizo + kale + spring onion
+ seasonal fruit + edamame + burnt corn + BRISK chorizo mayo

SPECIAL BOWLS

SMALL / REGULAR

Teriyaki Chicken

10.5 / 12.5

local chicken, shredded + broccoli + spring onion
+ edamame + burnt corn + mix seeds + BRISK teriyaki sauce

Sriracha Salmon

10.5 / 12.5

Irish salmon + nori + spring onion
+ seasonal fruit + mix seeds + BRISK sriracha aioli

BBQ Pulled Pork

10.5 / 12.5

local Pork + BRISK pickles + edamame + carrot ribbons
+ beets + avocado + crispy onions + BRISK bbq sauce

VEGAN BOWLS

SMALL / REGULAR

Grilled Tofu & Avocado

9 / 11

grilled tofu + avocado + nori + radish + BRISK pickles
+ edamame + spring onion + mix seeds + BRISK orange soy

BBQ Jackfruit

9 / 11

pulled jackfruit + pineapple salsa + spring onion + broccoli
+ mixed seeds + BRISK pickles + BRISK BBQ sauce

BRISK Falafel

9 / 11

BRISK falafel + kale + radish + beets + BRISK pickles
+ pomegranate + spring onion + BRISK tzatziki sauce

BUILD A BOWL

SMALL / REGULAR

Base (PICK 1)

From 9 / From 11

sushi rice / quinoa / veg slaw / glass noodles

Main (PICK 1)

salmon / yellow fin tuna / shredded chicken / beef brisket
pulled pork / pulled jackfruit / avocado / falafel / BRISK tofu

Toppings (PICK UP TO 5)

spring onion / crispy onions / chilli / BRISK pickles / carrot ribbons
mixed seeds / kale / beets / broccoli / pomegranate / nori / seasonal veg
seasonal fruit / burnt corn / radish / edamame / chorizo / pineapple salsa

Sauces (PICK 1)

chorizo mayo / vegan sauces: chilli & garlic / orange soy / teriyaki
bbq / chipotle aioli / sriracha aioli / tzatziki sauce / roast garlic aioli

