



Dear Meditators

Milestone for WCCM

I feel that this issue of the newsletter marks a significant milestone in the growth of The World Community for Christian Meditation (WCCM) as a contemplative community. The newsletter reports on the John Main Seminar (JMS) held at Bruges, Belgium in September this year. The theme was how to develop a contemplative response to the global crisis we face today.



Several leaders of our community – former IMF General Counsel Sean Hagan, Barry White from the Royal College of Physicians Ireland, artificial intelligence scientist Marco Schorlemmer – joined other experts to discuss how the discipline of meditation can bring hope to a much troubled world. JMS 2018 was significant because WCCM is now able to share the transforming power of meditation beyond our traditional Christian constituency.

Professor Charles Taylor, a philosopher, recounted his personal experience that in the 1970s there was only a small group of people gathered around Fr John Main at his monastery in Montreal. From there and then, WCCM has attracted from countries worldwide thousands who seek spiritual depth.

The talks are informative and inspiring. You can listen to them or download them [here](#).

Milestone for WCCM Singapore

Our Singapore community too has reached a milestone. This year, we celebrate the 30th anniversary of our journey



1988: Fr Laurence at first talk in Singapore at Church of the Holy Family



1988: First meditation group at Church of the Holy Family led by Patricia Ng (front row 2nd from left)

as a Christian meditation community. We will mark the occasion with a series of three talks by Fr Laurence in January 2019 at three venues in Singapore.

The first talk will be at Church of the Holy Family where Fr Laurence gave his first talk in Singapore in February 1988, following which the first weekly meditation group was formed at the church.. We will inform you of the venue for the second and third talks when confirmed. More details about the talks are in the attached flyer.

Thomas Keating OCSO

Our community in Singapore and worldwide is saddened by the passing of Fr Thomas Keating of Contemplative Outreach who was one of the pioneers of Centering Prayer. Twenty years ago, in 1998, WCCM was privileged to have Fr Keating lead the John Main Seminar at San Francisco, USA. He spoke on the 'Heart of the World'.



In 2001, our Singapore community was privileged with Fr Keating's visit during Holy Week. Some of you will remember hearing him speak. His talks 'The Contemplative Dimension of the Gospel', 'The Healing of the Human Condition', and 'Divine Therapy', will continue to inspire us as we seek to deepen our relationship with God. The talks are available on a CD entitled *Meditation and the Healing of the Human Condition*. For those who may like to listen to Fr Keating again, the CD set is available at www.mediomedia.com.

Who Do You Say I Am?

The 2019 silent retreat at Monte Oliveto will be on the theme Who Do You Say I Am? Fr Laurence will show how his response to this time-less and always present mystery has evolved and deepened since he wrote *Jesus the Teacher Within* twenty years ago. You can find all information about this retreat [here](#) and in the attached flyer.

The 2018 Monte Oliveto Retreat was attended by 11 meditators from Singapore who shared their experience with us in our last newsletter. All of them found the experience profoundly deepening for their spiritual journey. If you plan to attend the 2019 retreat, let us know so that we can connect you with others who may be going from Singapore.



As always, I pray that the Lord will bless you and your loved ones with his peace and joy



PETER NG