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The Little Green Rabbit allergen overview provides information about which allergens are included the meals we serve. In addition, any undesirable ingredients such as garlic and onions are also marked. It is also clear whether the products are vegetarian or vegan.

The list of allergens refers to the 14 main triggers of allergic food reactions. They are listed if the above-mentioned ingredients are contained in the final foodstuff. Both in the production and in the preparation of our products, ingredients are processed that may contain the 14 main allergens.

## Labeled allergens:

 <p>Grains containing gluten and products thereof:</p> <ul style="list-style-type: none"> <li>- wheat (A1)</li> <li>- rye (A2)</li> <li>- barley (A3)</li> <li>- oat (A4)</li> <li>- spelt (A5)</li> <li>- khorasan (A6)</li> <li>- hybridised strains</li> </ul>	 <p>Edible nuts and products thereof:</p> <ul style="list-style-type: none"> <li>- Almond (H1)</li> <li>- Hazelnut (H2)</li> <li>- Walnut (H3)</li> <li>- Cashew (H4)</li> <li>- Pecan nut (H5)</li> <li>- Brazil nut (H6)</li> <li>- Pistachio (H7)</li> <li>- Macadamia nut (H8)</li> </ul>
 <p>Crustaceans and products thereof</p>	 <p>Celery and products thereof</p>
 <p>Eggs and products thereof</p>	 <p>Mustard and products thereof</p>
 <p>Fish and products thereof</p>	 <p>Sesame and products thereof</p>
 <p>Peanuts and products thereof</p>	 <p>Lupines and products thereof</p>
 <p>Soy and products thereof</p>	 <p>Molluscs and products thereof</p>
 <p>Milk and products thereof (lactose included)</p>	 <p>Sulfur dioxide and sulphites &gt; 10 mg/kg or 10 mg/l</p>

**"Cross contacts"**

! Allergen labelling only refers to ingredients that have been intentionally used in food production. !

We cannot completely rule out unintentional and technically unavoidable contamination of products that do not contain this allergen as an ingredient. The so-called cross-contaminations by our suppliers are not listed in the table.

# LITTLE GREEN RABBIT ALLERGENS



Product

## Allergens

Gluten	Crustaceans	Egg	Fish	Peanuts	Soy	Milk	Edible nuts	Celery	Mustard	Sesame	Lupines	Molluscs	Sulphites
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maybe undesirable

Garlic	Onion	Alcohol	Beef
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Food is ...

vegetarian	vegan
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## SALADS (without dressing & free add on)

Side Salad	no allergens																		0
Natur	no allergens																		0
Chicken Filet																			0
Couscous	A1													0	0				0
Mozzarella																		0	
Feta Cheese															0			0	
Goat Cheese																		0	
Quinoa				0														0	
Tuna			0	0											0				
Smoked Salmon				0															0

## Dressing

Balsamic-Tomato Oil																			0
Raspberry																			0
Peanut-Soy-Chili	A1				0	0													0
Yogurt-Mint																		0	
Dijon Mustard																			0
Wasabi-Orange																			0

## Free add on

Bread	A1: A2																		0
Quinoa natural	no allergens																		0
Croûtons	A1																		0

## MIX IT YOURSELF

Leaf salad mix	no allergens																		0
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## Extras 0,70€

Tomato	no allergens																		0
Cucumber	no allergens																		0
Mushrooms	no allergens																		0
Radish	no allergens																		0
Radish-Sprouts	no allergens																		0
Carrots	no allergens																		0
Bell Pepper	no allergens																		0
Corn	no allergens																		0
Capers	no allergens																		0
Pepperoni	no allergens																		0
Jalapeños	no allergens																		0
Pears	no allergens																		0
Red onions	no allergens																	0	
Coriander	no allergens																		0
Egg				0														0	
Ital. hard cheese																		0	
Horseradish	no allergens																		0

## Extras 1,20€

Avocado	no allergens																		0
Kalamata Olives	no allergens																		0
Edamame																		0	
Sun-dried tomtoes	no allergens																		0
Pine nuts	no allergens																		0
Walnuts																		H3	0

## Extras 2,40€

Quinoa-Salad	no allergens																		0
Couscous-Salad	A1													0	0				0
Feta Cheese																		0	
Goat Cheese																		0	
Organic Smoked Tofu	A1																		0
Tuna					0													0	
Chicken Breast	no allergens																		
Mozzarella																		0	

## Extras 2,90€

Smoked Salmon																		0	
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Product

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Garlic	Onion	Alcohol	Beef
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maybe undesirable

vegetarian	vegan
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**Food is ...**

## SOUPS (without rice & bread)

Chili Con Carne							○							○	○		○		
Mulligatawny							○	○	○						○				
Red Lentil with coconut								○	○						○				○
Yellow Thai Curry								○	○					○	○				○
Rice Portion	no allergens																	○	

## BAKED POTATOES/ KUMPIR

Classic							○								○			○	
Feta Cheese							○								○			○	
Couscous	A1						○							○	○			○	
Quinoa					○			○		○			○	○					○
Smoked Salmon				○			○						○		○				
Chili Con Carne							○							○	○		○		

## JUICES & SMOOTHIES

### Pure

Orange pure	no allergens																	○
Carrot pure	no allergens																	○
Apple pure	no allergens																	○

### Mixed

Vitamin Power	no allergens																	○
I Like	no allergens																	○
Wake Me Up	no allergens																	○
Roger Rabbit	no allergens																	○

### Green

Popeyes	no allergens																	○	
Red Rabbit								○											○
Detox Me								○											○

### Superfood

King Kong								H1											○
Green Rabbit						○		H1											○
Playboy								H1											○