



**We will  
be your  
partner  
in  
recovery.**

## **Midwest Recovery**

**303 1<sup>st</sup> Avenue NE**

**Suite 165**

**Faribault, MN 55021**

*Request an Appointment  
By Calling:*

**Phone: 507.225.0201**

**Fax: 507.444.3292**

**Web: [MidwestRecovery.Org](http://MidwestRecovery.Org)**

Most Major Insurances Accepted

Self pay and Co-Payments plans  
Available

Mastercard, Visa, American Express,  
and Discover Card



**Providing support, hope,  
and healing to our clients,  
their families, and  
the community.**

**507.225.0201**



Midwest Recovery provides outpatient drug and alcohol treatment services to men and women in the communities of rural Minnesota. We are a community based-program that proudly and ethically provides services to individuals experiencing hardships related to substance disorders. Our focus is on you and how your personal strengths can enhance your recovery.

**YOUR RECOVERY  
JUST AHEAD**

## Our Services

Assessments



Group Therapy



Individual Sessions



Peer Recovery Support



Resource Connection

## Treatment Methods

Cognitive Behavioral Therapy



Motivational Interviewing



Health Realization



Crisis Intervention



Education and Lectures



Coping Skills



Recovery Maintenance

### **At Midwest Recovery:**

We provide evidence based treatment methods in an empathetic and compassionate manner.

### **At Midwest Recovery:**

We apply various practices to include individual and group counseling, peer recovery coaching, resource connections, and more.

### **At Midwest Recovery:**

Our mission is to help, support, guide and assist our clients in their personal journey of long-term recovery.

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### **Group Sessions:**

Monday - Thursday  
5:30 pm - 8:30 pm

### **IOP:**

Monday - Thursday

### **OP:**

Monday, Tuesday, Thursday

### **Individual Sessions:**

as scheduled with Counselor