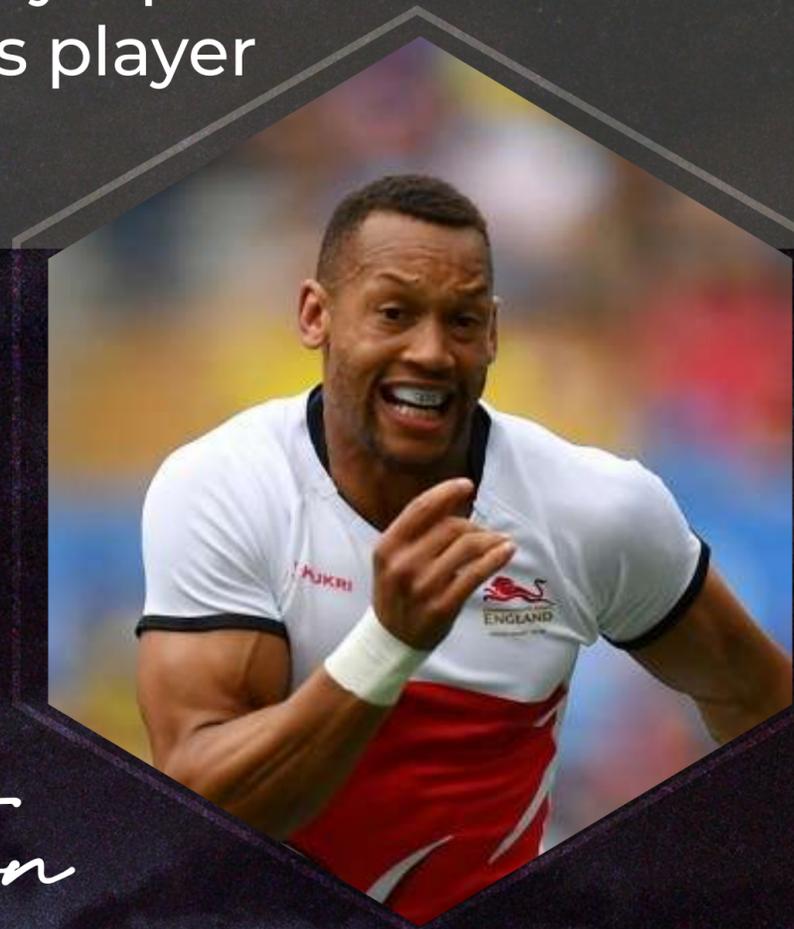


MODELLING A SUPER-CHARGED TEAM

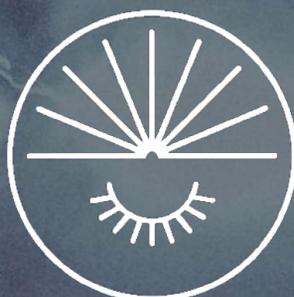
Learn the insights to creating a
successful team from an Olympic silver
medallist team-sports player



Dan Norton

RUGBY UNION PLAYER FOR THE ENGLAND
RUGBY SEVENS NATIONAL TEAM

X



INNER LEADERSHIP

LEADING FROM WITHIN

Modelling a Super-Charged Team

About the Speaker

Daniel Norton is a Team GB Olympic silver medalist and also top of the all-time list of try scorers on the World Rugby Sevens Series.

From his illustrious career spanning over 10 years, he has played on the biggest stages around the world. Rugby has been an incredible vehicle for Daniel and taught him the how powerful is one individual within a team.

His team-sport experiences have helped him not only understand the power of sport, and also how these techniques can be applied to everyday life and by extension how it can be helpful in an environment which needs individuals to perform collectively as a team.

Daniel's lessons are structured around this realization and with his team-sport background he has built a program to help team-players to supercharge their team dynamics and create a productive, empowered, purposeful workforce.



[HOW TO BECOME AN OLYMPIAN: Webinar with Dan Norton & Frazer McArdell](#)



Modelling a Super-Charged Team

Virtual Workshops



60 MINS SESSIONS



40 PAX MAX PER SESSION



2 SUPER-CHARGE SESSIONS + TEAM EXERCISES



SUITABLE FOR CORPORATES

OVERVIEW

Maximising teamwork is key for all workforces and also one of the hardest tools to master. Daniel's lessons are structured around this realization and with his team-sport background he has built a program to help team-players to supercharge their team dynamics and create a productive, empowered, purposeful workforce.

Daniel believes that through his own learnings he can help creating a successful team while improving individual development. Understanding how to create a fluid working environment and the small variables that make a team are the nucleus of everything Daniel believes and coaches.



Modelling a Super-Charged Team

Virtual Workshops

KNOW YOUR TEAM - EMPOWER THEM

A Workshop on understanding your team's potential

Strong bonds within a team are everything, but a team is only as strong as its members.

- Know your team players - identify the strengths & limits of your team.
- Create an environment where members can understand how to bridge the gap from management to fellow team members.

Takeaway -

- To help participants understand gaps in their teams and identify areas that need strengthening

TACKLE, SUPER-CHARGE & REFRESH

A Workshop on techniques to empower and stimulate a workforce

Adversity is an important aspect of everyday life. But it is important to come out of such situations and go for the next challenge with a refreshed energy

- Learn how to tackle adverse situations as a team.
- Super-charge your team, create a productive, empowered and purposeful workforce.

Takeaway -

- Techniques to build healthy productive teams, and to be able to re-energize them.

Session

1

Session

2





INNER LEADERSHIP

LEADING FROM WITHIN

About Us

Inner Leadership is a joint project initiated by two people: Kathy Lim Sheehy and Chade-Meng Tan, with the vision of **bringing mindfulness and meditation to modern leaders in Asia.**

Through open dialogues, presentations and conversations about mindfulness and meditation, we hope to cultivate enlightened leaders who perceive leadership in terms of other people rather than themselves, encouraging them to focus on their responsibility to others rather than on exercising personal power, and enriching their work and relationships in the process. A core way we hope to do so is by educating people about “selfless attention”, which enables one to focus on others rather than one’s own ego, and allows for a clearer perception of the world around oneself.

This summit marks the beginning of our journey to bring mindfulness to leaders all across Asia. We’ve invited thought leaders such as Barry Kerzin, Barbara Fredrickson, Daniel Cordaro, Ng Kok Song, and Greg and Crystal Lim-Lange to share their personal journeys in relation to mindfulness, and the philosophies that make them effective in their work and everyday lives.

Contact Us



www.innerleadership.global



info@innerleadership.global



Vidhi Kakkar | +65 8611-2750



[@innerleadership2020](https://www.instagram.com/innerleadership2020)



[/innerleadership2020](https://www.facebook.com/innerleadership2020)



[/innerleadership](https://www.linkedin.com/company/innerleadership)

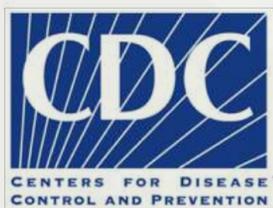




INNER LEADERSHIP

LEADING FROM WITHIN

Clients Who Trust Us



WE BELIEVE THAT *mindfulness* EMPOWERS LEADERS TO INSPIRE OTHERS, ACHIEVE GREATER MASTERY IN THEIR FIELDS, AND ENRICH THEIR PERSONAL LIVES AS FAMILY MEMBERS AND FRIENDS.

