



## HEALING WHISPERS® For Trees and Plants QUICK VERSION



Your direct interaction with Nature makes the difference! These Tree Healing Whispers will empower YOU!

How? The power of your heart and mind impacts trees and other Nature Beings who need healing to recover from imbalances, interference, and to withstand extremes of climate.

Healing Whispers are NOT another attempt to impose human will on Nature or even to pray for some specific outcome. Our purpose in using Whispers is to honor Nature's deep wisdom and Her processes which are beyond human understanding while we humbly ASK for healing and balance.

Whispers funnel the human consciousness and our intent to do good through a set of structured requests so that all Nature Beings (such as trees) might withstand stressors and so that The Elements might come into balance.

The classical four elements—Air, Fire, Water, Earth—do not just make the weather but they are also planetary forces. They have gone out of balance. But balance can be humbly requested and restored. People can return to a state of wise partnership with planetary forces and with Nature.

Healing Whispers have been shown as very effective to heal Nature Beings and to empower people. They are offered from the caring heart, open mind, and deep soul so they help stressed trees and heal ecological damage.

Please do not change any words. They come from 18 years of R&D and are spirit-inspired. Each word is embedded with deep meaning and energy. As a whole, the set is infused with power and vitality.

Whispers can be done quietly or aloud, by yourself, or in a group. Do them regularly in your backyard or a public park. They will take 10 minutes or more. Focusing conscious attention makes them work better.

Share your experiences or comments with [NaturePartner@PartnerWithNature.org](mailto:NaturePartner@PartnerWithNature.org) or use the hashtags [#ClimateWhispering](#), [#HealEcoDamage](#), or [#PartnerWithNature](#) on social media.

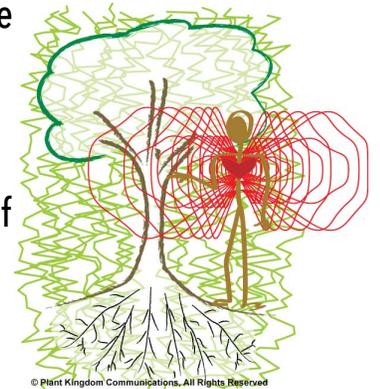
Share widely. Please forward or share this with others on your email or text lists...or on social media.

Credit Jim Conroy, PhD, and Ms. Basia Alexander. Send people to [TheTreeWhisperer.com](http://TheTreeWhisperer.com), [PartnerWithNature.org](http://PartnerWithNature.org), [ClimateWhispering.org](http://ClimateWhispering.org), and [TreeProtector.org](http://TreeProtector.org).



**BEGIN HERE . You are a Facilitator!**

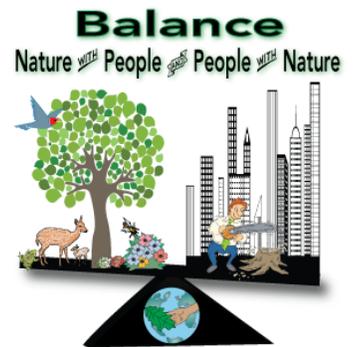
- \* Remember: You do not MAKE anything happen. You serve as a facilitator by ASKING Divine Forces: Light, Life Force, Spirit, Universal Rhythm, Nature’s deep intelligence or consciousness, Elemental Forces, and other Invisible Helpers to do these things in a drought for your trees and plants, ecosystem members, and conscious forms such as mountains.
  - \* Take your time; feel mindful or meditative. Imagine you are in a protective ball of LIGHT.
  - \* If possible, go outside and be near your tree. You may touch or tap the trunk of your tree. You are in a bioenergy overlap with it. Don’t be surprised if you think that you hear, see, or feel “messages.”
  - \* Ask permission: “I’d like to do these HEALING WHISPERS with you. ” If you perceive a “yes”, take a moment to come from the tree’s point of view—as if seeing through its ‘eyes’ or feeling through its ‘senses.’
  - \* If you think you get an instruction from your tree, trust it, do it.
  - \* Allow yourself to feel empowered and inspired.
  - \* Breathe and slowly say each of the following Whispers either quietly or aloud. You should feel good or positive as you continue. If you don’t, stop and try later.
1. “I would like to connect—in humility—with the LIGHT inside of me and the LIGHT in all of Nature. I am also a Nature Being and a Nature’s Partner. I ask DIVINE FORCES to help in all these Whispers. I am focused on my Green Being.
  2. “Please cleanse me, my tree, as well as all Beings and conscious forms of its ecosystem. Release to transformation any stuck, negative, or distorted energies or forms. Fill all, including me, with Life Energy.
  3. “Connect and interconnect the bio-energies and Life Force within my tree and between my tree and each ecosystem member and conscious form of land, water, and air. Make a unified community.
  4. “Thank and RELEASE blockages! They become FLOWING energies by coming into Universal Rhythm—in the LIGHT. I ask Divine LIFE ENERGY to shift decline patterns into growth patterns.



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5. "CONNECTION Opens FLOW and circulation. Distribute and exchange food & food energy and fluid & fluid energy where they are needed at my tree's growing points...as well as within and between all ecosystem members.
6. "ALIGN parts with their blueprints. ENERGIZE and ORCHESTRATE parts, systems, functions, and network patterns to BE HEALTHY, to GROW, and to play in HARMONY, within & between All.
7. "Please ALIGN my tree's whole physical structure, bio-energy field, and vibrational song with its GOALS, ideal design (or blueprint), and innate potentials. Similarly align all organisms.
8. "Tree and organisms: Co-exist and harmonize in peace in the ecosystem. Find ways to live together in general balance and dynamic balance. I live, ... and I let live.
9. "BALANCE my tree with where it lives... and BALANCE where it lives with it. BALANCE my tree with past, present, and future human disruptions... I ask that humanity's relationship with Nature to come into BALANCE so people and Nature can co-create a livable planet.



10. "Physical Elements: please interact together in balance.



- EARTH for growth and grounding;
- AIR for flow and breath;
- FIRE as the sun's warmth and food production;
- WATER be present in your needed forms.

All Artisans of Form: Please assist with dimensional to physical to dimensional flow. Assist so that my tree can withstand stressors, climate extremes, and any disruptions. *[Pause and breathe.]*

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11. "I, \_\_\_\_\_, love all living Beings and this planet. I connect, communicate, collaborate, and co-create. On their behalf, I have asked these things so that they and I—and our world—can survive and thrive as one on a livable planet. I thank LIGHT and all invisible helpers for their help and myself for doing these Whispers."

